

2019 Alberta Masters Provincial Championships

Sponsored by: All Tides

Purpose The Alberta Masters Provincial Championships is a competition for all adults who participate in masters swimming and is a preparation opportunity for swimmers who attend Masters Nationals.

Dates Competition Dates April 6 to 7, 2019
 Entry Deadline March 25, 2019 9:59 pm MST
 Entry Fee Deadline April 6, 2019; prior to the start of the competition

Facility Seton YMCA, 45 St SE, Calgary, Alberta
 10 x 25-meter pool; with warm-up and cool down space available

	Saturday		Sunday
Session 1	Warm-up: 11:00 AM Start: 12:00 AM	Session 3	Warm-up: 9:00 AM Start: 10:00 AM
Session 2	Warm-up: 1:30 PM* Start: 2:30 PM*	Session 4	Warm-up: 11:30 AM* Start: 12:30 PM*

*Start Time Approximate pending number of entries in Session 1 or Session 3

Sanction This competition is sanctioned by Swim Alberta.

Rules The meet will be conducted under published FINA Masters rules and supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

Hosts Calgary Masters Swim Club and Swim Alberta

Contacts	Club Contact	Calgary Masters Swim Club
	Meet Manager	Sue Hill meetmanager@cmsc.ab.ca
	Referee	Iris Jackson jackson.irms@gmail.com
	Officials Chair	Sue Hill meetmanager@cmsc.ab.ca
	Swim Alberta	Kevin Dennis kevin@swimalberta.ca



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- Eligibility** The 2019 Alberta Masters Provincial Championships is open to all masters swimmers who are registered with Swimming Canada. All swimmers must provide their 9 digit Swimming Canada ID number with registration. Out of country swimmers must provide proof of affiliation from their respective country.
- Categories** Male and Female – by Masters Age Groups
- Entries** Swimmers may enter any number* of individual events.
Entries must be submitted using the [Swimming Canada online meet-list](http://www.swimming.ca) at www.swimming.ca.
No-Time (NT) entries will not be accepted, use estimated times for entry.
Deck entries may be permitted at a cost of \$20.00 per swim provided an extra heat is not created. Deck entries will swim as exhibition and be seeded with no time (NT)
- *Meet management, in consultation with Swim Alberta, may make changes to the meet program to ensure a reasonable session length
- Online Entries** <https://www.swimming.ca/MeetList.aspx>
- Email Entries** Email entries must be submitted to the meet manager at meetmanager@cmsc.ab.ca
Email entries must include full name, club, date of birth, Swimming Canada ID number, event names, event numbers & entry times.
- Entry Fees** Online Entries = \$70.00 per swimmer
Email Entries = \$80.00 per swimmer
Entry Fees are payable to the Calgary Masters Swim Club and may be mailed to 2225 Macleod Trail South, Calgary, AB, T2G 5B6.
Entry fees are refundable prior to the entry deadline.
Entry fees received after the entry fee deadline will be considered late entries.
- Late Entries** Entries received after the entry deadline will cost \$80.00 for online entries and \$90.00 for email entries. Coaches may not upload an entry file after the Entry Deadline without first receiving permission from meet management. Late entries will be accepted at meet management's discretion. Once heat sheets are printed late entries will no longer be accepted.
- Diving Rules** Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1.
- Format** All events will be swum mixed gender and seeded slowest to fastest.
Clubs will be advised of any changes prior to the start of the session.
- The 800 freestyle and 1500 freestyle events may be swum with two swimmers per lane at meet managements discretion.

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Positive check-in is required for the 800 and 1500 freestyle prior to the start of the session in which the event is to be swum; check-in deadlines are listed below.

800 Freestyle	Saturday April 6	11:00 AM
1500 Freestyle	Sunday April 7	9:00 AM

Scratches Coaches are requested to submit any known scratches to the meet manager by April 4, 2019. Scratches not received by this deadline will need to be submitted to the Clerk of Course. Scratches for the session's events are to be submitted to the Clerk of Course 30 minutes prior to the start of each session. There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

Relays Individual names must be submitted to the Clerk of Course 30 minutes prior to the start of the session in which the relay event is scheduled. Name changes or swimmer order changes must be provided to the clerk of course 30 minutes prior to the start of the first relay event, regardless of which age or gender the team is entered in.

Scoring Team points will be awarded for each individual and relay event as follows:

- Individual and relay teams placing in the top 8 will receive the following points:
 - 9-7-6-5-4-3-2-1

Awards Draw Prizes: Sponsored by All Tides Swimmers participating in the Masters Add-Up Challenge or Masters Provincials will be eligible for draw prizes. Each Add-Up Challenge submission is worth one draw and Masters Provincials registration is worth one draw. Prizes will be awarded during the Sunday session of the competition.



Team Awards

Teams will compete in two categories: Large Team and Small Team.

- Team awards are restricted to Alberta Masters Clubs only.
- Team Size is based on number of swimmer registrations available on the Swimming Canada registration system.
- Small Team = under 50 swimmers / Large Team = 50 swimmers or more
- Banners will be awarded to the top club in each category.

Results Results will be sorted according to age group and gender. Results will be available on www.swimming.ca.

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Event Order

Saturday April 6		Sunday April 7	
Session 1 Warm-up: 11:00 AM Start: 12:00 PM		Session 3 Warm-up: 9:00 AM Start: 10:00 AM	
1	800 Freestyle	14	1500 Freestyle
2	Female 4 x 50 Free Relay	15	Female 4 x 50 Medley Relay
3	Male 4 x 50 Free Relay	16	Male 4 x 50 Medley Relay
Session 2* Warm-up: 1:30 PM Start: 2:30 PM		Session 4* Warm-up: 11:30 AM Start: 12:30 PM	
4	100 Individual Medley	17	100 Freestyle
5	200 Breaststroke	18	200 Backstroke
6	100 Butterfly	19	50 Butterfly
7	50 Freestyle	20	200 Individual Medley
8	400 Individual Medley	21	4 x 50 Mixed Free Relay
9	4 x 50 Mixed Medley Relay		BREAK ^
	BREAK ^	22	400 Freestyle
10	100 Backstroke	23	100 Breaststroke
11	50 Breaststroke	24	200 Butterfly
12	200 Freestyle	25	50 Backstroke
13	4x 100 Mixed Medley Relay	26	4 x 100 Mixed Free Relay

* Start Time Approximate pending number of entries in Session 1 or Session 3

^ Meet management will communicate the duration of breaks.

Hotels

Swim Alberta Sponsor Hotels
Phone to request the Swim Alberta rate

Courtyard by Marriott, Calgary South
3750 Market Street SE, Calgary, AB
587-349-7599
Standard Two Queens - \$149



Residence Inn by Marriott, Calgary South
3710 Market Street SE, Calgary, AB
587-349-8633
Full Kitchen - \$159



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