

Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 1 Women 18-24 800 SC Meter Freestyle**

	Name	Age	Team						Finals Time
1	Busby, Harriet	20	University of Alberta Masters						10:42.76
	34.52	1:13.51	1:53.23	2:33.36	3:13.40	3:54.11	4:34.72	5:14.90	
	5:55.87	6:37.21	7:19.29	8:00.49	8:42.00	9:22.70	10:03.73	10:42.76	
2	Coleman, Robyn	18	Making Waves Masters Swim Club						10:53.75
	35.88	1:16.29	1:57.09	2:38.75	3:20.18	4:01.78	4:42.71	5:23.83	
	6:05.86	6:47.46	7:29.24	8:10.41	8:51.24	9:32.59	10:13.64	10:53.75	

Event 1 Women 50-54 800 SC Meter Freestyle

1	Hall, Pamela	50	Edmonton Master Swim Club						14:20.06
	48.25	1:41.54	2:36.75	3:32.36	4:27.52	5:23.00	6:17.84	7:12.69	
	8:07.40	9:01.86	9:56.01	10:49.92	11:43.07	12:37.40	13:30.48	14:20.06	

Event 1 Men 18-24 800 SC Meter Freestyle

1	Luz, Ryan	21	University of Alberta Masters						12:46.82
	39.48	1:23.75	2:10.86	2:58.68	3:47.01	4:36.85	5:26.41	6:16.26	
	7:07.39	7:57.38	8:47.56	9:36.26	10:24.88	11:13.59	12:00.71	12:46.82	
2	Wilks, Wesley	23	Different Strokes						13:20.04
	37.95	1:26.42	2:19.06	3:12.64	4:04.16	4:54.95	5:45.74	6:37.18	
	7:31.76	8:26.38	9:23.15	10:20.13	11:03.13	11:52.54	12:38.83	13:20.04	
3	Van Den Bruel, Jordan	22	Edmonton Master Swim Club						14:00.44
	40.25	1:26.47	2:15.47	3:07.03	4:00.54	4:55.42	5:48.68	6:43.30	
	7:37.63	8:33.66	9:28.89	10:24.89	11:20.10	12:14.96	13:09.83	14:00.44	

Event 1 Men 25-29 800 SC Meter Freestyle

1	Pak, Christian	28	Making Waves Masters Swim Club						13:27.37
	40.03	1:25.81	2:12.78	3:01.93	3:51.06	4:42.08	5:32.80	6:25.42	
	7:17.96	8:11.02	9:04.24	9:57.48	10:51.25	11:44.87	12:38.21	13:27.37	

Event 1 Men 35-39 800 SC Meter Freestyle

1	Lavoie, Malcolm	37	Edmonton Master Swim Club						9:21.36
	31.70	1:05.46	1:39.90	2:15.02	2:50.22	3:25.73	4:01.16	4:36.72	
	5:12.35	5:48.11	6:23.94	7:00.01	7:36.02	8:11.91	8:47.50	9:21.36	

Event 1 Men 40-44 800 SC Meter Freestyle

1	Kafara, Rylan	40	Edmonton Master Swim Club						9:35.23
	32.45	1:07.84	1:44.35	2:21.18	2:58.17	3:35.07	4:12.37	4:49.15	
	5:25.16	6:01.07	6:37.05	7:12.72	7:48.60	8:24.95	9:01.18	9:35.23	

Event 1 Men 50-54 800 SC Meter Freestyle

1	Burrell, Jason	53	Rocky Mountain Masters						11:27.46
	38.26	1:20.12	2:02.78	2:45.97	3:28.71	4:11.76	4:55.60	5:39.50	
	6:23.49	7:06.96	7:51.07	8:35.40	9:19.69	10:03.61	10:47.28	11:27.46	

Event 1 Men 60-64 800 SC Meter Freestyle

1	Lewis, Barry	61	Edmonton Master Swim Club						10:16.79
	34.03	1:12.24	1:51.05	2:30.48	3:09.52	3:48.64	4:27.46	5:06.18	
	5:45.13	6:24.37	7:03.47	7:43.04	8:22.12	9:01.40	9:39.86	10:16.79	

Event 2 Women 18-24 50 SC Meter Butterfly

1	Wu, Jingjing	21	University of Alberta Masters						32.13
2	Matthews, Ella	20	Saskatoon Goldfins Swim Club						32.77
3	Elfstedt, Kalena	20	University of Alberta Masters						34.57
4	Jenkins, Lauren	19	Edmonton Master Swim Club						37.71

Event 2 Women 25-29 50 SC Meter Butterfly

1	Grehan, Clare	28	Making Waves Masters Swim Club						38.75
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Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 2 Women 30-34 50 SC Meter Butterfly**

1	Coombes, Karli	30	Different Strokes	39.63
2	Field, Kinga	32	Red Deer Masters Silver Sharks	44.61
3	Flemons, Kristin	34	Different Strokes	45.75

Event 2 Women 35-39 50 SC Meter Butterfly

1	Davis, Megan	37	Edmonton Master Swim Club	36.61
2	Douthwaite, Elizabeth	39	Red Deer Masters Silver Sharks	37.27

Event 2 Women 40-44 50 SC Meter Butterfly

1	Gregory, Melissa	41	Wild	34.24
2	Gabriel, Aimee	43	Wild	37.28
3	Rodriguez Dimitrescu, Carla	40	Edmonton Master Swim Club	37.30

Event 2 Women 45-49 50 SC Meter Butterfly

1	Drinnan, Siubhan	48	Edmonton Master Swim Club	32.83
2	Acheson, Lynn	47	Foothills Masters Swim Club	36.15
3	Wuetherick (Maber), Andrea	48	Edmonton Master Swim Club	36.94
4	Sitch, Nikki	47	Calgary Nomads Masters Swim	38.50

Event 2 Women 50-54 50 SC Meter Butterfly

1	Latajka, Robin	50	Calgary Nomads Masters Swim	41.57
2	Harvey, Lisa	53	Foothills Masters Swim Club	42.45

Event 2 Men 18-24 50 SC Meter Butterfly

1	Maxwell, Parker	19	Edmonton Master Swim Club	28.76
2	Maxwell, Munro	19	Edmonton Master Swim Club	31.40
3	Slobodianyuk, Bogdan	18	University of Alberta Masters	32.01
4	Hammer, Bryson	20	University of Alberta Masters	33.93
5	Luz, Ryan	21	University of Alberta Masters	34.49

Event 2 Men 25-29 50 SC Meter Butterfly

1	Parra, Ricardo	25	Calgary Masters Swim Club	26.64
3	Freeman, Benjamin	26	University of Alberta Masters	32.78
4	Abdelrahman, Hazem	26	Fast Eddie's Masters Swim Club	33.62

Event 2 Men 30-34 50 SC Meter Butterfly

1	Kowalik, Matthew	31	Edmonton Master Swim Club	27.27
2	Salazar Lopez, Jesus	31	Edmonton Master Swim Club	34.70
3	Song, Won-Yong	34	University of Alberta Masters	39.56

Event 2 Men 35-39 50 SC Meter Butterfly

1	Jensen, Karl	36	Edmonton Master Swim Club	35.28
2	Fisher, Chris	35	Making Waves Masters Swim Club	40.82

Event 2 Men 40-44 50 SC Meter Butterfly

1	Schiewe, Dylan	43	Edmonton Master Swim Club	32.31
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Event 2 Men 45-49 50 SC Meter Butterfly

1	Odorski, Joel	45	Lethbridge Amateur Masters Swi-AB	29.60
2	Lobsinger, Scott K	46	Calgary Masters Swim Club	36.17
3	Mark, Trevor	48	Making Waves Masters Swim Club	39.49

Event 2 Men 50-54 50 SC Meter Butterfly

1	Stewart, David	52	Edmonton Master Swim Club	35.41
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Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 3 Women 18-24 100 SC Meter Breaststroke**

1	Geremia, Annalise	18	University of Alberta Masters	1:19.39
	36.14 1:19.39			
2	Hayhoe, Ellen	21	Edmonton Master Swim Club	1:22.43
	38.40 1:22.43			
3	Grimshaw, Rowen	22	University of Alberta Masters	1:25.23
	39.91 1:25.23			
4	Cadieux, Oriana	23	Fast Eddie's Masters Swim Club	1:30.73
	41.69 1:30.73			
5	Cook, Julie	23	Red Deer Masters Silver Sharks	1:38.97
	47.62 1:38.97			

Event 3 Women 35-39 100 SC Meter Breaststroke

1	Moe, Birget	39	Edmonton Master Swim Club	1:40.03
	47.81 1:40.03			
2	Spady, Dani	35	Different Strokes	1:46.24
	50.14 1:46.24			
3	Rumley, Carly	37	Edmonton Master Swim Club	1:54.36
	53.24 1:54.36			

Event 3 Women 40-44 100 SC Meter Breaststroke

1	D'Astous, Karine	44	Foothills Masters Swim Club	1:32.63
	43.65 1:32.63			

Event 3 Women 45-49 100 SC Meter Breaststroke

1	Horcica, Karla	47	Wild	1:29.94
	42.85 1:29.94			

Event 3 Women 55-59 100 SC Meter Breaststroke

1	Long, Jani	56	Foothills Masters Swim Club	1:27.47
	41.27 1:27.47			
2	Bragg, Elaine	56	Edmonton Master Swim Club	1:33.54
	45.24 1:33.54			

Event 3 Women 60-64 100 SC Meter Breaststroke

1	Trick-Wilks, Teena	62	Different Strokes	2:55.16
	1:21.26 2:55.16			

Event 3 Men 18-24 100 SC Meter Breaststroke

1	Ouellette, Lucas	21	University of Alberta Masters	1:18.29
	36.11 1:18.29			
2	Wiedemeyer, Martin	22	Fast Eddie's Masters Swim Club	1:27.65
	40.04 1:27.65			

Event 3 Men 25-29 100 SC Meter Breaststroke

1	Bester, Brent J	28	Calgary Masters Swim Club	1:14.45
	33.94 1:14.45			

Event 3 Men 30-34 100 SC Meter Breaststroke

1	Solis, Manuel	34	Calgary Masters Swim Club	1:24.00
	40.08 1:24.00			
2	Cudmore, Matt	33	Making Waves Masters Swim Club	1:41.48
	48.67 1:41.48			

Event 3 Men 35-39 100 SC Meter Breaststroke

1	Potvin, Richard	37	Red Deer Masters Silver Sharks	1:39.39
	45.90 1:39.39			

Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 3 Men 40-44 100 SC Meter Breaststroke**

1	Schiewe, Dylan	43	Edmonton Master Swim Club	1:27.50
	41.09		1:27.50	

Event 3 Men 55-59 100 SC Meter Breaststroke

1	Brunt, Garth	57	Making Waves Masters Swim Club	1:27.88
	40.17		1:27.88	

Event 3 Men 60-64 100 SC Meter Breaststroke

1	Ali, Hisham	62	Fast Eddie's Masters Swim Club	1:28.57
	42.45		1:28.57	
2	Floyd, Tim	63	Edmonton Master Swim Club	1:29.04
	42.05		1:29.04	
3	Parrish, Adam	60	Edmonton Master Swim Club	1:30.27
	42.79		1:30.27	

Event 3 Men 75-79 100 SC Meter Breaststroke

1	Blakely, Doug	76	Regina Masters-SK	2:14.10
	1:04.29		2:14.10	

Event 4 Women 18-24 50 SC Meter Backstroke

1	Matthews, Ella	20	Saskatoon Goldfins Swim Club	34.33
2	Wu, Jingjing	21	University of Alberta Masters	34.84
3	Elfstedt, Kalena	20	University of Alberta Masters	39.38

Event 4 Women 25-29 50 SC Meter Backstroke

1	Grehan, Clare	28	Making Waves Masters Swim Club	39.65
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Event 4 Women 30-34 50 SC Meter Backstroke

1	Klein, Amiah	30	Edmonton Master Swim Club	37.87
2	Hayduk, Rebecca	33	Edmonton Master Swim Club	38.45

Event 4 Women 35-39 50 SC Meter Backstroke

1	Kuperus, Katherine	36	Edmonton Master Swim Club	36.15
2	Evenson, Natasha	38	Edmonton Master Swim Club	38.53
3	Davis, Megan	37	Edmonton Master Swim Club	42.12

Event 4 Women 40-44 50 SC Meter Backstroke

1	Gregory, Melissa	41	Wild	35.23
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Event 4 Women 45-49 50 SC Meter Backstroke

1	Brown, Lisa	49	Calgary Nomads Masters Swim	35.84
2	Jerace, Allyson	45	Edmonton Master Swim Club	43.92
3	Curran, Rhonda Lee	47	University of Alberta Masters	46.37

Event 4 Women 60-64 50 SC Meter Backstroke

1	Pownall, Frances	60	Fast Eddie's Masters Swim Club	47.62
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Event 4 Women 65-69 50 SC Meter Backstroke

1	Trembath, Margot	67	Edmonton Master Swim Club	1:01.33
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Event 4 Women 70-74 50 SC Meter Backstroke

1	Hopkins, Mary-Helen	73	Wild	54.04
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Event 4 Women 75-79 50 SC Meter Backstroke

1	Campbell, Heather	76	Saskatoon Goldfins Swim Club	1:06.95
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Event 4 Men 18-24 50 SC Meter Backstroke

1	Maxwell, Parker	19	Edmonton Master Swim Club	33.92
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Twos The Month Before Christmas 2023 - 2023-11-25**Results****(Event 4 Men 18-24 50 SC Meter Backstroke)**

2	Maxwell, Munro	19	Edmonton Master Swim Club	34.30
3	Slobodianyuk, Bogdan	18	University of Alberta Masters	36.15
4	Heiskanen, Lucas	23	Red Deer Masters Silver Sharks	46.85

Event 4 Men 25-29 50 SC Meter Backstroke

1	Freeman, Benjamin	26	University of Alberta Masters	39.00
2	Su, Ethan	28	Making Waves Masters Swim Club	39.22
3	Montoya, Walter	27	Making Waves Masters Swim Club	40.58

Event 4 Men 30-34 50 SC Meter Backstroke

1	Kowalik, Matthew	31	Edmonton Master Swim Club	28.65
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Event 4 Men 45-49 50 SC Meter Backstroke

1	Lobsinger, Scott K	46	Calgary Masters Swim Club	47.11
2	Telang, Mark	46	Wild	48.04

Event 4 Men 50-54 50 SC Meter Backstroke

1	Baumgardt, Kevin	50	Red Deer Masters Silver Sharks	46.70
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Event 4 Men 55-59 50 SC Meter Backstroke

1	Berkhold, Graham	56	Glencoe Gators Masters	36.45
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Event 5 Women 18-24 25 SC Meter Butterfly

1	Hayhoe, Ellen	21	Edmonton Master Swim Club	13.57
2	Janowicz, Allie	21	Red Deer Masters Silver Sharks	15.71
3	Cook, Julie	23	Red Deer Masters Silver Sharks	21.07

Event 5 Women 25-29 25 SC Meter Butterfly

1	O'Carroll, Niamh	27	Wild	22.72
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Event 5 Women 30-34 25 SC Meter Butterfly

1	Ridenour, Christine	31	Edmonton Master Swim Club	15.11
2	Coombes, Karli	30	Different Strokes	15.73
3	Klein, Amiah	30	Edmonton Master Swim Club	16.99

Event 5 Women 35-39 25 SC Meter Butterfly

1	Kuperus, Katherine	36	Edmonton Master Swim Club	15.38
2	Douthwaite, Elizabeth	39	Red Deer Masters Silver Sharks	16.34
3	Elliott, Candace	36	Red Deer Masters Silver Sharks	19.20
4	Spady, Dani	35	Different Strokes	20.19
5	Rumley, Carly	37	Edmonton Master Swim Club	22.31

Event 5 Women 40-44 25 SC Meter Butterfly

1	Rodriguez Dimitrescu, Carla	40	Edmonton Master Swim Club	16.44
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Event 5 Women 45-49 25 SC Meter Butterfly

1	Brown, Lisa	49	Calgary Nomads Masters Swim	15.83
*2	Sitch, Nikki	47	Calgary Nomads Masters Swim	16.56
*2	Curran, Rhonda Lee	47	University of Alberta Masters	21.48

Event 5 Women 50-54 25 SC Meter Butterfly

1	Younger, Debbie	52	Edmonton Master Swim Club	13.77
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Event 5 Women 55-59 25 SC Meter Butterfly

1	Zaidan, Charlene	55	Saskatoon Goldfins Swim Club	17.08
2	Bragg, Elaine	56	Edmonton Master Swim Club	17.27

Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 5 Women 60-64 25 SC Meter Butterfly**

1	Gilewicz, Denise	60	Saskatoon Goldfins Swim Club	17.38
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Event 5 Women 65-69 25 SC Meter Butterfly

1	Trembath, Margot	67	Edmonton Master Swim Club	22.34
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Event 5 Women 75-79 25 SC Meter Butterfly

1	Blakely, Pat	76	Regina Masters-SK	35.38
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Event 5 Men 18-24 25 SC Meter Butterfly

1	Ouellette, Lucas	21	University of Alberta Masters	12.45
2	Hammer, Bryson	20	University of Alberta Masters	14.62
3	Luz, Ryan	21	University of Alberta Masters	14.87
4	Fei, Yue	24	University of Alberta Masters	16.61

Event 5 Men 25-29 25 SC Meter Butterfly

1	Parra, Ricardo	25	Calgary Masters Swim Club	11.93
2	Abdelrahman, Hazem	26	Fast Eddie's Masters Swim Club	14.64

Event 5 Men 30-34 25 SC Meter Butterfly

1	Solis, Manuel	34	Calgary Masters Swim Club	15.15
2	Salazar Lopez, Jesus	31	Edmonton Master Swim Club	15.16

Event 5 Men 35-39 25 SC Meter Butterfly

1	Jensen, Karl	36	Edmonton Master Swim Club	15.52
2	Fisher, Chris	35	Making Waves Masters Swim Club	17.01

Event 5 Men 40-44 25 SC Meter Butterfly

1	Schiewe, Dylan	43	Edmonton Master Swim Club	14.27
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Event 5 Men 45-49 25 SC Meter Butterfly

1	Odorski, Joel	45	Lethbridge Amateur Masters Swi-AB	12.78
2	Stansberry, Mike	45	Making Waves Masters Swim Club	15.75
3	Telang, Mark	46	Wild	16.36
4	Sayers, Steven	49	Making Waves Masters Swim Club	20.08

Event 5 Men 65-69 25 SC Meter Butterfly

1	van der Sluis, Roy	65	Red Deer Masters Silver Sharks	16.78
2	Levesque, Mike	67	Saskatoon Goldfins Swim Club	21.31

Event 5 Men 75-79 25 SC Meter Butterfly

1	Blakely, Doug	76	Regina Masters-SK	33.86
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Event 6 Women 35-39 200 SC Meter Breaststroke

1	Spady, Dani	35	Different Strokes	3:48.98
	52.84	1:51.13	2:52.18	3:48.98

Event 6 Women 55-59 200 SC Meter Breaststroke

1	Long, Jani	56	Foothills Masters Swim Club	3:17.46
	43.89	1:33.75	2:26.43	3:17.46

Event 6 Women 60-64 200 SC Meter Breaststroke

1	Banser, Pamela	62	Edmonton Master Swim Club	3:41.02
	49.63	1:45.22	2:42.96	3:41.02

Event 6 Men 18-24 200 SC Meter Breaststroke

1	Van Den Bruel, Jordan	22	Edmonton Master Swim Club	3:10.84
	43.94	1:32.57	2:22.69	3:10.84

Twos The Month Before Christmas 2023 - 2023-11-25**Results****(Event 6 Men 18-24 200 SC Meter Breaststroke)**

2	Wilks, Wesley	23	Different Strokes	3:10.93
	43.37	1:31.53	2:21.77	3:10.93

Event 6 Men 35-39 200 SC Meter Breaststroke

1	Potvin, Richard	37	Red Deer Masters Silver Sharks	3:50.38
	1:47.09	2:48.82	3:50.38	

Event 6 Men 45-49 200 SC Meter Breaststroke

1	Wu, Bill	49	Making Waves Masters Swim Club	3:34.17
	46.85	1:38.93	2:35.42	3:34.17

Event 6 Men 55-59 200 SC Meter Breaststroke

1	Berkhold, Graham	56	Glencoe Gators Masters	3:07.93
	42.54	1:31.03	2:19.65	3:07.93

Event 7 Women 18-24 100 SC Meter Backstroke

1	Matthews, Ella	20	Saskatoon Goldfins Swim Club	1:16.03
	37.22	1:16.03		
2	Elfstedt, Kalena	20	University of Alberta Masters	1:31.23
	43.39	1:31.23		

Event 7 Women 30-34 100 SC Meter Backstroke

1	Ridenour, Christine	31	Edmonton Master Swim Club	1:19.58
	37.67	1:19.58		
2	Hayduk, Rebecca	33	Edmonton Master Swim Club	1:23.36
	40.54	1:23.36		
3	Klein, Amiah	30	Edmonton Master Swim Club	1:26.16
	41.31	1:26.16		

Event 7 Women 40-44 100 SC Meter Backstroke

1	Gregory, Melissa	41	Wild	1:14.72
	36.40	1:14.72		

Event 7 Women 45-49 100 SC Meter Backstroke

1	Jerace, Allyson	45	Edmonton Master Swim Club	1:33.94
	44.67	1:33.94		

Event 7 Women 50-54 100 SC Meter Backstroke

1	Latajka, Robin	50	Calgary Nomads Masters Swim	1:28.75
	42.82	1:28.75		

Event 7 Women 60-64 100 SC Meter Backstroke

1	Trick-Wilks, Teena	62	Different Strokes	2:53.38
	1:20.69	2:53.38		

Event 7 Women 70-74 100 SC Meter Backstroke

1	Hopkins, Mary-Helen	73	Wild	1:59.92
	58.59	1:59.92		

Event 7 Men 50-54 100 SC Meter Backstroke

1	Burrell, Jason	53	Rocky Mountain Masters	1:20.89
	39.35	1:20.89		
2	Stewart, David	52	Edmonton Master Swim Club	1:32.72
	51.76	1:32.72		

Event 8 Women 18-24 200 SC Meter Freestyle

1	Coleman, Robyn	18	Making Waves Masters Swim Club	2:36.35
	36.52	1:16.49	1:56.51	2:36.35

Twos The Month Before Christmas 2023 - 2023-11-25**Results****(Event 8 Women 18-24 200 SC Meter Freestyle)**

2	Jenkins, Robyn	24	Edmonton Master Swim Club	2:41.49
	36.66	1:17.72	2:00.76	2:41.49

Event 8 Women 35-39 200 SC Meter Freestyle

1	Moe, Birget	39	Edmonton Master Swim Club	2:41.44
	38.34	1:19.44	2:01.26	2:41.44
2	Davis, Megan	37	Edmonton Master Swim Club	2:46.54
	37.37	1:20.72	2:04.13	2:46.54

Event 8 Women 40-44 200 SC Meter Freestyle

1	D'Astous, Karine	44	Foothills Masters Swim Club	2:36.48
	34.58	1:14.19	1:55.40	2:36.48
2	Gabriel, Aimee	43	Wild	2:42.21
	36.36	1:17.51	2:00.09	2:42.21
3	Birbeck, Taniya	44	Wild	3:15.16
	42.00	1:30.88	2:23.45	3:15.16

Event 8 Women 45-49 200 SC Meter Freestyle

1	Acheson, Lynn	47	Foothills Masters Swim Club	2:43.41
	37.22	1:18.42	2:01.68	2:43.41
2	Wuetherick (Maber), Andrea	48	Edmonton Master Swim Club	2:47.87
	39.16	1:21.94	2:05.32	2:47.87

Event 8 Women 50-54 200 SC Meter Freestyle

1	Harvey, Lisa	53	Foothills Masters Swim Club	2:58.95
	40.61	1:26.59	2:13.13	2:58.95

Event 8 Men 25-29 200 SC Meter Freestyle

1	Montoya, Walter	27	Making Waves Masters Swim Club	2:40.23
	34.15	1:13.54	1:56.35	2:40.23
2	Pak, Christian	28	Making Waves Masters Swim Club	2:52.29
	35.94	1:19.39	2:05.93	2:52.29

Event 8 Men 30-34 200 SC Meter Freestyle

1	Cudmore, Matt	33	Making Waves Masters Swim Club	2:50.60
	39.33	1:21.55	2:06.68	2:50.60

Event 8 Men 35-39 200 SC Meter Freestyle

1	Irvine, Tyler	37	Edmonton Master Swim Club	2:21.72
	30.27	1:05.28	1:43.20	2:21.72

Event 8 Men 45-49 200 SC Meter Freestyle

1	Anderson, Baerach	48	Edmonton Master Swim Club	2:14.85
	30.27	1:03.43	1:38.30	2:14.85
2	Mark, Trevor	48	Making Waves Masters Swim Club	2:57.44
	41.41	1:26.92	2:13.93	2:57.44

Event 8 Men 55-59 200 SC Meter Freestyle

1	Brunt, Garth	57	Making Waves Masters Swim Club	2:38.74
	36.19	1:16.12	2:38.74	

Event 8 Men 60-64 200 SC Meter Freestyle

1	Lewis, Barry	61	Edmonton Master Swim Club	2:16.54
	31.70	1:06.12	1:41.64	2:16.54

Event 9 Women 18-24 25 SC Meter Freestyle

1	Busby, Harriet	20	University of Alberta Masters	14.20
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Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 9 Women 25-29 25 SC Meter Freestyle**

1	O'Carroll, Niamh	27	Wild	19.25
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Event 9 Women 35-39 25 SC Meter Freestyle

1	Evenson, Natasha	38	Edmonton Master Swim Club	15.57
2	Elliott, Candace	36	Red Deer Masters Silver Sharks	15.90
3	Spady, Dani	35	Different Strokes	17.56

Event 9 Women 45-49 25 SC Meter Freestyle

*1	Brown, Lisa	49	Calgary Nomads Masters Swim	13.94
*1	Sitch, Nikki	47	Calgary Nomads Masters Swim	14.45
2	Curran, Rhonda Lee	47	University of Alberta Masters	16.49

Event 9 Women 50-54 25 SC Meter Freestyle

1	Sanatkar, Sherry	53	Red Deer Masters Silver Sharks	22.75
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Event 9 Women 55-59 25 SC Meter Freestyle

1	Bragg, Elaine	56	Edmonton Master Swim Club	15.12
2	Zaidan, Charlene	55	Saskatoon Goldfins Swim Club	16.10

Event 9 Women 60-64 25 SC Meter Freestyle

1	Gilewicz, Denise	60	Saskatoon Goldfins Swim Club	15.51
2	Pownall, Frances	60	Fast Eddie's Masters Swim Club	17.29

Event 9 Women 65-69 25 SC Meter Freestyle

1	Fradette, Karen	66	Edmonton Master Swim Club	18.10
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Event 9 Women 75-79 25 SC Meter Freestyle

1	Campbell, Heather	76	Saskatoon Goldfins Swim Club	23.87
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Event 9 Men 18-24 25 SC Meter Freestyle

1	Hammer, Bryson	20	University of Alberta Masters	13.44
2	Heiskanen, Lucas	23	Red Deer Masters Silver Sharks	18.23

Event 9 Men 25-29 25 SC Meter Freestyle

1	Parra, Ricardo	25	Calgary Masters Swim Club	11.42
2	Freeman, Benjamin	26	University of Alberta Masters	13.00

Event 9 Men 30-34 25 SC Meter Freestyle

1	Solis, Manuel	34	Calgary Masters Swim Club	13.81
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Event 9 Men 40-44 25 SC Meter Freestyle

1	Bennett, Mark	43	Making Waves Masters Swim Club	15.97
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Event 9 Men 45-49 25 SC Meter Freestyle

1	Odorski, Joel	45	Lethbridge Amateur Masters Swi-AB	12.24
2	Stansberry, Mike	45	Making Waves Masters Swim Club	14.51
3	Wu, Bill	49	Making Waves Masters Swim Club	15.02
4	Sayers, Steven	49	Making Waves Masters Swim Club	16.11

Event 9 Men 50-54 25 SC Meter Freestyle

1	Baumgardt, Kevin	50	Red Deer Masters Silver Sharks	15.87
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Event 9 Men 60-64 25 SC Meter Freestyle

1	Ali, Hisham	62	Fast Eddie's Masters Swim Club	13.84
2	Levesque, Alain	63	Making Waves Masters Swim Club	17.07

Event 9 Men 65-69 25 SC Meter Freestyle

1	van der Sluis, Roy	65	Red Deer Masters Silver Sharks	13.98
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Twos The Month Before Christmas 2023 - 2023-11-25**Results****(Event 9 Men 65-69 25 SC Meter Freestyle)**

2 Levesque, Mike 67 Saskatoon Goldfins Swim Club 18.16

Event 9 Men 75-79 25 SC Meter Freestyle

1 Blakely, Doug 76 Regina Masters-SK 22.46

Event 10 Mixed 120-159 200 SC Meter Medley Relay

1 Edmonton Master Swim Club A 2:17.85
 1) Anderson, Baerach M48 2) Irvine, Tyler M37 3) Drinnan, Siubhan W48 4) Davis, Megan W37
 34.52 1:12.04 1:45.67 2:17.85

2 Fast Eddie's Masters Swim Club B 2:22.16
 1) Pownall, Frances W60 2) Ali, Hisham M62 3) Abdelrahman, Hazem M26 4) Cadieux, Oriana W23
 48.91 1:08.28 1:32.33 2:22.16

3 Making Waves Masters Swim Club A 2:44.41
 1) Fisher, Chris M35 2) Grehan, Clare W28 3) Coleman, Robyn W18 4) Bennett, Mark M43
 43.74 1:32.12 2:10.81 2:44.41

4 Wild A 2:54.28
 2) Horcica, Karla W47 3) O'Carroll, Niamh W27 4) Barnes, Michelle W49
 40.34 1:22.52 2:15.08 2:54.28

Event 10 Mixed 200-239 200 SC Meter Medley Relay

1 Saskatoon Goldfins Swim Club A 3:10.49
 1) Campbell, Heather W76 2) Zaidan, Charlene W55 3) Matthews, Ella W20 4) Levesque, Mike M67
 1:20.06 1:25.97 3:10.49

Event 10B Women 100-119 200 SC Meter Medley Relay

1 University of Alberta Masters A 2:23.47
 1) Wu, Jingjing W21 2) Geremia, Annalise W18 3) Grimshaw, Rowen W22 4) Curran, Rhonda Lee W47
 37.10 1:16.48 1:45.05 2:23.47

2 Red Deer Masters Silver Sharks A 2:45.55
 1) Field, Kinga W32 2) Douthwaite, Elizabeth W39 3) Janowicz, Allie W21 4) Cook, Julie W23

Event 10B Women 120-159 200 SC Meter Medley Relay

1 Edmonton Master Swim Club A 2:37.08
 1) Hayduk, Rebecca W33 2) Moe, Birget W39 3) Ridenour, Christine W31 4) Klein, Amiah W30
 38.59 1:17.67 1:48.37 2:37.08

2 Edmonton Master Swim Club B 2:39.99
 1) Younger, Debbie W52 2) Bragg, Elaine W56 3) Wuetherick (Maber), Andrea W44 4) Rumley, Carly W37

Event 10B Women 160-199 200 SC Meter Medley Relay

1 Foothills Masters Swim Club A 2:37.68
 1) D'Astous, Karine W44 2) Long, Jani W56 3) Harvey, Lisa W53 4) Acheson, Lynn W47

2 Different Strokes A 3:26.29
 1) Trick-Wilks, Teena W62 2) Spady, Dani W35 3) Flemons, Kristin W34 4) Coombes, Karli W30

Event 10C Men 72-99 200 SC Meter Medley Relay

1 University of Alberta Masters A 2:13.76
 1) Hammer, Bryson M20 2) Luz, Ryan M21 3) Ouellette, Lucas M21 4) Freeman, Benjamin M26

Event 10C Men 120-159 200 SC Meter Medley Relay

1 Edmonton Master Swim Club A 2:22.95
 1) Stewart, David M52 2) Floyd, Tim M63 3) Lewis, Barry M61 4) Parrish, Adam M60

Event 11 Women 18-24 200 SC Meter Backstroke

1 Matthews, Ella 20 Saskatoon Goldfins Swim Club 2:50.12
 38.96 1:22.12 2:06.44 2:50.12

Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 11 Women 30-34 200 SC Meter Backstroke**

1	Hayduk, Rebecca	33	Edmonton Master Swim Club	3:03.43
	42.25	1:28.23	2:16.47	3:03.43

Event 11 Women 45-49 200 SC Meter Backstroke

1	Drinnan, Siubhan	48	Edmonton Master Swim Club	2:55.37
	40.82	1:25.02	2:10.37	2:55.37

Event 11 Women 50-54 200 SC Meter Backstroke

1	Younger, Debbie	52	Edmonton Master Swim Club	2:39.38
	38.26	1:18.60	1:59.51	2:39.38
2	Latajka, Robin	50	Calgary Nomads Masters Swim	3:06.41
	43.98	1:31.34	3:06.56	3:06.41

Event 11 Women 70-74 200 SC Meter Backstroke

1	Hopkins, Mary-Helen	73	Wild	4:10.34
	59.30	2:02.82	3:07.74	4:10.34

Event 11 Women 75-79 200 SC Meter Backstroke

1	Blakely, Pat	76	Regina Masters-SK	4:56.43
	1:08.39	2:26.71	3:41.83	4:56.43

Event 11 Men 18-24 200 SC Meter Backstroke

1	Wilks, Wesley	23	Different Strokes	3:12.07
	44.36	1:34.40	2:24.17	3:12.07

Event 11 Men 45-49 200 SC Meter Backstroke

1	Anderson, Baerach	48	Edmonton Master Swim Club	2:44.14
	39.35	1:21.96	2:03.66	2:44.14

Event 12 Women 35-39 100 SC Meter Butterfly

1	Moe, Birget	39	Edmonton Master Swim Club	1:27.35
	41.68	1:27.35		

Event 12 Women 40-44 100 SC Meter Butterfly

1	Rodriguez Dimitrescu, Carla	40	Edmonton Master Swim Club	1:24.99
	38.39	1:24.99		
2	Gabriel, Aimee	43	Wild	1:30.06
	41.05	1:30.06		

Event 12 Men 18-24 100 SC Meter Butterfly

1	Maxwell, Parker	19	Edmonton Master Swim Club	1:07.54
	31.02	1:07.54		

Event 12 Men 25-29 100 SC Meter Butterfly

1	Parra, Ricardo	25	Calgary Masters Swim Club	58.22
	27.44	58.22		
2	Bester, Brent J	28	Calgary Masters Swim Club	1:19.59
	34.87	1:19.59		

Event 12 Men 55-59 100 SC Meter Butterfly

1	Berkhold, Graham	56	Glencoe Gators Masters	1:14.20
	33.63	1:14.20		

Event 12 Men 60-64 100 SC Meter Butterfly

1	Parrish, Adam	60	Edmonton Master Swim Club	1:28.73
	40.60	1:28.73		

Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 13 Women 18-24 50 SC Meter Freestyle**

1	Wu, Jingjing	21	University of Alberta Masters	30.26
2	Matthews, Ella	20	Saskatoon Goldfins Swim Club	30.61
3	Hayhoe, Ellen	21	Edmonton Master Swim Club	30.71
4	Busby, Harriet	20	University of Alberta Masters	30.97
5	Jenkins, Lauren	19	Edmonton Master Swim Club	31.27
6	Janowicz, Allie	21	Red Deer Masters Silver Sharks	31.41
7	Jenkins, Robyn	24	Edmonton Master Swim Club	32.58
8	Cadieux, Oriana	23	Fast Eddie's Masters Swim Club	32.99
9	Elfstedt, Kalena	20	University of Alberta Masters	33.61

Event 13 Women 25-29 50 SC Meter Freestyle

1	Grehan, Clare	28	Making Waves Masters Swim Club	34.43
2	O'Carroll, Niamh	27	Wild	44.17

Event 13 Women 30-34 50 SC Meter Freestyle

1	Ridenour, Christine	31	Edmonton Master Swim Club	29.66
2	Coombes, Karli	30	Different Strokes	34.15
3	Field, Kinga	32	Red Deer Masters Silver Sharks	38.79
4	Flemons, Kristin	34	Different Strokes	38.97

Event 13 Women 35-39 50 SC Meter Freestyle

1	Kuperus, Katherine	36	Edmonton Master Swim Club	30.86
2	Davis, Megan	37	Edmonton Master Swim Club	32.51
3	Elliott, Candace	36	Red Deer Masters Silver Sharks	34.42
4	Evenson, Natasha	38	Edmonton Master Swim Club	34.60
5	Douthwaite, Elizabeth	39	Red Deer Masters Silver Sharks	36.72
6	Rumley, Carly	37	Edmonton Master Swim Club	40.82

Event 13 Women 40-44 50 SC Meter Freestyle

2	Birbeck, Taniya	44	Wild	39.47
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Event 13 Women 45-49 50 SC Meter Freestyle

*1	Acheson, Lynn	47	Foothills Masters Swim Club	30.83
*1	Sitch, Nikki	47	Calgary Nomads Masters Swim	34.27
2	Brown, Lisa	49	Calgary Nomads Masters Swim	30.95
3	Jerace, Allyson	45	Edmonton Master Swim Club	37.07
4	Curran, Rhonda Lee	47	University of Alberta Masters	37.88

Event 13 Women 55-59 50 SC Meter Freestyle

1	Long, Jani	56	Foothills Masters Swim Club	33.78
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Event 13 Women 60-64 50 SC Meter Freestyle

1	Pownall, Frances	60	Fast Eddie's Masters Swim Club	38.88
2	Neaves, Lesley	63	Foothills Masters Swim Club	39.37

Event 13 Women 65-69 50 SC Meter Freestyle

1	Trembath, Margot	67	Edmonton Master Swim Club	44.02
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Event 13 Women 75-79 50 SC Meter Freestyle

1	Campbell, Heather	76	Saskatoon Goldfins Swim Club	56.88
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Event 13 Men 18-24 50 SC Meter Freestyle

1	Ouellette, Lucas	21	University of Alberta Masters	27.12
2	Maxwell, Munro	19	Edmonton Master Swim Club	28.20
3	Slobodianyuk, Bogdan	18	University of Alberta Masters	28.26
4	Hammer, Bryson	20	University of Alberta Masters	29.24

Twos The Month Before Christmas 2023 - 2023-11-25**Results****(Event 13 Men 18-24 50 SC Meter Freestyle)**

5	Luz, Ryan	21	University of Alberta Masters	30.82
6	Fei, Yue	24	University of Alberta Masters	30.91
7	Wiedemeyer, Martin	22	Fast Eddie's Masters Swim Club	32.67

Event 13 Men 25-29 50 SC Meter Freestyle

2	Freeman, Benjamin	26	University of Alberta Masters	28.96
3	Montoya, Walter	27	Making Waves Masters Swim Club	31.21
4	Abdelrahman, Hazem	26	Fast Eddie's Masters Swim Club	31.54
5	Udovichenko, Artur	27	Edmonton Master Swim Club	32.16

Event 13 Men 30-34 50 SC Meter Freestyle

1	Kowalik, Matthew	31	Edmonton Master Swim Club	24.89
2	Edelenbosch, Florian	30	Edmonton Master Swim Club	28.11
3	Solis, Manuel	34	Calgary Masters Swim Club	29.78
4	Salazar Lopez, Jesus	31	Edmonton Master Swim Club	30.61
5	Cudmore, Matt	33	Making Waves Masters Swim Club	31.60
6	Song, Won-Yong	34	University of Alberta Masters	40.30

Event 13 Men 35-39 50 SC Meter Freestyle

1	Jensen, Karl	36	Edmonton Master Swim Club	31.37
2	Fisher, Chris	35	Making Waves Masters Swim Club	34.85
3	Potvin, Richard	37	Red Deer Masters Silver Sharks	37.39

Event 13 Men 40-44 50 SC Meter Freestyle

1	Bennett, Mark	43	Making Waves Masters Swim Club	34.75
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Event 13 Men 45-49 50 SC Meter Freestyle

1	Odorski, Joel	45	Lethbridge Amateur Masters Swi-AB	27.03
2	Mark, Trevor	48	Making Waves Masters Swim Club	31.54
3	Lobsinger, Scott K	46	Calgary Masters Swim Club	33.54

Event 13 Men 50-54 50 SC Meter Freestyle

1	Stewart, David	52	Edmonton Master Swim Club	30.85
2	Darwish Hassan, Ahmed D	54	Fast Eddie's Masters Swim Club	31.91
3	Baumgardt, Kevin	50	Red Deer Masters Silver Sharks	39.58

Event 13 Men 60-64 50 SC Meter Freestyle

1	Lewis, Barry	61	Edmonton Master Swim Club	28.25
2	Levesque, Alain	63	Making Waves Masters Swim Club	38.54

Event 13 Men 65-69 50 SC Meter Freestyle

1	van der Sluis, Roy	65	Red Deer Masters Silver Sharks	31.86
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Event 14 Women 50-54 25 SC Meter Breaststroke

1	Sanatkaran, Sherry	53	Red Deer Masters Silver Sharks	25.20
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Event 14 Women 55-59 25 SC Meter Breaststroke

1	Bragg, Elaine	56	Edmonton Master Swim Club	19.44
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Event 14 Women 60-64 25 SC Meter Breaststroke

1	Pownall, Frances	60	Fast Eddie's Masters Swim Club	22.84
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Event 14 Women 65-69 25 SC Meter Breaststroke

1	Fradette, Karen	66	Edmonton Master Swim Club	21.98
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Event 14 Men 18-24 25 SC Meter Breaststroke

1	Fei, Yue	24	University of Alberta Masters	21.73
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Twos The Month Before Christmas 2023 - 2023-11-25**Results****(Event 14 Men 18-24 25 SC Meter Breaststroke)**

2	Heiskanen, Lucas	23	Red Deer Masters Silver Sharks	25.28
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Event 14 Men 25-29 25 SC Meter Breaststroke

1	Bester, Brent J	28	Calgary Masters Swim Club	15.01
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2	Pak, Christian	28	Making Waves Masters Swim Club	19.20
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Event 14 Men 35-39 25 SC Meter Breaststroke

1	Potvin, Richard	37	Red Deer Masters Silver Sharks	19.67
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Event 14 Men 40-44 25 SC Meter Breaststroke

1	Bennett, Mark	43	Making Waves Masters Swim Club	22.81
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Event 14 Men 45-49 25 SC Meter Breaststroke

1	Odorski, Joel	45	Lethbridge Amateur Masters Swi-AB	14.77
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2	Stansberry, Mike	45	Making Waves Masters Swim Club	18.17
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3	Sayers, Steven	49	Making Waves Masters Swim Club	19.75
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4	Wu, Bill	49	Making Waves Masters Swim Club	20.14
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Event 14 Men 50-54 25 SC Meter Breaststroke

1	Darwish Hassan, Ahmed D	54	Fast Eddie's Masters Swim Club	19.18
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Event 14 Men 60-64 25 SC Meter Breaststroke

1	Ali, Hisham	62	Fast Eddie's Masters Swim Club	17.09
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2	Parrish, Adam	60	Edmonton Master Swim Club	18.46
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3	Levesque, Alain	63	Making Waves Masters Swim Club	20.64
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Event 14 Men 65-69 25 SC Meter Breaststroke

1	Levesque, Mike	67	Saskatoon Goldfins Swim Club	23.24
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Event 14 Men 75-79 25 SC Meter Breaststroke

1	Blakely, Doug	76	Regina Masters-SK	26.20
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Event 15 Women 18-24 100 SC Meter IM

1	Geremia, Annalise	18	University of Alberta Masters	1:11.11
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32.76	1:11.11
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2	Hayhoe, Ellen	21	Edmonton Master Swim Club	1:15.83
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36.06	1:15.83
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3	Wu, Jingjing	21	University of Alberta Masters	1:16.24
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34.16	1:16.24
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4	Grimshaw, Rowen	22	University of Alberta Masters	1:18.69
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36.62	1:18.69
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5	Janowicz, Allie	21	Red Deer Masters Silver Sharks	1:23.07
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39.42	1:23.07
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6	Cadieux, Oriana	23	Fast Eddie's Masters Swim Club	1:23.45
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38.11	1:23.45
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7	Jenkins, Lauren	19	Edmonton Master Swim Club	1:26.50
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39.48	1:26.50
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Event 15 Women 25-29 100 SC Meter IM

1	Grehan, Clare	28	Making Waves Masters Swim Club	1:29.03
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39.54	1:29.03
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Event 15 Women 30-34 100 SC Meter IM

1	Ridenour, Christine	31	Edmonton Master Swim Club	1:19.47
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36.54	1:19.47
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2	Hayduk, Rebecca	33	Edmonton Master Swim Club	1:28.69
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40.50	1:28.69
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Twas The Month Before Christmas 2023 - 2023-11-25**Results****(Event 15 Women 30-34 100 SC Meter IM)**

3	Field, Kinga	32	Red Deer Masters Silver Sharks	1:36.74
	45.20 1:36.74			
4	Flemons, Kristin	34	Different Strokes	1:43.27
	48.48 1:43.27			

Event 15 Women 35-39 100 SC Meter IM

1	Kuperus, Katherine	36	Edmonton Master Swim Club	1:18.98
	35.49 1:18.98			
2	Davis, Megan	37	Edmonton Master Swim Club	1:26.96
	39.92 1:26.96			
4	Elliott, Candace	36	Red Deer Masters Silver Sharks	1:31.05
	42.44 1:31.05			
5	Douthwaite, Elizabeth	39	Red Deer Masters Silver Sharks	1:31.95
	42.01 1:31.95			

Event 15 Women 40-44 100 SC Meter IM

1	Gregory, Melissa	41	Wild	1:18.33
	34.76 1:18.33			
2	D'Astous, Karine	44	Foothills Masters Swim Club	1:22.62
	38.60 1:22.62			

Event 15 Women 45-49 100 SC Meter IM

1	Acheson, Lynn	47	Foothills Masters Swim Club	1:22.51
	39.01 1:22.51			
2	Horcica, Karla	47	Wild	1:28.01
	43.17 1:28.01			
3	Jerace, Allyson	45	Edmonton Master Swim Club	1:39.75
	44.29 1:39.75			

Event 15 Women 50-54 100 SC Meter IM

1	Harvey, Lisa	53	Foothills Masters Swim Club	1:36.21
	45.58 1:36.21			
2	Hall, Pamela	50	Edmonton Master Swim Club	1:46.45
	51.80 1:46.45			

Event 15 Women 55-59 100 SC Meter IM

1	Long, Jani	56	Foothills Masters Swim Club	1:26.67
	43.31 1:26.67			
2	Zaidan, Charlene	55	Saskatoon Goldfins Swim Club	1:37.76
	45.56 1:37.76			

Event 15 Women 60-64 100 SC Meter IM

1	Gilewicz, Denise	60	Saskatoon Goldfins Swim Club	1:32.26
	41.26 1:32.26			
2	Banser, Pamela	62	Edmonton Master Swim Club	1:32.47
	47.27 1:32.47			
3	Trick-Wilks, Teena	62	Different Strokes	2:45.88
	1:16.52 2:45.88			

Event 15 Women 75-79 100 SC Meter IM

1	Blakely, Pat	76	Regina Masters-SK	2:31.95
	1:16.77 2:31.95			

Event 15 Men 18-24 100 SC Meter IM

1	Hammer, Bryson	20	University of Alberta Masters	1:16.36
	34.92 1:16.36			

Twos The Month Before Christmas 2023 - 2023-11-25**Results****(Event 15 Men 18-24 100 SC Meter IM)**

2	Maxwell, Munro	19	Edmonton Master Swim Club	1:16.89
	35.31 1:16.89			
3	Luz, Ryan	21	University of Alberta Masters	1:19.43
	36.59 1:19.43			
4	Van Den Bruel, Jordan	22	Edmonton Master Swim Club	1:27.98
	44.31 1:27.98			

Event 15 Men 25-29 100 SC Meter IM

2	Freeman, Benjamin	26	University of Alberta Masters	1:19.80
	38.02 1:19.80			
3	Abdelrahman, Hazem	26	Fast Eddie's Masters Swim Club	1:20.48
	37.53 1:20.48			
4	Su, Ethan	28	Making Waves Masters Swim Club	1:22.22
	37.71 1:22.22			
5	Montoya, Walter	27	Making Waves Masters Swim Club	1:22.23
	36.83 1:22.23			
6	Udovichenko, Artur	27	Edmonton Master Swim Club	1:22.77
	39.43 1:22.77			

Event 15 Men 30-34 100 SC Meter IM

1	Salazar Lopez, Jesus	31	Edmonton Master Swim Club	1:22.51
	38.53 1:22.51			

Event 15 Men 35-39 100 SC Meter IM

1	Irvine, Tyler	37	Edmonton Master Swim Club	1:13.96
	34.24 1:13.96			

Event 15 Men 40-44 100 SC Meter IM

1	Schiewe, Dylan	43	Edmonton Master Swim Club	1:17.51
	34.99 1:17.51			

Event 15 Men 45-49 100 SC Meter IM

1	Telang, Mark	46	Wild	1:34.00
	1:35.18 1:34.00			
2	Mark, Trevor	48	Making Waves Masters Swim Club	1:45.74
	47.68 1:45.74			

Event 15 Men 50-54 100 SC Meter IM

1	Burrell, Jason	53	Rocky Mountain Masters	1:19.23
	36.07 1:19.23			
2	Stewart, David	52	Edmonton Master Swim Club	1:25.46
	40.75 1:25.46			
3	Darwish Hassan, Ahmed D	54	Fast Eddie's Masters Swim Club	1:30.68
	42.28 1:30.68			

Event 15 Men 55-59 100 SC Meter IM

1	Brunt, Garth	57	Making Waves Masters Swim Club	1:20.34
	37.94 1:20.34			

Event 15 Men 60-64 100 SC Meter IM

1	Ali, Hisham	62	Fast Eddie's Masters Swim Club	1:22.82
	41.56 1:22.82			
2	Floyd, Tim	63	Edmonton Master Swim Club	1:26.53
	41.27 1:26.53			

Tw's The Month Before Christmas 2023 - 2023-11-25**Results****Event 16 Women 18-24 400 SC Meter Freestyle**

1	Jenkins, Robyn	24	Edmonton Master Swim Club	5:58.01
	38.57	1:22.02	2:07.95	2:54.43
			3:41.76	4:28.63
			5:14.48	5:58.01
2	Cook, Julie	23	Red Deer Masters Silver Sharks	6:14.58
	1:29.20	2:16.39	3:04.15	3:52.51
			4:41.12	5:28.99
			6:14.58	

Event 16 Women 35-39 400 SC Meter Freestyle

2	Spady, Dani	35	Different Strokes	8:23.93
	1:55.71	3:00.62	4:07.43	5:12.37
			6:18.65	7:24.01
			8:23.93	

Event 16 Women 40-44 400 SC Meter Freestyle

1	Gabriel, Aimee	43	Wild	5:39.46
	37.15	1:20.72	2:04.52	2:49.05
			3:32.15	4:15.60
			4:58.02	5:39.46
2	Rodriguez Dimitrescu, Carla	40	Edmonton Master Swim Club	6:14.31
	1:28.47	2:16.23	3:04.60	3:51.80
			4:40.49	5:28.88
			6:14.31	

Event 16 Women 50-54 400 SC Meter Freestyle

1	Younger, Debbie	52	Edmonton Master Swim Club	4:59.97
	34.12	1:12.01	1:50.70	2:29.48
			3:07.92	3:45.76
			4:23.47	4:59.97

Event 16 Women 70-74 400 SC Meter Freestyle

1	Hopkins, Mary-Helen	73	Wild	8:05.24
	1:49.51	2:50.92	3:54.07	4:57.77
			6:00.77	7:04.90
			8:05.24	

Event 16 Women 75-79 400 SC Meter Freestyle

1	Campbell, Heather	76	Saskatoon Goldfins Swim Club	10:14.85
	2:08.42	3:20.52	4:31.34	6:09.96
			7:23.72	8:48.78
			10:14.85	

Event 16 Men 18-24 400 SC Meter Freestyle

1	Maxwell, Parker	19	Edmonton Master Swim Club	4:58.39
	33.07	1:11.19	1:49.48	2:28.31
			3:07.41	3:46.02
			4:24.13	4:58.39
2	Wilks, Wesley	23	Different Strokes	5:36.39
	34.81	1:15.20	1:58.57	2:39.80
			3:23.45	4:07.24
			4:52.01	5:36.39

Event 16 Men 25-29 400 SC Meter Freestyle

1	Pak, Christian	28	Making Waves Masters Swim Club	6:22.33
	1:22.89	2:10.47	2:59.86	3:51.40
			4:41.36	5:31.98
			6:22.33	

Event 16 Men 45-49 400 SC Meter Freestyle

1	Anderson, Baerach	48	Edmonton Master Swim Club	4:52.64
	33.11	1:10.41	1:48.19	2:26.03
			3:03.08	3:40.25
			4:16.97	4:52.64

Event 16 Men 60-64 400 SC Meter Freestyle

1	Lewis, Barry	61	Edmonton Master Swim Club	4:56.64
	33.79	1:11.98	1:50.49	2:29.10
			3:07.17	3:44.63
			4:21.18	4:56.64

Event 17 Mixed 100-119 200 SC Meter Freestyle Relay

1	University of Alberta Masters	A		2:04.95
	1) Wu, Jingjing W21	2) Curran, Rhonda Lee W47	3) Hammer, Bryson M20	4) Ouellette, Lucas M21
	31.42	1:08.84	1:38.37	2:04.95

Event 17 Mixed 160-199 200 SC Meter Freestyle Relay

1	Fast Eddie's Masters Swim Club	A		2:18.70
	1) Pownall, Frances W60	2) Darwish Hassan, Ahmed D M54	3) Cadieux, Oriana W23	4) Abdelrahman, Hazem M26
	40.29	1:13.45	1:47.25	2:18.70

Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 17B Women 120-159 200 SC Meter Freestyle Relay**

1	Edmonton Master Swim Club	A			2:07.19
	1) Hayhoe, Ellen W21	2) Kuperus, Katherine W36	3) Jenkins, Robyn W24	4) Jenkins, Lauren W19	
	31.21 1:02.00 1:36.25	2:07.19			
2	Wild	A			2:32.84
		2) Barnes, Michelle W49	3) O'Carroll, Niamh W27	4) Horcica, Karla W47	
	35.30 1:14.66 1:57.57	2:32.84			
3	Edmonton Master Swim Club	B			2:37.60
	1) Banser, Pamela W62	2) Jerace, Allyson W45	3) Trembath, Margot W67	4) Hall, Pamela W50	
	35.57 1:12.56 1:56.52	2:37.60			

Event 17B Women 160-199 200 SC Meter Freestyle Relay

1	Foothills Masters Swim Club	A			2:15.71
	1) D'Astous, Karine W44	2) Acheson, Lynn W47	3) Harvey, Lisa W53	4) Long, Jani W56	
	31.99 1:03.00 1:45.38	2:15.71			

Event 17C Men 120-159 200 SC Meter Freestyle Relay

1	Edmonton Master Swim Club	A			1:52.72
	1) Kowalik, Matthew M31	2) Maxwell, Munro M19	3) Van Den Bruel, Jordan M22	4) Maxwell, Parker M19	
	24.95 53.81 1:32.36	1:52.72			
2	Edmonton Master Swim Club	B			1:57.20
	1) Edelenbosch, Florian M30	2) Jensen, Karl M36	3) Salazar Lopez, Jesus M31	4) Kafara, Rylan M40	
	28.34 59.96 1:31.16	1:57.20			

Event 17C Men 160-199 200 SC Meter Freestyle Relay

1	Making Waves Masters Swim Club	A			2:19.21
	1) Cudmore, Matt M33	2) Levesque, Alain M63	3) Sayers, Steven M49	4) Montoya, Walter M27	
	31.56 1:09.34 1:47.12	2:19.21			

Event 18 Men 18-24 200 SC Meter Butterfly

1	Wilks, Wesley	23	Different Strokes		3:07.42
	38.28 1:25.91 2:17.35	3:07.42			

Event 19 Women 18-24 100 SC Meter Freestyle

1	Busby, Harriet	20	University of Alberta Masters		1:08.87
	32.56 1:08.87				
2	Jenkins, Robyn	24	Edmonton Master Swim Club		1:15.06
	36.12 1:15.06				

Event 19 Women 30-34 100 SC Meter Freestyle

1	Ridenour, Christine	31	Edmonton Master Swim Club		1:07.93
	33.11 1:07.93				
2	Klein, Amiah	30	Edmonton Master Swim Club		1:18.73

Event 19 Women 35-39 100 SC Meter Freestyle

1	Kuperus, Katherine	36	Edmonton Master Swim Club		1:10.12
	33.42 1:10.12				
3	Evenson, Natasha	38	Edmonton Master Swim Club		1:19.10
4	Douthwaite, Elizabeth	39	Red Deer Masters Silver Sharks		1:22.61
5	Rumley, Carly	37	Edmonton Master Swim Club		1:31.83

Event 19 Women 40-44 100 SC Meter Freestyle

1	Gregory, Melissa	41	Wild		1:08.68
	32.73 1:08.68				
2	D'Astous, Karine	44	Foothills Masters Swim Club		1:10.01
	33.52 1:10.01				

Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 19 Women 45-49 100 SC Meter Freestyle**

1	Acheson, Lynn	47	Foothills Masters Swim Club	1:10.48
	33.46	1:10.48		
2	Jerace, Allyson	45	Edmonton Master Swim Club	1:28.13

Event 19 Women 50-54 100 SC Meter Freestyle

1	Harvey, Lisa	53	Foothills Masters Swim Club	1:24.68
	40.72	1:24.68		

Event 19 Women 60-64 100 SC Meter Freestyle

1	Banser, Pamela	62	Edmonton Master Swim Club	1:15.49
	36.36	1:15.49		

Event 19 Women 65-69 100 SC Meter Freestyle

1	Trembath, Margot	67	Edmonton Master Swim Club	1:43.95
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Event 19 Women 70-74 100 SC Meter Freestyle

1	Hopkins, Mary-Helen	73	Wild	1:44.96
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Event 19 Men 18-24 100 SC Meter Freestyle

1	Ouellette, Lucas	21	University of Alberta Masters	1:01.10
	29.13	1:01.10		
2	Slobodianyuk, Bogdan	18	University of Alberta Masters	1:06.87
	30.47	1:06.87		

Event 19 Men 25-29 100 SC Meter Freestyle

1	Parra, Ricardo	25	Calgary Masters Swim Club	54.35
	26.36	54.35		
3	Bester, Brent J	28	Calgary Masters Swim Club	1:05.65
	30.40	1:05.65		
4	Montoya, Walter	27	Making Waves Masters Swim Club	1:10.69
	33.05	1:10.69		
5	Su, Ethan	28	Making Waves Masters Swim Club	1:12.21
	35.04	1:12.21		
6	Pak, Christian	28	Making Waves Masters Swim Club	1:17.11

Event 19 Men 30-34 100 SC Meter Freestyle

1	Edelenbosch, Florian	30	Edmonton Master Swim Club	1:01.06
	30.03	1:01.06		
2	Salazar Lopez, Jesus	31	Edmonton Master Swim Club	1:10.64
	33.55	1:10.64		

Event 19 Men 35-39 100 SC Meter Freestyle

1	Irvine, Tyler	37	Edmonton Master Swim Club	1:02.81
	29.74	1:02.81		
2	Jensen, Karl	36	Edmonton Master Swim Club	1:12.01
	34.19	1:12.01		

Event 19 Men 45-49 100 SC Meter Freestyle

1	Telang, Mark	46	Wild	1:11.90
	34.02	1:11.90		

Event 19 Men 50-54 100 SC Meter Freestyle

1	Stewart, David	52	Edmonton Master Swim Club	1:13.58
	34.56	1:13.58		

Event 19 Men 60-64 100 SC Meter Freestyle

1	Lewis, Barry	61	Edmonton Master Swim Club	1:03.38
	30.89	1:03.38		

Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 19 Men 65-69 100 SC Meter Freestyle**

1	van der Sluis, Roy	65	Red Deer Masters Silver Sharks	1:16.34
	36.18	1:16.34		

Event 20 Women 18-24 50 SC Meter Breaststroke

1	Geremia, Annalise	18	University of Alberta Masters	36.38
2	Grimshaw, Rowen	22	University of Alberta Masters	37.94
3	Hayhoe, Ellen	21	Edmonton Master Swim Club	38.93
4	Cadieux, Oriana	23	Fast Eddie's Masters Swim Club	42.11

Event 20 Women 30-34 50 SC Meter Breaststroke

1	Field, Kinga	32	Red Deer Masters Silver Sharks	48.92
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Event 20 Women 35-39 50 SC Meter Breaststroke

1	Rumley, Carly	37	Edmonton Master Swim Club	53.15
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Event 20 Women 45-49 50 SC Meter Breaststroke

1	Horcica, Karla	47	Wild	43.10
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Event 20 Women 50-54 50 SC Meter Breaststroke

1	Sanatkaran, Sherry	53	Red Deer Masters Silver Sharks	56.98
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Event 20 Women 55-59 50 SC Meter Breaststroke

1	Long, Jani	56	Foothills Masters Swim Club	41.23
2	Bragg, Elaine	56	Edmonton Master Swim Club	44.37
3	Zaidan, Charlene	55	Saskatoon Goldfins Swim Club	48.26

Event 20 Women 60-64 50 SC Meter Breaststroke

1	Pownall, Frances	60	Fast Eddie's Masters Swim Club	52.68
2	Trick-Wilks, Teena	62	Different Strokes	1:33.77

Event 20 Women 65-69 50 SC Meter Breaststroke

1	Trembath, Margot	67	Edmonton Master Swim Club	59.16
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Event 20 Women 75-79 50 SC Meter Breaststroke

1	Campbell, Heather	76	Saskatoon Goldfins Swim Club	1:28.39
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Event 20 Men 18-24 50 SC Meter Breaststroke

1	Wiedemeyer, Martin	22	Fast Eddie's Masters Swim Club	39.27
2	Van Den Bruel, Jordan	22	Edmonton Master Swim Club	39.71
3	Heiskanen, Lucas	23	Red Deer Masters Silver Sharks	57.21

Event 20 Men 25-29 50 SC Meter Breaststroke

2	Udovichenko, Artur	27	Edmonton Master Swim Club	43.08
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Event 20 Men 30-34 50 SC Meter Breaststroke

1	Cudmore, Matt	33	Making Waves Masters Swim Club	46.87
2	Song, Won-Yong	34	University of Alberta Masters	48.65

Event 20 Men 35-39 50 SC Meter Breaststroke

1	Potvin, Richard	37	Red Deer Masters Silver Sharks	44.62
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Event 20 Men 40-44 50 SC Meter Breaststroke

1	Schiewe, Dylan	43	Edmonton Master Swim Club	38.20
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Event 20 Men 45-49 50 SC Meter Breaststroke

1	Wu, Bill	49	Making Waves Masters Swim Club	43.34
2	Lobsinger, Scott K	46	Calgary Masters Swim Club	44.77
3	Sayers, Steven	49	Making Waves Masters Swim Club	45.42

Twos The Month Before Christmas 2023 - 2023-11-25**Results****(Event 20 Men 45-49 50 SC Meter Breaststroke)**

4	Telang, Mark	46	Wild	46.53
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Event 20 Men 50-54 50 SC Meter Breaststroke

1	Burrell, Jason	53	Rocky Mountain Masters	41.93
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2	Darwish Hassan, Ahmed D	54	Fast Eddie's Masters Swim Club	42.81
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Event 20 Men 60-64 50 SC Meter Breaststroke

1	Floyd, Tim	63	Edmonton Master Swim Club	39.62
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2	Ali, Hisham	62	Fast Eddie's Masters Swim Club	39.82
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3	Parrish, Adam	60	Edmonton Master Swim Club	40.84
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4	Levesque, Alain	63	Making Waves Masters Swim Club	47.50
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Event 21 Women 25-29 25 SC Meter Backstroke

1	O'Carroll, Niamh	27	Wild	24.67
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Event 21 Women 35-39 25 SC Meter Backstroke

1	Evenson, Natasha	38	Edmonton Master Swim Club	17.70
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Event 21 Women 45-49 25 SC Meter Backstroke

1	Brown, Lisa	49	Calgary Nomads Masters Swim	16.95
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2	Curran, Rhonda Lee	47	University of Alberta Masters	22.24
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Event 21 Women 50-54 25 SC Meter Backstroke

1	Younger, Debbie	52	Edmonton Master Swim Club	16.37
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Event 21 Women 60-64 25 SC Meter Backstroke

1	Gilewicz, Denise	60	Saskatoon Goldfins Swim Club	20.35
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Event 21 Women 65-69 25 SC Meter Backstroke

1	Fradette, Karen	66	Edmonton Master Swim Club	21.29
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Event 21 Women 75-79 25 SC Meter Backstroke

1	Blakely, Pat	76	Regina Masters-SK	30.18
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Event 21 Men 30-34 25 SC Meter Backstroke

1	Cudmore, Matt	33	Making Waves Masters Swim Club	18.39
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Event 21 Men 45-49 25 SC Meter Backstroke

1	Stansberry, Mike	45	Making Waves Masters Swim Club	19.25
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2	Wu, Bill	49	Making Waves Masters Swim Club	23.97
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Event 21 Men 50-54 25 SC Meter Backstroke

1	Baumgardt, Kevin	50	Red Deer Masters Silver Sharks	19.43
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Event 21 Men 60-64 25 SC Meter Backstroke

1	Levesque, Alain	63	Making Waves Masters Swim Club	24.01
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Event 21 Men 65-69 25 SC Meter Backstroke

1	Levesque, Mike	67	Saskatoon Goldfins Swim Club	23.57
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Event 21 Men 75-79 25 SC Meter Backstroke

1	Blakely, Doug	76	Regina Masters-SK	26.71
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Event 22 Women 18-24 200 SC Meter IM

1	Grimshaw, Rowen	22	University of Alberta Masters	2:50.01
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36.79	1:20.59	2:08.30	2:50.01
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2	Cadieux, Oriana	23	Fast Eddie's Masters Swim Club	3:08.15
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41.90	1:31.40	2:23.34	3:08.15
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Twos The Month Before Christmas 2023 - 2023-11-25**Results****Event 22 Women 35-39 200 SC Meter IM**

1	Moe, Birget	39	Edmonton Master Swim Club	3:05.22
	41.01 1:31.06 2:24.53 3:05.22			

Event 22 Women 40-44 200 SC Meter IM

1	D'Astous, Karine	44	Foothills Masters Swim Club	2:59.25
	39.36 1:27.34 2:19.68 2:59.25			
2	Birbeck, Taniya	44	Wild	3:49.14
	53.59 1:54.03 2:57.36 3:49.14			

Event 22 Women 50-54 200 SC Meter IM

1	Latajka, Robin	50	Calgary Nomads Masters Swim	3:13.09
	42.66 1:31.55 2:27.66 3:13.09			
2	Harvey, Lisa	53	Foothills Masters Swim Club	3:18.64
	46.18 1:37.23 2:33.13 3:18.64			
3	Hall, Pamela	50	Edmonton Master Swim Club	3:50.49
	52.83 1:55.81 3:01.95 3:50.49			

Event 22 Men 18-24 200 SC Meter IM

1	Maxwell, Parker	19	Edmonton Master Swim Club	2:40.49
	31.30 1:14.84 2:02.67 2:40.49			

Event 22 Men 30-34 200 SC Meter IM

1	Solis, Manuel	34	Calgary Masters Swim Club	2:44.91
	34.45 1:18.07 2:05.65 2:44.91			

Event 22 Men 35-39 200 SC Meter IM

1	Irvine, Tyler	37	Edmonton Master Swim Club	2:39.76
	33.76 1:15.31 2:02.14 2:39.76			

Event 22 Men 45-49 200 SC Meter IM

1	Anderson, Baerach	48	Edmonton Master Swim Club	2:36.04
	33.73 1:16.08 2:01.89 2:36.04			

Event 22 Men 60-64 200 SC Meter IM

1	Parrish, Adam	60	Edmonton Master Swim Club	3:07.90
	40.27 1:31.66 2:23.94 3:07.90			