

FMSC 28th Annual Swim Meet - February 4, 2023, Sanction #: 38316

Spray Lake Sawmills Family Sports Centre, Cochrane

Results

Event 1 Women 30-34 400 SC Meter Freestyle

1	Mayer, Claire	32	COCO	6:22.58
	39.37	1:24.06	2:10.81	2:59.83
	3:50.00	4:41.01	5:32.33	6:22.58

Event 1 Women 35-39 400 SC Meter Freestyle

1	Elzinga, Kate	35	CMSC	5:21.65
	32.76	1:09.81	1:49.95	2:31.03
	3:12.60	3:55.04	4:38.82	5:21.65

Event 1 Women 40-44 400 SC Meter Freestyle

1	Versfeld, Carrie	42	CN	4:50.47
	32.38	1:07.42	1:43.16	2:19.91
	2:56.79	3:34.85	4:12.69	4:50.47

Event 1 Women 45-49 400 SC Meter Freestyle

1	Drinnan, Siubhan	48	EMSC	5:20.89
	35.57	1:15.53	1:56.00	2:36.75
	3:18.00	3:59.17	4:40.88	5:20.89
2	Simms, Susan	47	CN	5:23.35
	35.46	1:13.90	1:53.76	2:34.35
	3:15.95	3:58.18	4:40.89	5:23.35
3	Young, Kim	49	CALY	5:26.91
	36.38	1:15.71	1:56.70	2:38.36
	3:20.30	4:02.51	4:44.75	5:26.91
4	Freeman, Sarah	46	WILD	6:04.69
	39.72	1:23.61	2:09.19	2:54.94
	3:40.56	4:25.37	5:16.07	6:04.69

Event 1 Women 50-54 400 SC Meter Freestyle

1	Abdou, Angie	54	EVDSC	5:06.53
	34.41	1:11.15	1:48.88	2:27.05
	3:05.18	3:44.89	4:25.77	5:06.53
2	Latajka, Robin	51	CALY	6:27.14
	41.13	1:27.41	2:15.59	3:04.61
	3:55.50	4:46.63	5:37.47	6:27.14
3	Ambrozaitis, Eugenia	50	CMSC	6:32.57
	42.05	1:31.23	2:23.15	3:14.76
	4:04.36	4:54.58	5:44.60	6:32.57

Event 1 Women 65-69 400 SC Meter Freestyle

---	Skene, Catherine	67	WILD	DQ
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Event 1 Men 35-39 400 SC Meter Freestyle

1	Hare, Art	37	COCO	5:07.02
	34.37	1:11.34	1:49.27	2:27.83
	3:06.75	3:46.81	4:26.99	5:07.02

Event 1 Men 45-49 400 SC Meter Freestyle

1	Simpson, Bo	46	WILD	4:30.22
	30.76	1:04.17	1:38.46	2:13.03
	2:47.31	3:22.08	3:56.68	4:30.22
2	Telang, Mark	46	CALY	6:05.84
	41.47	1:25.74	2:12.05	2:58.89
	3:45.80	4:33.66	5:21.06	6:05.84

Event 1 Men 50-54 400 SC Meter Freestyle

1	Smith, Matt	52	CN	5:21.29
	35.39	1:15.05	1:55.84	2:37.46
	3:18.71	4:00.88	4:42.50	5:21.29

Event 3 Women 18-24 50 SC Meter Backstroke

1	Wu, Michaela	21	UAM	34.58
2	Trautmann, Hannah	23	LASC	35.26

Event 3 Women 30-34 50 SC Meter Backstroke

1	Craig, Jessica	34	CMSC	35.52
2	Schmidt, Jaclyn	34	CMSC	40.10

Event 3 Women 35-39 50 SC Meter Backstroke

1	Tonkin, Dani	35	STRAT	34.80
2	Bagasan, Erika	35	COCO	44.44

Event 3 Women 40-44 50 SC Meter Backstroke

1	Regehr, Melanie	43	RMM	43.31
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Event 3 Women 45-49 50 SC Meter Backstroke

1	Roen, Shannon	45	CALY	40.10
2	Cheung, Sandy	47	WILD	41.11
3	McDonald, Daria	47	CN	41.34
4	Cook, Jane	47	CMSC	42.10
5	Twarowski, Dawn	49	CALY	57.72

Event 3 Women 50-54 50 SC Meter Backstroke

1	Cousineau, Anne	54	CMSC	38.19
2	Wallace, Laurie	54	CMSC	42.40
3	Craig, Taunya	50	CMSC	48.17
4	Ambrozaitis, Eugenia	50	CMSC	49.89

Event 3 Women 55-59 50 SC Meter Backstroke

1	Zwicker, Jane	58	AMAM	55.27
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Event 3 Women 60-64 50 SC Meter Backstroke

1	Besant, Joan	64	DSM	49.64
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Event 3 Women 65-69 50 SC Meter Backstroke

1	Gunn, Joan	68	COCO	45.87
2	Gammack, Andrea	65	CMSC	1:05.85

Event 3 Men 18-24 50 SC Meter Backstroke

1	Patten, Nathaniel	21	UAM	30.77
2	Hammer, Bryson	20	UAM	36.34

Event 3 Men 25-29 50 SC Meter Backstroke

1	Waddell, Brent	27	EMSC	30.14
2	Mooney, Keelan	28	RMM	34.30

Event 3 Men 40-44 50 SC Meter Backstroke

1	Palmer, Sean	40	AMAM	36.34
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Event 3 Men 45-49 50 SC Meter Backstroke

1	McCormick, Matt	46	CN	38.60
2	Lobsinger, Scott	46	CMSC	43.17

Event 3 Men 50-54 50 SC Meter Backstroke

1	Burrell, Jason	53	RMM	36.07
2	Oldershaw, Jolyan	51	WILD	37.76

Event 3 Men 55-59 50 SC Meter Backstroke

1	Andruchow, Grant	57	EMSC	34.77
2	McKeen, Doug	57	CALY	35.04
3	White, Duncan	58	FMSC	41.67

Event 3 Men 60-64 50 SC Meter Backstroke

1	Zwicker, Kelly	60	AMAM	42.75
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Spray Lake Sawmills Family Sports Centre, Cochrane

Results

Event 4 Women 18-24 100 SC Meter Breaststroke

2	Zheleva, Stela	21	UAM	1:56.27
	50.47	1:56.27		

Event 4 Women 35-39 100 SC Meter Breaststroke

1	Schubert, Danielle	38	FMSC	1:28.01
	40.81	1:28.01		
2	Morton, Shyla	36	FMSC	1:41.72
	46.98	1:41.72		
3	Spady, Dani	35	DSM	1:49.74
	52.45	1:49.74		

Event 4 Women 40-44 100 SC Meter Breaststroke

1	Hounslow, Michelle	44	COCO	1:46.58
	49.87	1:46.58		

Event 4 Women 45-49 100 SC Meter Breaststroke

1	Tardif, Natalie	49	CMSC	1:23.81
	39.48	1:23.81		
2	Acheson, Lynn	47	FMSC	1:34.64
	44.30	1:34.64		
3	Fleming, Katherine	49	CMSC	1:37.63
	46.16	1:37.63		

Event 4 Women 50-54 100 SC Meter Breaststroke

1	Brett, Koren	53	WILD	1:37.94
	45.89	1:37.94		

Event 4 Women 55-59 100 SC Meter Breaststroke

1	Long, Jani	56	FMSC	1:29.54
	42.59	1:29.54		
2	Parker, Jennifer	55	FMSC	1:49.03
	52.90	1:49.03		

Event 4 Men 18-24 100 SC Meter Breaststroke

1	Ackroyd, Peirce	21	DSM	1:28.88
	41.55	1:28.88		

Event 4 Men 25-29 100 SC Meter Breaststroke

1	Verhesen, Jacob	29	WILD	1:12.96
	34.12	1:12.96		
2	Bester, Brent	28	CMSC	1:13.72
	34.66	1:13.72		

Event 4 Men 30-34 100 SC Meter Breaststroke

1	Solis, Manuel	34	CMSC	1:26.93
	41.23	1:26.93		

Event 4 Men 40-44 100 SC Meter Breaststroke

1	Daniels, Breanden	41	CN	1:43.38
	46.88	1:43.38		

Event 4 Men 45-49 100 SC Meter Breaststroke

1	Kruse, Kris	46	CMSC	1:23.35
	38.45	1:23.35		

Event 4 Men 50-54 100 SC Meter Breaststroke

1	Oldershaw, Jolyan	51	WILD	1:33.68
	43.38	1:33.68		

Event 4 Men 60-64 100 SC Meter Breaststroke

1	Zwicker, Kelly	60	AMAM	1:35.04
	44.32	1:35.04		

Event 5 Women 18-24 50 SC Meter Butterfly

1	Wu, Michaela	21	UAM	32.94
2	Trautmann, Hannah	23	LASC	35.88

Event 5 Women 25-29 50 SC Meter Butterfly

1	Jeffery, Emily	29	CMSC	53.54
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Event 5 Women 30-34 50 SC Meter Butterfly

1	Mackay, Sarah	31	CMSC	31.13
2	Schmidt, Jaclyn	34	CMSC	39.13
3	Coombes, Karli	30	DSM	39.32
4	Mayer, Claire	32	COCO	46.21

Event 5 Women 35-39 50 SC Meter Butterfly

1	Elzinga, Kate	35	CMSC	34.47
2	Schubert, Danielle	38	FMSC	37.53
3	Tonkin, Dani	35	STRAT	37.82
4	Morton, Shyla	36	FMSC	46.18

Event 5 Women 40-44 50 SC Meter Butterfly

1	Versfeld, Carrie	42	CN	31.62
2	Wang, Jaya	41	CMSC	44.29

Event 5 Women 45-49 50 SC Meter Butterfly

1	Sitch, Nikki	47	CALY	41.18
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Event 5 Women 50-54 50 SC Meter Butterfly

1	Hardy, Trish	51	CALY	35.02
2	Wallace, Laurie	54	CMSC	39.45
3	Hamilton, Paige	51	CN	42.33
4	Latajka, Robin	51	CALY	43.18

Event 5 Women 55-59 50 SC Meter Butterfly

1	Parker, Jennifer	55	FMSC	40.78
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Event 5 Women 65-69 50 SC Meter Butterfly

1	Gunn, Joan	68	COCO	45.13
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Event 5 Men 18-24 50 SC Meter Butterfly

1	Patten, Nathaniel	21	UAM	28.07
2	Maxwell, Parker	19	EMSC	28.77
3	Ouellette, Lucas	21	UAM	28.89
4	Babott, Nicholas	21	CMSC	32.00
5	Chizen, Colton	24	UAM	35.68
6	Ackroyd, Peirce	21	DSM	37.69
7	Laratta, Matteo	23	CN	42.15

Event 5 Men 25-29 50 SC Meter Butterfly

1	Verhesen, Jacob	29	WILD	27.72
2	Waddell, Brent	27	EMSC	29.20
3	Bester, Brent	28	CMSC	31.64
4	Rodriguez, Andres	27	DSM	35.78

Event 5 Men 30-34 50 SC Meter Butterfly

1	Bronsch, Ben	33	COCO	29.31
2	Ritchie, Steven	33	CN	29.46
3	Mousavi, Ramin	30	UAM	42.84

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Results

Event 5 Men 45-49 50 SC Meter Butterfly	11 McDonald, Daria	47 CN	37.37
1 Parly, Connor	45 WILD		32.61
2 Lobsinger, Scott	46 CMSC		35.52
Event 5 Men 50-54 50 SC Meter Butterfly	Event 7 Women 50-54 50 SC Meter Freestyle		
1 Smith, Matt	52 CN		31.42
Event 5 Men 55-59 50 SC Meter Butterfly	1 Abdou, Angie	54 EVDSC	30.44
1 Andruchow, Grant	57 EMSC		30.97
2 Ansell, Jim	57 DSM		34.53
Event 5 Men 60-64 50 SC Meter Butterfly	2 Hamilton, Paige	51 CN	35.77
1 Daniel, Chris	63 WILD		29.75
2 Dyck, Don	60 WILD		33.23
Event 5 Men 65-69 50 SC Meter Butterfly	3 Wallace, Laurie	54 CMSC	36.96
1 Toumishey, George	67 COCO		54.33
Event 5 Men 70-74 50 SC Meter Butterfly	4 Ambrozaitis, Eugenia	50 CMSC	37.93
1 Dickson, Dave	70 CMSC		36.17
Event 7 Women 18-24 50 SC Meter Freestyle	5 English, Tara	51 COCO	46.93
1 Wu, Michaela	21 UAM		30.74
2 Trautmann, Hannah	23 LASC		31.32
3 Zheleva, Stela	21 UAM		36.41
Event 7 Women 25-29 50 SC Meter Freestyle	8 Brett, Koren	53 WILD	34.94
1 Jeffery, Emily	29 CMSC		42.51
Event 7 Women 30-34 50 SC Meter Freestyle	Event 7 Women 55-59 50 SC Meter Freestyle		
1 Mackay, Sarah	64 DSM		42.33
2 Coombes, Karli	64 FMSC		50.35
3 Mayer, Claire	32 COCO		34.88
4 Schmidt, Jaclyn	34 CMSC		35.32
5 McGregor, Karina	33 COCO		37.22
Event 7 Women 35-39 50 SC Meter Freestyle	Event 7 Women 60-64 50 SC Meter Freestyle		
1 Schubert, Danielle	67 WILD		37.35
2 Tonkin, Dani	29 WILD		25.91
3 Elzinga, Kate	35 CMSC		31.81
4 Kellar, Shea	36 COCO		37.07
5 Morton, Shyla	36 FMSC		38.66
6 Bagasan, Erika	35 COCO		39.62
7 Spady, Dani	35 DSM		45.10
8 Hutton, Sarah	39 DSM		48.89
Event 7 Women 40-44 50 SC Meter Freestyle	Event 7 Men 18-24 50 SC Meter Freestyle		
1 Fox, Margarita	19 EMSC		26.92
2 Regehr, Melanie	21 UAM		27.32
3 Hounslow, Michelle	21 CMSC		28.70
4 Wang, Jaya	20 UAM		29.64
Event 7 Women 45-49 50 SC Meter Freestyle	5 Chizen, Colton	24 UAM	31.52
1 Tardif, Natalie	49 CMSC		32.06
2 Roen, Shannon	45 CALY		32.37
3 Fleming, Katherine	49 CMSC		32.53
4 Cheung, Sandy	47 WILD		32.64
5 Acheson, Lynn	47 FMSC		32.65
6 Simms, Susan	47 CN		33.82
7 Cook, Jane	47 CMSC		34.33
9 Freeman, Sarah	46 WILD		35.26
10 Sitch, Nikki	47 CALY		36.74
	7 Ackroyd, Peirce	21 DSM	32.70
	Event 7 Men 25-29 50 SC Meter Freestyle		
	1 Waddell, Brent	27 EMSC	25.80
	2 Verhesen, Jacob	29 WILD	25.91
	3 Rodriguez, Andres	27 DSM	29.87
	4 Christoffel, Devon	26 UAM	30.77
	Event 7 Men 30-34 50 SC Meter Freestyle		
	1 Siarkowski, Michael	32 CMSC	25.40
	2 Bronsch, Ben	33 COCO	27.14
	3 Ritchie, Steven	33 CN	27.58
	4 Edelenbosch, Florian	31 EMSC	29.29
	5 Solis, Manuel	34 CMSC	31.35
	6 Mousavi, Ramin	30 UAM	34.48
	Event 7 Men 35-39 50 SC Meter Freestyle		
	1 Spoldi, Vitto	37 CN	26.26
	2 Robinson, Andrew	39 AMAM	29.68
	Event 7 Men 40-44 50 SC Meter Freestyle		
	1 Palmer, Sean	40 AMAM	30.41
	2 Daniels, Breanden	41 CN	33.78
	Event 7 Men 45-49 50 SC Meter Freestyle		
	1 Washbrook, Ian	46 FMSC	26.70
	2 Parly, Connor	45 WILD	30.00
	3 McCormick, Matt	46 CN	30.83
	4 Kruse, Kris	46 CMSC	31.73
	5 Lobsinger, Scott	46 CMSC	33.68
	6 McFadyen, Peter	49 AMAM	38.77

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Results

Event 7 Men 50-54 50 SC Meter Freestyle

1	Smith, Matt	52	CN	29.35
2	Burrell, Jason	53	RMM	29.70
3	Oldershaw, Jolyan	51	WILD	31.97

Event 7 Men 55-59 50 SC Meter Freestyle

1	McKeen, Doug	57	CALY	28.42
2	Andruchow, Grant	57	EMSC	29.92
3	White, Duncan	58	FMSC	33.19

Event 7 Men 60-64 50 SC Meter Freestyle

1	Lewis, Barry	61	EMSC	28.69
2	Dyck, Don	60	WILD	31.37
3	Simpson, Scott	61	COCO	44.83
---	Daniel, Chris	63	WILD	DQ

Event 7 Men 65-69 50 SC Meter Freestyle

1	Ulmer, Harri	65	DSM	35.22
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Event 7 Men 80-84 50 SC Meter Freestyle

1	Fry, Jim	82	CMSC	39.76
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Event 8 Women 18-24 100 SC Meter Backstroke

1	Trautmann, Hannah	23	LASC	1:19.73
				38.54 1:19.73

Event 8 Women 30-34 100 SC Meter Backstroke

1	Craig, Jessika	34	CMSC	1:16.91
				37.81 1:16.91

Event 8 Women 35-39 100 SC Meter Backstroke

1	Tonkin, Dani	35	STRAT	1:16.30
				36.87 1:16.30

Event 8 Women 45-49 100 SC Meter Backstroke

1	Cook, Jane	47	CMSC	1:32.73
				44.39 1:32.73

Event 8 Women 50-54 100 SC Meter Backstroke

1	Cousineau, Anne	54	CMSC	1:20.84
				39.94 1:20.84
2	Hardy, Trish	51	CALY	1:26.21
				41.43 1:26.21
3	Latajka, Robin	51	CALY	1:31.77
				45.03 1:31.77

Event 8 Women 65-69 100 SC Meter Backstroke

1	Gunn, Joan	68	COCO	1:38.42
				47.66 1:38.42

Event 8 Men 18-24 100 SC Meter Backstroke

1	Hammer, Bryson	20	UAM	1:19.10
				38.21 1:19.10

Event 8 Men 55-59 100 SC Meter Backstroke

1	Ansell, Jim	57	DSM	1:19.08
				37.95 1:19.08

Event 8 Men 60-64 100 SC Meter Backstroke

1	Zwicker, Kelly	60	AMAM	1:32.47
				45.50 1:32.47

Event 9 Women 45-49 100 SC Meter Butterfly

1	Drinnan, Siubhan	48	EMSC	1:16.08
				35.59 1:16.08

Event 9 Women 50-54 100 SC Meter Butterfly

1	Abdou, Angie	54	EVDSC	1:21.24
				37.83 1:21.24

Event 9 Men 18-24 100 SC Meter Butterfly

1	Patten, Nathaniel	21	UAM	1:02.92
				28.85 1:02.92
2	Maxwell, Parker	19	EMSC	1:06.90
				31.00 1:06.90
3	Ouellette, Lucas	21	UAM	1:09.41
				31.66 1:09.41

Event 9 Men 50-54 100 SC Meter Butterfly

1	de Vlieger, David	52	CN	1:07.78
				32.23 1:07.78

Event 10 Women 160-199 200 SC Meter Medley Relay

1	FMSC	A	2:29.47
	1) Schubert, Danielle W38	2) Long, Jani W56	
	3) D'Astous, Karine W45	4) Acheson, Lynn W47	
			37.24 1:19.31 1:57.20 2:29.47
2	CN	A	2:34.29
	1) McDonald, Daria W47	2) Hamilton, Paige W51	
	3) Versfeld, Carrie W42	4) Simms, Susan W47	
			41.02 1:30.19 2:01.50 2:34.29
3	COCO	A	3:02.01
	1) McGregor, Karina W33	2) Hounslow, Michelle W44	
	3) Bagasan, Erika W35	4) English, Tara W51	
			44.18 1:31.07 2:16.10 3:02.01
4	DSM	A	3:06.80
	1) Besant, Joan W64	2) Spady, Dani W35	
	3) Coombes, Karli W30	4) Hutton, Sarah W39	
			48.33 1:38.71 2:20.57 3:06.80

Event 10 Women 240-279 200 SC Meter Medley Relay

1	FMSC	B	3:21.19
	1) Neaves, Lesley W63	2) Dolan, Patti W64	
	3) Finnie, Barb W70	4) Braden, Sandra W67	
			49.56 1:53.86 2:40.41 3:21.19

Event 11 Men 72-99 200 SC Meter Medley Relay

1	UAM	A	2:18.85
	1) Hammer, Bryson M20	2) Christoffel, Devon M26	
	3) Patten, Nathaniel M21	4) Ouellette, Lucas M21	
			37.39 1:18.39 1:46.55 2:18.85

Event 11 Men 120-159 200 SC Meter Medley Relay

1	CN	A	2:25.74
	1) McCormick, Matt M46	2) Daniels, Breanden M41	
	3) Spoldi, Vitto M37	4) Laratta, Matteo M23	
			39.01 1:22.58 1:53.68 2:25.74
---	FMSC	A	DQ
	1) White, Duncan M58	2) Horn, Chris M50	
	3) Washbrook, Ian M46	4) McLean, Mike M58	
			40.76 1:18.13 1:49.73 DQ

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Results

Event 11 Men 160-199 200 SC Meter Medley Relay

1	PENGM	A		2:25.57
	1) Ansell, Jim M57	2) Ackroyd, Peirce M21		
	3) Rodriguez, Andres M27	4) Ulmer, Harri M65		
	35.23	1:16.26	1:50.96	2:25.57
2	AMAM	A		2:31.72
	1) Palmer, Sean M40	2) Zwicker, Kelly M60		
	3) Robinson, Andrew M39	4) McFadyen, Peter M49		
	36.21	1:17.94	1:52.39	2:31.72

Event 12 Women 35-39 200 SC Meter Freestyle

1	Elzinga, Kate	35	CMSC	2:31.17
	33.89	1:11.83	1:51.67	2:31.17

Event 12 Women 40-44 200 SC Meter Freestyle

1	Wang, Jaya	41	CMSC	2:58.67
	40.35	1:25.44	2:12.95	2:58.67

Event 12 Women 45-49 200 SC Meter Freestyle

1	Simms, Susan	47	CN	2:35.23
	35.52	1:14.39	1:54.64	2:35.23
2	Drinnan, Siubhan	48	EMSC	2:35.60
	35.93	1:15.37	1:56.16	2:35.60
3	D'Astous, Karine	45	FMSC	2:39.54
	36.63	1:16.97	1:58.54	2:39.54
4	Freeman, Sarah	46	WILD	2:50.81
	38.75	1:20.82	2:06.48	2:50.81

Event 12 Women 50-54 200 SC Meter Freestyle

1	Abdou, Angie	54	EVDSC	2:24.22
	33.25	1:09.70	1:46.56	2:24.22
2	Hardy, Trish	51	CALY	2:50.72
	37.84	1:20.90	2:05.93	2:50.72
3	Hamilton, Paige	51	CN	2:56.47
	40.39	1:25.26	2:11.70	2:56.47

Event 12 Women 55-59 200 SC Meter Freestyle

1	Parker, Jennifer	55	FMSC	2:55.74
	40.92	1:24.96	2:10.61	2:55.74

Event 12 Women 65-69 200 SC Meter Freestyle

1	Skene, Catherine	67	WILD	3:17.21
	45.37	1:36.47	2:28.68	3:17.21

Event 12 Men 30-34 200 SC Meter Freestyle

1	Edelenbosch, Florian	31	EMSC	2:17.13
	31.86	1:07.48	1:42.56	2:17.13

Event 12 Men 45-49 200 SC Meter Freestyle

1	Simpson, Bo	46	WILD	2:07.85
	29.45	1:01.31	1:34.07	2:07.85
2	Washbrook, Ian	46	FMSC	2:13.58
	30.29	1:04.21	1:38.76	2:13.58
3	McCormick, Matt	46	CN	2:43.77
	35.79	1:16.37	2:00.69	2:43.77

Event 12 Men 50-54 200 SC Meter Freestyle

1	Burrell, Jason	53	RMM	2:36.28
	36.10	1:15.34	1:56.04	2:36.28

Event 12 Men 60-64 200 SC Meter Freestyle

1	Kriwokon, Brent	61	CMSC	3:14.85
	40.67	1:29.79	2:24.90	3:14.85

Event 12 Men 70-74 200 SC Meter Freestyle

1	Dickson, Dave	70	CMSC	2:34.96
	34.20	1:13.06	1:54.12	2:34.96

Event 12 Men 80-84 200 SC Meter Freestyle

1	Fry, Jim	82	CMSC	3:28.51
	44.02	1:34.85	2:30.43	3:28.51

Event 16 Women 18-24 50 SC Meter Breaststroke

1	Wu, Michaela	21	UAM	41.94
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Event 16 Women 25-29 50 SC Meter Breaststroke

1	Jeffery, Emily	29	CMSC	57.72
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Event 16 Women 30-34 50 SC Meter Breaststroke

1	Coombes, Karli	30	DSM	45.48
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Event 16 Women 35-39 50 SC Meter Breaststroke

1	Schubert, Danielle	38	FMSC	40.61
2	Spady, Dani	35	DSM	49.11
3	Hutton, Sarah	39	DSM	52.07

Event 16 Women 40-44 50 SC Meter Breaststroke

1	Fox, Margarita	41	WILD	38.32
2	Regehr, Melanie	43	RMM	45.02
3	Hounslow, Michelle	44	COCO	47.95

Event 16 Women 45-49 50 SC Meter Breaststroke

1	Tardif, Natalie	49	CMSC	38.57
2	Cheung, Sandy	47	WILD	42.48
3	Roen, Shannon	45	CALY	42.97
4	Acheson, Lynn	47	FMSC	43.66
5	Sitch, Nikki	47	CALY	47.84
6	Cook, Jane	47	CMSC	49.23

Event 16 Women 50-54 50 SC Meter Breaststroke

1	Brett, Koren	53	WILD	44.88
2	Wallace, Laurie	54	CMSC	48.69
3	Swedlo, Amy	51	COCO	55.56

Event 16 Women 55-59 50 SC Meter Breaststroke

1	Long, Jani	56	FMSC	40.90
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Event 16 Women 60-64 50 SC Meter Breaststroke

1	Dolan, Patti	64	FMSC	1:06.26
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Event 16 Women 65-69 50 SC Meter Breaststroke

1	Gammack, Andrea	65	CMSC	59.36
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Event 16 Men 18-24 50 SC Meter Breaststroke

1	Maxwell, Parker	19	EMSC	35.86
2	Babott, Nicholas	21	CMSC	40.04
3	Ackroyd, Peirce	21	DSM	40.65

Event 16 Men 25-29 50 SC Meter Breaststroke

1	Rodriguez, Andres	27	DSM	39.39
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Event 16 Men 30-34 50 SC Meter Breaststroke

1	Ritchie, Steven	33	CN	35.28
2	Solis, Manuel	34	CMSC	39.53

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(Event 16 Men 30-34 50 SC Meter Breaststroke)

3	Mousavi, Ramin	30	UAM	41.47
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Event 16 Men 40-44 50 SC Meter Breaststroke

1	Palmer, Sean	40	AMAM	41.45
2	Daniels, Breanden	41	CN	44.63

Event 16 Men 45-49 50 SC Meter Breaststroke

1	Lobsinger, Scott	46	CMSC	43.35
2	McFadyen, Peter	49	AMAM	46.91

Event 16 Men 50-54 50 SC Meter Breaststroke

1	Oldershaw, Jolyan	51	WILD	38.91
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Event 16 Men 55-59 50 SC Meter Breaststroke

1	McKeen, Doug	57	CALY	43.77
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Event 16 Men 60-64 50 SC Meter Breaststroke

1	Lewis, Barry	61	EMSC	37.00
2	Zwicker, Kelly	60	AMAM	41.67
3	Werth, Darryn	63	CMSC	43.35
4	Simpson, Scott	61	COCO	54.25

Event 16 Men 65-69 50 SC Meter Breaststroke

1	Ulmer, Harri	65	DSM	47.86
2	Toumishey, George	67	COCO	51.74

Event 17 Women 18-24 100 SC Meter IM

1	Wu, Michaela	21	UAM	1:17.40
				33.92 1:17.40
2	Trautmann, Hannah	23	LASC	1:22.93
				35.07 1:22.93
3	Zheleva, Stela	21	UAM	1:41.28
				45.39 1:41.28

Event 17 Women 30-34 100 SC Meter IM

1	Craig, Jessica	34	CMSC	1:21.00
				37.03 1:21.00
2	Schmidt, Jaclyn	34	CMSC	1:29.83
				40.15 1:29.83
3	Mayer, Claire	32	COCO	1:33.86
				44.39 1:33.86
4	Coombes, Karli	30	DSM	1:35.64
				45.70 1:35.64

Event 17 Women 35-39 100 SC Meter IM

1	Boyd, Catherine	35	RMM	1:18.68
				36.40 1:18.68
2	Morton, Shyla	36	FMSC	1:34.53
				43.54 1:34.53
3	Kellar, Shea	36	COCO	1:41.49
				46.99 1:41.49
4	Bagasan, Erika	35	COCO	1:41.83
				45.63 1:41.83

Event 17 Women 45-49 100 SC Meter IM

1	Young, Kim	49	CALY	1:17.76
				35.88 1:17.76
2	Drinnan, Siubhan	48	EMSC	1:19.50
				38.13 1:19.50

3	Cheung, Sandy	47	WILD	1:23.40
				38.44 1:23.40

4	McDonald, Daria	47	CN	1:33.59
				41.81 1:33.59

5	Twarowski, Dawn	49	CALY	2:03.99
				1:02.82 2:03.99

Event 17 Women 50-54 100 SC Meter IM

1	Cousineau, Anne	54	CMSC	1:21.67
				37.54 1:21.67

2	Latajka, Robin	51	CALY	1:34.29
				43.33 1:34.29

Event 17 Women 55-59 100 SC Meter IM

1	Long, Jani	56	FMSC	1:25.52
				43.25 1:25.52

2	Zwicker, Jane	58	AMAM	1:59.23
				54.40 1:59.23

Event 17 Women 60-64 100 SC Meter IM

1	Besant, Joan	64	DSM	1:51.39
				49.63 1:51.39

2	Neaves, Lesley	63	FMSC	1:54.60
				54.92 1:54.60

Event 17 Women 65-69 100 SC Meter IM

1	Gunn, Joan	68	COCO	1:45.53
				46.98 1:45.53

2	Gammack, Andrea	65	CMSC	2:13.46
				1:06.11 2:13.46

Event 17 Men 18-24 100 SC Meter IM

1	Babott, Nicholas	21	CMSC	1:14.66
				34.86 1:14.66

2	Hammer, Bryson	20	UAM	1:17.69
				35.74 1:17.69

3	Ackroyd, Peirce	21	DSM	1:22.66
				38.12 1:22.66

4	Laratta, Matteo	23	CN	1:25.52
				42.73 1:25.52

---	Ouellette, Lucas	21	UAM	DQ
				33.12 DQ

Event 17 Men 25-29 100 SC Meter IM

1	Waddell, Brent	27	EMSC	1:07.10
				30.83 1:07.10

2	Bester, Brent	28	CMSC	1:11.44
				33.26 1:11.44

Event 17 Men 30-34 100 SC Meter IM

1	Mousavi, Ramin	30	UAM	1:33.97
				44.09 1:33.97

Event 17 Men 35-39 100 SC Meter IM

1	Hare, Art	37	COCO	1:15.06
				34.52 1:15.06

Event 17 Men 45-49 100 SC Meter IM

1	Telang, Mark	46	CALY	1:34.10
				45.64 1:34.10

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(Event 17 Men 45-49 100 SC Meter IM)

2	McFadyen, Peter	49	AMAM	1:57.31
	53.09	1:57.31		

Event 17 Men 50-54 100 SC Meter IM

1	de Vlieger, David	52	CN	1:10.32
	32.69	1:10.32		

Event 17 Men 55-59 100 SC Meter IM

1	McKeen, Doug	57	CALY	1:20.45
	34.24	1:20.45		

Event 17 Men 60-64 100 SC Meter IM

1	Zwicker, Kelly	60	AMAM	1:35.27
	46.41	1:35.27		

Event 17 Men 65-69 100 SC Meter IM

1	Ulmer, Harri	65	DSM	1:36.59
	46.61	1:36.59		

Event 17 Men 80-84 100 SC Meter IM

1	Fry, Jim	82	CMSC	1:44.04
	50.85	1:44.04		

Event 18 Women 18-24 100 SC Meter Freestyle

1	Zheleva, Stela	21	UAM	1:23.11
	39.76	1:23.11		

Event 18 Women 30-34 100 SC Meter Freestyle

1	Coombes, Karli	30	DSM	1:21.04
	37.38	1:21.04		

Event 18 Women 35-39 100 SC Meter Freestyle

1	Tonkin, Dani	35	STRAT	1:09.72
	33.61	1:09.72		
2	Elzinga, Kate	35	CMSC	1:10.67
	33.50	1:10.67		

Event 18 Women 40-44 100 SC Meter Freestyle

1	Wang, Jaya	41	CMSC	1:21.06
	38.96	1:21.06		
2	Hounslow, Michelle	44	COCO	1:21.63
	38.54	1:21.63		

Event 18 Women 45-49 100 SC Meter Freestyle

1	Fleming, Katherine	49	CMSC	1:10.85
	33.28	1:10.85		
2	Roen, Shannon	45	CALY	1:11.81
	34.65	1:11.81		
3	D'Astous, Karine	45	FMSC	1:12.77
	34.26	1:12.77		
4	Simms, Susan	47	CN	1:13.02
	35.34	1:13.02		
5	Acheson, Lynn	47	FMSC	1:15.03
	36.05	1:15.03		
6	Freeman, Sarah	46	WILD	1:18.80
	38.47	1:18.80		
7	Kokame, Shoko	45	CALY	1:55.63
	54.78	1:55.63		

Event 18 Women 50-54 100 SC Meter Freestyle

1	Abdou, Angie	54	EVDSC	1:05.41
	31.41	1:05.41		
*2	Hardy, Trish	51	CALY	1:15.03
	35.18	1:15.03		
*2	Brett, Koren	53	WILD	1:16.91
	37.39	1:16.91		
3	Hamilton, Paige	51	CN	1:20.73
	38.91	1:20.73		
4	Ambrozaitis, Eugenia	50	CMSC	1:26.55
	40.97	1:26.55		
5	English, Tara	51	COCO	1:49.04
	49.72	1:49.04		

Event 18 Women 65-69 100 SC Meter Freestyle

1	Skene, Catherine	67	WILD	1:25.90
	41.19	1:25.90		

Event 18 Men 18-24 100 SC Meter Freestyle

1	Patten, Nathaniel	21	UAM	59.40
	27.99	59.40		
2	Maxwell, Parker	19	EMSC	1:00.48
	28.56	1:00.48		
3	Ouellette, Lucas	21	UAM	1:02.86
	30.57	1:02.86		
4	Babott, Nicholas	21	CMSC	1:03.91
	30.53	1:03.91		
5	Laratta, Matteo	23	CN	1:10.25
	34.42	1:10.25		

Event 18 Men 25-29 100 SC Meter Freestyle

1	Verhesen, Jacob	29	WILD	57.64
	27.76	57.64		
2	Mooney, Keelan	28	RMM	1:01.81
	28.85	1:01.81		
3	Bester, Brent	28	CMSC	1:04.60
	29.70	1:04.60		
4	Christoffel, Devon	26	UAM	1:06.98
	32.06	1:06.98		

Event 18 Men 30-34 100 SC Meter Freestyle

1	Ritchie, Steven	33	CN	1:01.97
	29.67	1:01.97		
2	Edelenbosch, Florian	31	EMSC	1:03.04
	30.67	1:03.04		
3	Solis, Manuel	34	CMSC	1:08.43
	32.90	1:08.43		

Event 18 Men 35-39 100 SC Meter Freestyle

1	Robinson, Andrew	39	AMAM	1:05.75
	31.10	1:05.75		

Event 18 Men 45-49 100 SC Meter Freestyle

1	Washbrook, Ian	46	FMSC	59.17
	28.11	59.17		
2	Pardy, Connor	45	WILD	1:09.30
	31.78	1:09.30		
3	McCormick, Matt	46	CN	1:09.85
	33.25	1:09.85		

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(Event 18 Men 45-49 100 SC Meter Freestyle)

4	Kruse, Kris	46	CMSC	1:10.96
	32.60	1:10.96		
5	Telang, Mark	46	CALY	1:14.40
	35.75	1:14.40		

Event 18 Men 50-54 100 SC Meter Freestyle

1	Oldershaw, Jolyan	51	WILD	1:14.35
	34.63	1:14.35		

Event 18 Men 55-59 100 SC Meter Freestyle

1	Ansell, Jim	57	DSM	1:08.07
	32.27	1:08.07		
3	White, Duncan	58	FMSC	1:20.07
	36.35	1:20.07		

Event 18 Men 60-64 100 SC Meter Freestyle

1	Daniel, Chris	63	WILD	1:01.56
	30.60	1:01.56		
2	Lewis, Barry	61	EMSC	1:03.15
	30.34	1:03.15		
3	Dyck, Don	60	WILD	1:09.92
	33.90	1:09.92		

Event 18 Men 65-69 100 SC Meter Freestyle

1	Ulmer, Harri	65	DSM	1:22.49
	39.26	1:22.49		

Event 18 Men 70-74 100 SC Meter Freestyle

1	Dickson, Dave	70	CMSC	1:11.20
	33.98	1:11.20		

Event 18 Men 80-84 100 SC Meter Freestyle

1	Fry, Jim	82	CMSC	1:30.78
	41.92	1:30.78		

Event 19 Women 160-199 200 SC Meter Freestyle Relay

1	FMSC	B	2:10.17
	1) Long, Jani W56	2) D'Astous, Karine W45	
	3) Acheson, Lynn W47	4) Schubert, Danielle W38	
	34.57	1:07.76	1:39.21 2:10.17
2	CN	A	2:15.29
	1) Simms, Susan W47	2) Hamilton, Paige W51	
	3) Versfeld, Carrie W42	4) McDonald, Daria W47	
	33.86	1:09.88	1:38.15 2:15.29
3	CALY	A	2:31.10
	1) Twarowski, Dawn W49	2) Sitch, Nikki W47	
	3) Latajka, Robin W51	4) Roen, Shannon W45	
	45.90	1:21.45	1:58.73 2:31.10
4	COCO	A	2:40.09
	1) Hounslow, Michelle W44	2) McGregor, Karina W33	
	3) English, Tara W51	4) Bagasan, Erika W35	
	36.22	1:13.83	2:00.68 2:40.09
5	DSM	A	2:47.90
	1) Besant, Joan W64	2) Hutton, Sarah W39	
	3) Spady, Dani W35	4) Coombes, Karli W30	
	41.90	1:29.77	2:13.80 2:47.90

Event 19 Women 200-239 200 SC Meter Freestyle Relay

1	FMSC	A	2:53.25
	1) Neaves, Lesley W63	2) Finnie, Barb W70	
	3) Dolan, Patti W64	4) Braden, Sandra W67	
	38.33	1:20.51	2:12.81 2:53.25

Event 20 Men 72-99 200 SC Meter Freestyle Relay

1	UAM	A	1:55.18
	1) Ouellette, Lucas M21	2) Christoffel, Devon M26	
	3) Patten, Nathaniel M21	4) Hammer, Bryson M20	
	28.11	59.34	1:25.88 1:55.18

Event 20 Men 120-159 200 SC Meter Freestyle Relay

1	EMSC	A	1:49.49
	1) Waddell, Brent M27	2) Edelenbosch, Florian M31	
	3) Andruchow, Grant M57	4) Maxwell, Parker M19	
	25.62	53.87	1:22.72 1:49.49
2	DSM	A	2:09.24
	1) Ansell, Jim M57	2) Rodriguez, Andres M27	
	3) Ackroyd, Peirce M21	4) Ulmer, Harri M65	
	30.75	59.98	1:32.69 2:09.24
3	AMAM	A	2:16.31
	1) Robinson, Andrew M39	2) Zwicker, Kelly M60	
	3) Palmer, Sean M40	4) McFadyen, Peter M49	
	30.92	1:06.06	1:37.07 2:16.31

Event 20 Men 160-199 200 SC Meter Freestyle Relay

1	CN	A	1:50.99
	1) de Vlieger, David M52	2) Ritchie, Steven M33	
	3) Smith, Matt M52	4) Spoldi, Vitto M37	
	28.51	56.54	1:25.12 1:50.99
2	FMSC	A	2:08.04
	1) White, Duncan M58	2) McLean, Mike M58	
	3) Horn, Chris M50	4) Washbrook, Ian M46	
	34.20	1:11.87	1:41.13 2:08.04

Event 21 Mixed 72-99 200 SC Meter Freestyle Relay

1	UAM	A	2:14.38
	1) Chizen, Colton M24	2) Zheleva, Stela W21	
	3) Mousavi, Ramin M30	4) Wu, Michaela W21	
	31.63	1:08.70	1:43.71 2:14.38

Event 21 Mixed 120-159 200 SC Meter Freestyle Relay

1	WILD	A	2:03.32
	1) Verhesen, Jacob M29	2) Pardy, Connor M45	
	3) Brett, Koren W53	4) Cheung, Sandy W47	
	30.33	1:04.79	1:37.45 2:03.32
2	RMM	A	2:04.17
	1) Burrell, Jason M53	2) Regehr, Melanie W43	
	3) Boyd, Catherine W35	4) Mooney, Keelan M28	
	30.19	1:04.10	1:37.47 2:04.17
3	COCO	A	2:10.25
	1) Hare, Art M37	2) Mayer, Claire W32	
	3) Kellar, Shea W36	4) Bronsch, Ben M33	
	29.02	1:04.25	1:42.95 2:10.25

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Event 21 Mixed 160-199 200 SC Meter Freestyle Relay

1	CN	A	2:13.69
	1) Daniels, Breanden M41	2) McCormick, Matt M46	
	3) Hamilton, Paige W51	4) Simms, Susan W47	
	32.75	1:04.00	1:40.50 2:13.69

Event 21 Mixed 200-239 200 SC Meter Freestyle Relay

1	CALY	A	2:04.97
	1) Telang, Mark M46	2) Young, Kim W49	
	3) McKeen, Doug M57	4) Hardy, Trish W51	
	32.20	1:04.05	1:32.40 2:04.97

Event 21 Mixed 240-279 200 SC Meter Freestyle Relay

1	COCO	A	2:49.06
	1) Swedlo, Amy W51	2) Toumishey, George M67	
	3) Simpson, Scott M61	4) Gunn, Joan W68	
	41.85	1:21.26	2:05.41 2:49.06

Event 22 Mixed 72-99 200 SC Meter Medley Relay

1	UAM	A	2:39.79
	1) Wu, Michaela W21	2) Zheleva, Stela W21	
	3) Chizen, Colton M24	4) Mousavi, Ramin M30	
	37.74	1:29.31	2:04.14 2:39.79

Event 22 Mixed 120-159 200 SC Meter Medley Relay

1	RMM	A	2:21.13
	1) Burrell, Jason M53	2) Mooney, Keelan M28	
	3) Boyd, Catherine W35	4) Regehr, Melanie W43	
	36.92	1:12.31	1:47.20 2:21.13
2	WILD	A	2:27.02
	1) Verhesen, Jacob M29	2) Pardy, Connor M45	
	3) Brett, Koren W53	4) Cheung, Sandy W47	
	35.10	1:19.99	1:54.06 2:27.02
3	COCO	A	2:29.50
	1) Hare, Art M37	2) Mayer, Claire W32	
	3) Bronsch, Ben M33	4) Kellar, Shea W36	
	34.42	1:21.56	1:51.24 2:29.50

Event 22 Mixed 160-199 200 SC Meter Medley Relay

1	CN	A	2:18.00
	1) Versfeld, Carrie W42	2) Ritchie, Steven M33	
	3) Smith, Matt M52	4) McDonald, Daria W47	
	34.26	1:09.58	1:40.59 2:18.00

Event 22 Mixed 200-239 200 SC Meter Medley Relay

1	AMAM	A	2:52.62
	1) Zwicker, Jane W58	2) Zwicker, Kelly M60	
	3) Robinson, Andrew M39	4) McFadyen, Peter M49	
	54.68	1:37.82	2:12.83 2:52.62

Event 22 Mixed 240-279 200 SC Meter Medley Relay

1	COCO	A	3:14.42
	1) Swedlo, Amy W51	2) Toumishey, George M67	
	3) Gunn, Joan W68	4) Simpson, Scott M61	
	52.87	1:43.20	2:29.90 3:14.42

Event 101 Women 35-39 400 SC Meter IM

1	Boyd, Catherine	35	RMM	5:44.95
	35.70	1:16.73	2:02.92	2:48.15
	3:36.21	4:25.12	5:05.46	5:44.95

Event 101 Men 30-34 400 SC Meter IM

1	Edelenbosch, Florian	31	EMSC	5:24.51
	36.41	1:20.01	2:01.00	2:42.61
	3:27.73	4:13.08	4:49.83	5:24.51

Event 201 Women 30-34 200 SC Meter Backstroke

2	Craig, Jessika	34	CMSC	2:40.84
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Event 201 Men 35-39 200 SC Meter Backstroke

1	Hare, Art	37	COCO	2:37.19
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Event 202 Women 55-59 200 SC Meter Breaststroke

2	Long, Jani	56	FMSC	3:18.59
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Event 202 Men 60-64 200 SC Meter Breaststroke

1	Lewis, Barry	61	EMSC	3:04.81
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Event 203 Women 35-39 200 SC Meter IM

1	Boyd, Catherine	35	RMM	2:46.23
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Event 203 Women 40-44 200 SC Meter IM

1	Versfeld, Carrie	42	CN	2:36.87
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Event 203 Women 45-49 200 SC Meter IM

1	Young, Kim	49	CALY	2:50.78
2	D'Astous, Karine	45	FMSC	3:03.42

Event 203 Women 50-54 200 SC Meter IM

1	Swedlo, Amy	51	COCO	4:03.25
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Event 203 Men 25-29 200 SC Meter IM

1	Mooney, Keelan	28	RMM	2:40.56
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Event 203 Men 30-34 200 SC Meter IM

1	Solis, Manuel	34	CMSC	2:53.41
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Event 203 Men 45-49 200 SC Meter IM

1	Kruse, Kris	46	CMSC	3:07.63
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Event 203 Men 50-54 200 SC Meter IM

1	de Vlioger, David	52	CN	2:35.02
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Event 203 Men 65-69 200 SC Meter IM

1	Toumishey, George	67	COCO	4:25.22
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