

18-24 women

25 M Free	Julie MacDonald	13.43	061118
50 M Free	Kelly Marcotte	27.60	060409
100 M Free	Emily Flowers	1:00.50	170409
200 M Free	Marla Breitzkreutz	2:15.44	0702
400 M Free	Emily Halajian	4:45.24	171125
800 M Free	Andrea Maber	10:22.99	010518
1500 M Free	Birget Moe	22:32.08	100417
25 M Back	Emily Flowers	15.20	171125
50 M Back	Emily Flowers	30.14	180325
100 M Back	Emily Flowers	1:06.47	170408
200 M Back	Emily Flowers	2:26.54	180325
25 M Breast	Emily Halajian	17.25	171014
50 M Breast	Katherine Mann	34.42	171125
100 M Breast	Katherine Mann	1:19.91s	171125
200 M Breast	Katherine Mann	2:45.29	171125
25 M Fly	Emily Flowers	13.54	171125
50 M Fly	Katherine Mann	29.68	171125
100 M Fly	Emily Halajian	1:06.44	170408
200 M Fly	Alison Bentham	2:44.40	030517
100 M IM	Emily Flowers	1:09.07	180324
200 M IM	Emily Halajian	2:31.17	170408
400 M IM	Sara Kennedy	5:16.22	860222

25-29 women

25 M Free	Siubhan Drinnan	13.68	031117
50 M Free	Stephanie Cholyk	27.54	130520
100 M Free	Stephanie Cholyk	1:00.51	130406
200 M Free	Stephanie Cholyk	2:13.53	130406
400 M Free	Stephanie Cholyk	4:41.79	130406
800 M Free	Stephanie Cholyk	9:44.68	130520
1500 M Free	Stephanie Cholyk	18:42.65	130517
25 M Back	Kelly Marcotte	15.87	081115
50 M Back	Cheryl Gibson	32.04	8511
100 M Back	Cheryl Gibson	1:07.80	8503
200 M Back	Cheryl Gibson	2:31.03	850216
25 M Breast	Siubhan Drinnan	17.69	031117
50 M Breast	Karin Van Campenhout	36.35	030516
100 M Breast	Tania Pendergast	1:20.57	030517
200 M Breast	Marcy Schmidt	2:55.02	1201
25 M Fly	Siubhan Drinnan	14.49	031117
50 M Fly	Debbie Younger	29.92	990417
100 M Fly	Debbie Younger	1:05.82	990320
200 M Fly	Andrea Maber	2:41.92	010521
100 M IM	Debbie Younger	1:10.61	990417
200 M IM	Cheryl Gibson	2:33.93	850216
400 M IM	Cheryl Gibson	5:21.02	8508

30-34 women

25 M Free	Debbie Younger	13.13	031117
50 M Free	Debbie Younger	28.07	0305
100 M Free	Debbie Younger	1:01.48	020421
200 M Free	Debbie Younger	2:11.67	030518
400 M Free	Debbie Younger	4:45.12	030201
800 M Free	Debbie Younger	9:56.15	030330
1500 M Free	Debbie Younger	18:47.76	031213
25 M Back	Debbie Younger	15.66	031117
50 M Back	Debbie Younger	32.97	041120
100 M Back	Debbie Younger	1:10.32	031213
200 M Back	Debbie Younger	2:30.62	030503
25 M Breast	Debbie Younger	17.12	031117
50 M Breast	Jacqui Hunt	36.42	910519
100 M Breast	Debbie Younger	1:20.15	030330
200 M Breast	Debbie Younger	2:50.49	040327
25 M Fly	Debbie Younger	13.83	041107
50 M Fly	Debbie Younger	29.26	030518
100 M Fly	Debbie Younger	1:04.98	030516
200 M Fly	Debbie Younger	2:25.45	030517
100 M IM	Debbie Younger	1:08.17	030516
200 M IM	Debbie Younger	2:25.74	030517
400 M IM	Debbie Younger	5:13.92	040327

35-39 women

25 M Free	Michelle MacWhirter	13.11	101120
50 M Free	Michelle MacWhirter	27.37	120520
100 M Free	Michelle MacWhirter	59.53	130518
200 M Free	Michelle MacWhirter	2:09.75	130519
400 M Free	Michelle MacWhirter	4:39.90	140517
800 M Free	Debbie Younger	9:31.79	050523
1500 M Free	Debbie Younger	18:45.07	050409
25 M Back	Michelle MacWhirter	15.80	130323
50 M Back	Michelle MacWhirter	30.95	140516
100 M Back	Michelle MacWhirter	1:06.64	130519
200 M Back	Michelle MacWhirter	2:24.00	140517
25 M Breast	Debbie Younger	17.35	071117
50 M Breast	Debbie Younger	36.48	080209
100 M Breast	Debbie Younger	1:19.69	080330
200 M Breast	Debbie Younger	2:51.81	050219
25 M Fly	Michelle MacWhirter	14.36	101106
50 M Fly	Debbie Younger	29.09	050520
100 M Fly	Debbie Younger	1:03.07	050522
200 M Fly	Debbie Younger	2:21.76	050521
100 M IM	Debbie Younger	1:07.51	050521
200 M IM	Debbie Younger	2:23.47	050522
400 M IM	Debbie Younger	5:16.07	050213

40-44 women

25 M Free	Siubhan Drinnan	13.83	180407
50 M Free	Gail McGinnis	29.00	060218
100 M Free	Gail McGinnis	1:03.46	060521
200 M Free	Gail McGinnis	2:17.82	060521
400 M Free	Gail McGinnis	4:50.57	060408
800 M Free	Gail McGinnis	10:07.11	060409
1500 M Free	Gail McGinnis	20:20.20	060326
25 M Back	Debbie Younger	16.76	140322
50 M Back	Debbie Younger	34.16	110205
100 M Back	Debbie Younger	1:14.18	110205
200 M Back	Debbie Younger	2:36.32	110430
25 M Breast	Debbie Younger	16.96	101120
50 M Breast	Debbie Younger	37.36	101120
100 M Breast	Gail McGinnis	1:22.65	060225
200 M Breast	Debbie Younger	2:57.11	110430
25 M Fly	Siubhan Drinnan	14.24	180407
50 M Fly	Debbie Younger	31.02	100220
100 M Fly	Debbie Younger	1:08.44	110205
200 M Fly	Debbie Younger	2:30.74	110430
100 M IM	Debbie Younger	1:12.01	101120
200 M IM	Debbie Younger	2:35.07	110205
400 M IM	Debbie Younger	5:35.94	140209

45-49 women

25 M Free	Debbie Younger	13.69	181125
50 M Free	Gail McGinnis	28.35	130517
100 M Free	Gail McGinnis	1:02.23	120414
200 M Free	Debbie Younger	2:17.47	170325
400 M Free	Gail McGinnis	4:48.26	130518
800 M Free	Debbie Younger	10:20.52	180325
1500 M Free	Debbie Younger	19:50.00	190407
25 M Back	Debbie Younger	16.00	180407
50 M Back	Debbie Younger	33.39	180519
100 M Back	Debbie Younger	1:12.29	170422
200 M Back	Debbie Younger	2:35.44	170423
25 M Breast	Debbie Younger	17.56	150207
50 M Breast	Gail McGinnis	37.48	130425
100 M Breast	Gail McGinnis	1:21.22	120414
200 M Breast	Debbie Younger	2:57.24	170408
25 M Fly	Debbie Younger	13.69	161120
50 M Fly	Debbie Younger	30.22	170423
100 M Fly	Debbie Younger	1:07.20	170422
200 M Fly	Debbie Younger	2:26.92	190414
100 M IM	Debbie Younger	1:10.32	170423
200 M IM	Debbie Younger	2:34.25	190412
400 M IM	Debbie Younger	5:41.24	170409

50-54 women

25 M Free	Gail McGinnis	13.61	161120
50 M Free	Gail McGinnis	28.88	150425
100 M Free	Gail McGinnis	1:03.99	150425
200 M Free	Gail McGinnis	2:18.98	170512
400 M Free	Janis Shirriff	5:16.11	150424
800 M Free	Janis Shirriff	11:02.18	150424
1500 M Free	Susan Chafe	21:35.57	110523
25 M Back	Gail McGinnis	17.10	161120
50 M Back	Janet Cathro	35.83	090515
100 M Back	Susan Chafe	1:18.66	110430
200 M Back	Susan Chafe	2:46.84	110521
25 M Breast	Gail McGinnis	17.43	161120
50 M Breast	Gail McGinnis	37.91	170422
100 M Breast	Gail McGinnis	1:23.55	170325
200 M Breast	Karen Fradette	3:24.92	070519
25 M Fly	Gail McGinnis	14.22	170325
50 M Fly	Gail McGinnis	31.60	150425
100 M Fly	Gail McGinnis	1:10.87	170512
200 M Fly	Susan Chafe	3:03.78	110522
100 M IM	Gail McGinnis	1:12.40	170422
200 M IM	Gail McGinnis	2:41.82	170408
400 M IM	Susan Chafe	6:16.66	130406

55-59 women

25 M Free	Pam Banser	14.53	170325
50 M Free	Pam Banser	31.51	180325
100 M Free	Janis Shirriff	1:08.65	160423
200 M Free	Janis Shirriff	2:29.05	160521
400 M Free	Janis Shirriff	5:15.77	160522
800 M Free	Janis Brown	11:00.26	180429
1500 M Free	Hella Versfeld	21:32.76	050520
25 M Back	Susan Chafe	18.46	171125
50 M Back	Janis Shirriff	37.74	160403
100 M Back	Janis Shirriff	1:17.83	160402
200 M Back	Janis Shirriff	2:45.15	160520
25 M Breast	Pam Banser	19.63	180407
50 M Breast	Karen Fradette	42.89	120415
100 M Breast	Janis Shirriff	1:32.90	160123
200 M Breast	Pam Banser	3:35.58	171125
25 M Fly	Susan Chafe	16.06	171125
50 M Fly	Susan Chafe	35.69	180325
100 M Fly	Susan Chafe	1:23.23	170408
200 M Fly	Susan Chafe	3:31.70	180325
100 M IM	Janis Shirriff	1:15.99	160521
200 M IM	Janis Shirriff	2:44.01	160522
400 M IM	Janis Shirriff	5:54.15	160523

60-64 women

25 M Free	Leigh Garvie	16.50	140201
50 M Free	Leigh Garvie	34.79	140519
100 M Free	Leigh Garvie	1:16.48	140517
200 M Free	Leigh Garvie	2:54.26	140518
400 M Free	Christine Mummery	5:58.18	181125
800 M Free	Christine Mummery	12:13.70	181125
1500 M Free	Leigh Garvie	24:16.63	140516
25 M Back	Karen Fradette	19.77	190223
50 M Back	Christine Mummery	40.15	181013
100 M Back	Christine Mummery	1:26.75	181013
200 M Back	Christine Mummery	3:03.59	181013
25 M Breast	Karen Fradette	21.25	190223
50 M Breast	Karen Fradette	46.64	190223
100 M Breast	Leigh Garvie	1:50.82	160403
200 M Breast	Loreen McKellar	3:49.83	970524
25 M Fly	Leigh Garvie	19.81	140201
50 M Fly	Christine Mummery	42.22	181125
100 M Fly			
200 M Fly			
100 M IM	Leigh Garvie	1:37.40	140201
200 M IM	Leigh Garvie	3:43.83	161120
400 M IM			

65-69 women

25 Free	Leigh Garvie	17.02	190223
50 M Free	Leigh Garvie	35.71	190406
100 M Free	Leigh Garvie	1:18.40	190407
200 M Free	Leigh Garvie	2:57.72	190406
400 M Free	Leigh Garvie	6:23.37	190407
800 M Free	Leigh Garvie	13:08.55	190406
1500 M Free			
25 M Back	Erika Korbely	25.23	61118
50 M Back	Leigh Garvie	48.99r	190407
100 M Back	Loreen McKellar	1:49.13	980328
200 M Back	Erika Korbely	4:33.9	9804
25 Breast	Erika Korbely	25.88	61118
50 M Breast	Erika Korbely	53.72	070521
100 M Breast	Loreen McKellar	1:58.44	980329
200 M Breast	Shirley Adams	4:26.19	0805
25 Fly	Erika Korbely	21.63	061118
50 M Fly	Erika Korbely	46.27	0909
100 M Fly			
200 M Fly			
100 M IM	Erika Korbely	1:47.77	070521
200 M IM	Erika Korbely	4:10.36	0909
400 M IM			

70-74 women

25 Free	Olive Thorne	26.57	051119
50 Free	Loreen McKellar	41.54	070519
100 Free	Loreen McKellar	1:34.83	060522
200 Free	Loreen McKellar	3:34.07	060521
400 Free	Olive Thorne	10:06.29	051119
800 M Free	Gonda Bres	22:36.80	050409
1500 Free	Gonda Bres	42:24.04	050409
25 M Back	Loreen McKellar	23.69	071117
50 M Back	Loreen McKellar	50.94	070519
100 M Back	Loreen McKellar	1:59.31	071215
200 M Back	Karen Blanchet	4:57.81	120415
25 Breast	Gonda Bres	28.77	050129
50 Breast	Loreen McKellar	55.77	070521
100 Breast	Shirley Adams	2:12.30	110521
200 Breast	Shirley Adams	4:47.02	110523
25 Fly	Olive Thorne	35.21	050129
50 M Fly			
100 M Fly			
200 M Fly			
100 IM	Loreen McKellar	1:59.47	050219
200 M IM			
400 M IM			

75-79 women

25 M Free	Catherine Crawford	32.04	051119
50 M Free	Loreen McKellar	43.89	080330
100 M Free	Loreen McKellar	1:41.30	080329
200 M Free	Olive Thorne	4:49.56	060521
400 M Free	Olive Thorne	10:18.53	060408
800 M Free	Olive Thorne	21:51.25	080330
1500 Free			
25 M Back	Catherine Crawford	32.47	051119
50 M Back	Loreen McKellar	50.06s	0712
100 M Back	Loreen McKellar	1:54.14	1005
200 M Back	Olive Thorne	5:28.54	060521
25 M Breast	Olive Thorne	38.07	081115
50 M Breast	Loreen McKellar	59.20	080329
100 M Breast	Loreen McKellar	2:12.04	080330
200 M Breast	Shirley Adams	5:38.55	160402
25 M Fly	Olive Thorne	35.60	060218
50 M Fly	Olive Thorne	1:21.91	060520
100 M Fly			
200 M Fly			
100 M IM	Olive Thorne	2:34.81	060520
200 M IM			
400 M IM			