

18-24 women

25 M Free	Julie MacDonald	13.43	061118
	Emily Flowers	13.53	171014
	Karin Van Campenhout	13.78	021123
	Amy McGinnis	13.78	161120
	Emily Halajian	13.89	171014
	Morven Burch	13.90	151121
	Julia Lema	15.65	181125
50 M Free	Nicole Fradette	20.51	100206
	Kelly Marcotte	27.60	060409
	Emily Flowers	27.64r	171125
	Marla Breitreutz	28.70r	070211
	Morven Burch	28.72	140519
	Katherine Mann	28.72	171125
	Stephanie Cholyk	28.83	1204
	Emily Halajian	29.15	170325
	Karen Van Campenhout	29.33	010518
	Tricia Chrzanowski	29.53	0305
	Julie MacDonald	29.66	0705
	Mika Matsuka	29.75	910518
	Jane Ellis	29.76	151121
	Cynthia Pfeiffer	30.00	160402
	Ewa Wasniewski	30.41	0403
	Lindsey Brownridge	30.42	0211
	Randi Srangroom	30.70	801108
	Michelle Kendal	30.83	9703
	Amy McGinnis	30.97	161120
	Karine Tourigny	31.24	0002
	Sandra Berger	31.71	870425
	Emma-Lee Kramer	31.98	170512
	Brenda Hardy	33.35	910518
	Rebecca Allen	33.66	120414
	Wendy Pickerl	34.00	8501
	Julia Lema	34.19	180521
	Nancy Revell	34.38	971129
	Kim Ward	35.53	831105
	Kristine Jones	36.46	880213
	Nancy Helton	36.48	971129
	Lori Devine	36.85	861129
	Kathy Helten	37.91	951202
T Conley	40.10	851123	
Sandy Wilken	40.90	870410	
Mich Lepine	42.20	870410	
Valerie Gagnon	51.83	831105	
100 M Free	Emily Flowers	1:00.50	170409
	Kelly Marcotte	1:00.61	061118
	Marla Breitreutz	1:01.99	070211
	Morven Burch	1:02.86	150517
	Julie MacDonald	1:03.30r	0705
	Mika Matsuka	1:03.66	910520

	Brenda Holmes	1:03.70	800308
	Stephanie Cholyk	1:03.86	1204
	Rachel Maser	1:04.68	0411
	Karen Van Campenhout	1:05.42	010518
	Tricia Chrzanowski	1:05.74	0305
	Cynthia Pfeiffer	1:06.93	160130
	Jane Ellis	1:07.08	151121
	Annette Woodard	1:07.10	8503
	Ewa Wasniewski	1:07.33	0403
	Emma-Lee Kramer	1:08.33	160522
	Anne Charles	1:08.70	170325
	Nicole Quant	1:09.12	161120
	Michelle Kendal	1:09.39	9703
	Adriene Pye	1:11.53s	0204
	Sandra Berger	1:12.00	861129
	Madison Mills	1:14.24r	161120
	Wendy Pickerl	1:15.00	8501
	Brenda Hardy	1:15.52	910520
	Julia Lema	1:15.76	180520
	Birget Moe	1:16.13	071117
	Julie Mouris	1:16.75	091128
	M Feehan	1;18.20	851123
	Nancy Helton	1:18.37	971129
200 M Free	Marla Breitzkreutz	2:15.44	070211
	Kelly Marcotte	2:16.27	060521
	Emily Halajian	2:17.24	170325
	Stephanie Cholyk	2:18.98	1204
	Morven Burch	2:20.26	150516
	Julie MacDonald	2:20.96	0705
	Karen Van Campenhout	2:22.47	010518
	Emily Flowers	2:22.96	180519
	Madison Mills	2:24.06	161120
	Anne Charles	2:24.46	170325
	Jacqueline Schneider	2:24.58	940205
	Jacqui Hunt	2:28.20	880213
	Rachel Maser	2:29.43	0501
	Adriene Pye	2:30.08s	0204
	Nicole Quant	2:30.96	161120
	Randi Srangroom	2:31.50	801108
	Emma-Lee Kramer	2:35.93	161120
	Gail Ferguson	2:37.78	9703
	Jane Ellis	2:39.87	151121
	Brenda Hardy	2:47.71	910518
	Natalie Tardif	2:52.12	9705
	Julia Lema	2:54.29s	180520
	Sam Goski	3:00.00	8501
	Ellen Cunningham	3:00.76	010518
	Ewa Wasniewski	3:30.33	0403
400 M Free	Emily Halajian	4:45.24	171125
	Stephanie Cholyk	4:54.78	129314

	Julie MacDonald	4:58.93	070518
	Kelly Marcotte	5:01.44	061118
	Jacqueline Schneider	5:01.94	941204
	Madison Mills	5:06.19	161120
	Rachel Maser	5:07.05	0411
	Andrea Maber	5:09.88	971129
	Anne Charles	5:09.92	170325
	Adriene Pye	5:12.70s	0111
	Nicole Quant	5:25.63	161120
	Alison Bentham	5:35.03	0302
	Francine Vickery	5:35.40	920116
	Birget Moe	5:40.87	071117
	Rebecca Allen	5:41.29	120811
	Julia Lema	6:03.56	180520
	Nancy Helton	6:05.26	971129
	Pat Rollans	6:19.90	790224
800 M Free	Andrea Maber	10:22.99	010518
	Adriene Pye	10:25.45	011117
	Julie MacDonald	10:26.47	0705
	Helen Morley	11:20.10	820116
	Alison Bentham	11:36.22	0305
	Nancy Helton	12:43.96	9705
	Patty Ellonwood	12:45.50	870410
1500 M Free	Julia Lema	13:09.93	180325
	Birget Moe	22:32.08	100417
	Lena Aitken	24:45.78	970419
	Christine Weiss	25:55.69	9705
25 M Back	Emily Flowers	15.20	171125
	Cynthia Pfeiffer	16.18	160130
	Emily Halajian	16.22	171125
	Morven Burch	16.55	151121
	Nicole Pecharsky	16.66	161120
	Adriene Pye	16.87	011117
	Kim Ward	19.10	831105
	Nicole Fradette	27.85	100206
50 M Back	Emily Flowers	30.14	180325
	Marla Breitreutz	31.52	070211
	Kelly Marcotte	31.90	060409
	Jennifer Smith	32.81	9704
	Adriene Pye	33.81	010518
	Emily Halajian	33.87	171125
	Cynthia Pfeiffer	33.88	151121
	Lindsey Brownridge	34.09	0211
	Karine Tourigny	34.33	0002
	Emma-Lee Kramer	34.41	170512
	Tricia Chrzanowski	34.49	0303
	Mika Matsuka	34.69	910520
	Annette Woodard	34.90	8503
	Morven Burch	34.94	151121
	Mika Matsuka	34.69	910520

	S Donaldson	35.30	861129
	Nicole Pecharsky	35.55	161120
	Wanda Depape	36.10	800202
	Rebecca Allen	36.39	1204
	Anne Charles	37.04r	170325
	Sandra Berger	37.21	870425
	Natalie Tardif	37.79	9705
	Jennifer Smith	38.18	9705
	Kim Ward	39.35	831105
	Ellen Cunningham	39.49	010518
	L Devine	41.90	861129
	Caitlin Higgins	42.78	060408
	Melinda Truesdale	44.26	870425
	Kristine Jones	44.37	880213
	Sandy Wilken	49.20	870410
100 M Back	Emily Flowers	1:06.47	170408
	Kelly Marcotte	1:08.41	060408
	Cynthia Pfeiffer	1:13.47	160402
	Brenda Holmes	1:13.80	800308
	Morven Burch	1:14.05	150517
	Adriene Pye	1:14.51	0204
	Mika Matsuka	1:14.71	910518
	Emma-Lee Kramer	1:15.06r	170512
	Karine Tourigny	1:16.05	0002
	Nicole Pecharsky	1:17:19	161120
	Rebecca Allen	1:17.27	130810
	Annette Woodard	1:17.30	8503
	Anne Charles	1:18.77	170325
	Susan Edey	1:19.37	040424
	Steph Donaldson	1:20.02	861129
	Jennifer Smith	1:21.86	9702
	Sandra Berger	1:23.50	861129
	Ellen Cunningham	1:26.79	010518
	Carolyn Harris	1:27.50	841201
	Wendy Pickerl	1:28.90	851123
	Kathy Helten	1:35.19	951202
200 M Back	Emily Flowers	2:26.54	180325
	Cynthia Pfeiffer	2:40.06	151121
	Adriene Pye	2:47.03	020421
	Nicole Pecharsky	2:48.42	161120
	Susan Edey	2:49.66	040424
	Patti Riddle	2:49.70	801206
	Rebecca Allen	2:51.29	1204
	Emma-Lee Kramer	2:53.10	160520
	Ellen Cunningham	3:04.33	010518
25 M Breast	Emily Halajian	17.25	171014
	Karin Van Campenhout	17.29	021123
	Emily Flowers	17.98	171125
	Amy McGinnis	18.52	161120
	Morven Burch	18.76	151121

	Cynthia Pfeiffer	19.74	160130
	Nicole Fradette	29.82	100206
50 M Breast	Katherine Mann	34.42	171125
	Emily Halajian	36.49	170408
	Karin Van Campenhout	36.96	010521
	Jacqui Hunt	38.20	821120
	Alison Bentham	38.93	0305
	Kelly Marcotte	38.97	0611
	Natalie Tardif	39.19	9611
	Rene Starratt	39.30	800202
	Wendy Pickerl	40.00	8501
	Amy McGinnis	40.44	161120
	Lindsey Brownridge	40.51	0211
	Gail Ferguson	40.88	9611
	Carolyn Harris	41.30	841201
	Emily Flowers	41.67	171014
	Julia Lema	41.89	180521
	Julie MacDonald	41.98	070324
	Arden Turnbull	42.30	951202
	Emma-Lee Kramer	42.46	170512
	Caitlin Higgins	43.69	051119
	Deana Foster	43.99	831105
	Nancy Revell	44.70	971129
	Julie Mouris	45.19	091128
	Rebecca Allen	45.38	120715
	Kim Ward	45.53	831105
	Kathy Helten	47.10	951202
	Mich Lepine	50.70	870410
	Valerie Gagnon	52.71	831105
100 M Breast	Katherine Mann	1:19.91s	171125
	Karin Van Campenhout	1:21.70	010519
	Emily Halajian	1:22.39	170409
	Alison Bentham	1:22.71	0305
	Jacqui Hunt	1:22.90	821023
	Rene Starratt	1:23.30	800308
	Natalie Tardif	1:24.81	9705
	Ann Morrow	1:27.38	861129
	Nicole Quant	1:27.66	161120
	Amy McGinnis	1:27.79	161120
	Nicole Minde	1:28.89	0403
	Gail Ferguson	1:28.95	9701
	Carolyn Harris	1:29.00	841201
	Emma-Lee Kramer	1:29.20	160521
	Kyoko Hashimoto	1:30.74	910518
	Wendy Pickerl	1:32.42	970425
	Julia Lema	1:32.46	181125
	K Fleuty	1:33.80	851123
	Arden Turnbull	1:34.21	951202
	Caitlin Higgins	1:34.27	060408
	Deana Foster	1:35.00	831105

	Inga Sharphir	1:38.47	870214
	Valerie Gagnon	2:02.74	831105
200 M Breast	Katherine Mann	2:45.29	171125
	Karin Van Campenhout	2:58.75	010520
	Lisa Hiruki	2:59.05	900210
	Alison Bentham	3:05.46	040424
	Helen Morley	3:14.20	820116
	Julia Lema	3:25.44	180520
	Caitlin Higgins	3:25.48	0605
	Zenia Martynkiw	3:40.64	0301
25 M Fly	Emily Flowers	13.54	171125
	Emily Halajian	14.16	171014
	Lindsey Brownridge	14.85	021123
	Cynthia Pfeiffer	15.45	160130
	Rene Starratt	15.70	800202
	Inga Sharphir	16.62	870214
	Deana Foster	17.33	831105
	Birget Moe	17.69	071117
	Lori Devine	18.30	861129
50 M Fly	Katherine Mann	29.68	171125
	Emily Halajian	29.89	170409
	Emily Flowers	30.17	180325
	Kelly Marcotte	30.76	969326
	Adriene Pye	31.96	010518
	Tricia Chrzanowski	32.08	0305
	Morven Burch	32.37	150515
	Lindsey Brownridge	32.57	0211
	Alison Bentham	32.64	0305
	Emily Flowers	32.76	170121
	Jocelyn New	33.30	821120
	Randi Srangroom	33.80	801108
	Jane Ellis	33.83	151121
	Cynthia Pfeiffer	34.20	151121
	Karine Tourigny	34.48	0002
	Julie MacDonald	34.63	0705
	Anne Morrow	34.66	861129
	Susan Edey	34.79	040424
	Julie Mouris	35.70	091128
	Arden Turnbull	35.92	951202
	Brenda Hardy	36.43	910519
	Anne Charles	36.98	170325
	Jennifer Smith	37.27	9704
	I Sharplin	37.49	861129
	Caitlin Higgins	37.67	051119
	Rebecca Allen	37.95	120715
	Wendy Pickerl	38.00	8501
	Nancy Revell	38.44	971129
	Deana Foster	40.07	831105
	Ellen Cunningham	40.29	010518
100 M Fly	Emily Halajian	1:06.44	170408

	Kelly Marcotte	1:09.06	060521
	Adriene Pye	1:10.68	010518
	Alison Bentham	1:14.41	0305
	Jacqueline Schneider	1:14.93	940205
	Jean Marcotte	1:17.30	800202
	Gail Ferguson	1:19.42	9703
	Brenda Hardy	1:24.40	910520
	Morven Burch	1:26.25	130608
	Sam Goski	1:28.00	8501
200 M Fly	Alison Bentham	2:44.40	030517
	Adriene Pye	2:45.15	010518
100 M IM	Emily Flowers	1:09.07	180324
	Kelly Marcotte	1:09.79	060409
	Katherine Mann	1:10.38	171125
	Emily Halajian	1:10.44	170409
	Marla Breitreutz	1:10.73	070211
	Mika Matsuka	1:14.29	910518
	Emily Flowers	1:14.48	170121
	Adriene Pye	1:14.96	0204
	Karen Van Campenhout	1:15.51	010518
	Morven Burch	1:15.83	140518
	Lindsey Brownridge	1:15.99	0211
	Alison Bentham	1:16.13	040424
	Susan Edey	1:16.28	040424
	Julie MacDonald	1:16.94	0705
	Nicole Quant	1:16.99	161120
	Tricia Chrzanowski	1:17.36	0305
	Michelle Kendal	1:17.46	9703
	Ann Morrow	1:17.71	861129
	Cynthia Pfeiffer	1:17.83	151121
	Emma-Lee Kramer	1:18.02	170512
	Rachel Maser	1:18.08	0411
	Natalie Tardif	1:18.63	9703
	Randi Srangroom	1:20.00	800614
	Kyoko Hashimoto	1:20.39	910518
	Gail Ferguson	1:21.33	9703
	Carolyn Harris	1:21.80	841201
	Nicole Pecharsky	1:23.18	161120
	Caitlin Higgins	1:24.37	051119
	Rebecca Allen	1:24.48	120317
	Arden Turnbull	1:24.70	951202
	Wendy Pickerl	1:24.74	870425
	Sandra Berger	1:25.58	870214
	Inga Sharplir	1:26.61	870214
	Birget Moe	1:26.99	071117
	Julia Lema	1:28.15	181125
	Kathy Helten	1:36.32	951202
200 M IM	Emily Halajian	2:31.17	170408
	Kelly Marcotte	2:33.04	060408
	Brenda Holmes	2:37.00	800308

	Adriene Pye	2:40.94	010518
	Emily Flowers	2:42.95	170325
	Cynthia Pfeiffer	2:43.13	160402
	Madison Mills	2:44.35	161120
	Susan Edey	2:45.54	040424
	Karin Van Campenhout	2:50.81	0204
	Natalie Tardif	2:56.26	9611
	Alison Bentham	2:56.35s	0305
	Rebecca Allen	3:00.38	120714
	Caitlin Higgins	3:01.38	060408
	S Goske	3:04.60	851123
	Ellen Cunningham	3:17.62	010518
400 M IM	Sara Kennedy	5:16.22	860222
	Kelly Marcotte	5:36.57	0603
	Alison Bentham	5:52.79	0305
	Ellen Cunningham	6:34.25	0104
	Julia Lema	7:04.64	180521

25-29 women

25 M Free	Siubhan Drinnan	13.68	031117
	Stephanie Cholyk	13.80	150207
	Erin Graham	14.91	110205
	Shanna Strain	15.01	140322
	Lyndsay Waddingham	15.47	061118
	Sara Pfeifer	15.52	161120
	Sinead Mahony	15.70	161120
	Rhonda Lee Lawton	15.87	051119
	Heather Watson	17.86	150207
	Michelle LePage	20.01	171125
50 M Free	Stephanie Cholyk	27.54	130520
	Kelly OTool	27.92	090419
	Tania Pendergast	28.30	030516
	Debbie Younger	28.37	9705
	Gail Lorentz	28.44	9705
	Alex Rodriguez Dimitrescu	28.68	1200518
	Siubhan Drinnan	29.09	0305
	Cheryl Gibson	29.16	8502
	Karen Van Campenhout	29.23	0305
	Jocelyn New	29.25	840512
	Morven Burch	29.57	160521
	Christine Ridenour	29.94	180324
	Bonnie Bailey	30.02	910518
	Tonya Chrystian	30.14	140519
	Susan Chafe	30.59	870425
	Sue Munro	30.68	870425
	Jacqui Hunt	30.75	8811
	Jody Lilley	30.75	0305
	Natalie Tardif	30.80	010518
	Anne Charles	31.07	180324

	Shanna Strain	31.11	140405
	Bonnie Bailey	31.13	861129
	Sue Munro	31.40	870410
	Julie Mouris	31.45	1105
	Lori Ingram	31.53	010518
	Joanne Pickerl	31.60	860125
	Erin Graham	32.23	090418
	Rene Starratt	32.70	830524
	Monique Boutin	32.81	951202
	Emma-Lee Kramer	32.88	180521
	Anja Rutishauser	32.93	161120
	Colleen Houston	32.98	101110
	S Paleniuk	33.14	880513
	Lindsay Waddingham	33.16	081115
	Kim Howland	33.27	951202
	Karen Maitland	33.30	841201
	Kim Ward	33.30	860125
	Vicki Guy	33.30	861129
	Francine Victery	33.33	831105
	Terra Manca	33.45	1205
	Carol Rein	33.50	870410
	Lynda Dominy	33.66	870214
	Andrea Helten	33.80	971129
	Carol Nestoruk	34.00	841201
	Danielle Marks	34.05	180407
	Laura McDonald	34.44	061118
	Sinead Mahony	35.44	161120
	Deborah Furler	35.50	081115
	Heather Watson	35.85	160402
	Elizabeth O'Reilly	35.97s	181125
	Maureen Campbell	36.17	831105
	Chelsea Wiebe	36.26	181125
	Laura McDonald	36.34	951202
	Mary Fedсан	36.40	841201
	Rene Starratt	36.50	841201
	Birget Moe	36.69	090117
	H Panet-Raymond	37.30	870410
	Carla Campbell	37.40	871205
	Jane Thornton	38.00	870410
	Christine Burke	40.70	880513
	Janice Stonelake	41.55	870425
	Michelle LePage	46.89	171125
	Sabrina Bright	47.80	870410
100 M Free	Stephanie Cholyk	1:00.51	130406
	Kelly OTool	1:01.19	090418
	Debbie Younger	1:01.49	990320
	Alex Rodriguez Dimitrescu	1:02.34	1205
	Siubhan Drinnan	1:03.26	0305
	Tania Pendergast	1:03.70	0305
	Morven Burch	1:03.97	160522

	Sara Kennedy	1:04.01	910520
	Gail Lorentz	1:04.17	9702
	Marcy Schmidt	1:05.30	1203
	Suzanne Drodge	1:05.37	071117
	Karin Van Campenhout	1:05.77	0305
	Ceilidh Osland	1:06.06r	0712
	Bonnie Bailey	1:06.51	910520
	Phyllis Horman	1:06.80	781202
	Anne Charles	1:07.44	180324
	Natalie Tardif	1:08.42	020517
	Shanna Strain	1:08.47	140405
	Joanne Pickerl	1:08.51	870425
	Colleen Houston	1:08.74	0905
	Emma-Lee Kramer	1:09.46	180520
	Jody Lilley	1:09.62	0305
	Sara Kennedy	1:10.16s	910518
	Susan Chafe	1:10.30	861129
	Lori Ingram	1:10.51	010518
	Julie Mouris	1:10.64	1105
	Erin Graham	1:10.72	081115
	Alison Rudge	1:11.45	070324
	Christine Ridenour	1:11.46s	180325
	Laurel McKellar	1:11.50	851123
	Anne Charles	1:11.57s	180325
	Karen Maitland	1:11.88	831105
	Terra Manca	1:12.03	120414
	Carolyn Harris	1:12.20	8501
	Sue Munro	1:12.75	870425
	Joanne Pickerl	1:12.90	860125
	Anja Rutishauser	1:12.94	161120
	Kim Howland	1:13.48	9605
	Nova Donelon	1:13.65	161120
	Lindsay Waddingham	1:13.73	081115
	Birget Moe	1:14.76	120303
	Emma-Lee Kramer	1:15.15s	180519
	Laura McDonald	1:15.29	061118
	Elizabeth O'Reilly	1:16.19	181125
	Deborah Furler	1:17.03	081115
	Sinead Mahony	1:17.27	170325
	Kristen Bischoff	1:18.33	081115
	L Dominy	1:18.70	861129
	Andrea Helten	1:18.77	9704
	Danielle Marks	1:21.07s	180407
	Heather Watson	1:21.95	150517
	Martine Herrnes	1:20.00	870410
	Kelly Ingram	1:22.51	971129
	Catherine Otoole	1;25.72	871107
	Janice Stonelake	1:36.72	880514
200 M Free	Stephanie Cholyk	2:13.53	130406
	Debbie Younger	2:15.00	970524

	Morven Burch	2:19.55	160403
	Kelly OTool	2:19.73	0904
	Sara Kennedy	2:20.27	910519
	Alex Rodriguez Dimitrescu	2:20.85	1205
	Marcy Schmidt	2:22.42	1201
	Andrea Maber	2:22.64	010518
	Sara Kennedy	2:24.38s	910518
	Siubhan Drinnan	2:25.26	040424
	Anne Charles	2:25.43	180325
	Karin Van Campenhout	2:26.15	0305
	Christine Ridenour	2:27.56	180325
	Suzanne Drodge	2:27.87s	0711
	Jacqui Hunt	2:28.20	8802
	Colleen Houston	2:30.75	9905
	Karen Maitland	2:31.55	831105
	Francine Victery	2:32.11	831105
	Joanne Pickerl	2:33.19	870425
	Emma-Lee Kramer	2:33.88	180519
	Stephanie Slee	2:34.94	0011
	Shanna Strain	2:35.30	140406
	Jody Lilley	2:37.86	0305
	Birget Moe	2:38.05	9905
	Julie Mouris	2:38.64	110326
	Erin Graham	2:39.18	110205
	Tonya Chrystian	2:39.51	130606
	Terra Manca	2:40.86	1205
	Nova Donelon	2:40.86	161120
	Gail Lorentz	2:43.16	9704
	Danielle Marks	2:46.45	180407
	Sara Pfeifer	2:48.55	161120
	Sinead Mahony	2:59.92	170325
	Heather Watson	3:07.65	150516
	Andrea Helten	3:14.35	9704
400 M Free	Stephanie Cholyk	4:41.79	130406
	Hanna Rodriquez-Dimitres	4:50.89	120414
	Kelly OTool	4:55.04	090418
	Marcy Schmidt	4:56.51	120128
	Cheryl Gibson	4:57.32	860222
	Andrea Maber	4:58.80	010518
	Sara Kennedy	5:01.00	910518
	Jessica Roberts	5:01.37	951202
	Suzanne Drodge	5:05.10	071117
	Marcy Schmidt	5:05.46	120324
	Jacqui Hunt	5:10.55	8804
	Anne Charles	5:10.68	180324
	Christine Ridenour	5:14.36	180324
	Mary Jo Pursley	5:15.00	841201
	Susan Chafe	5:22.46	870214
	Karine Tourigny	5:26.88s	0303
	Daile Bonnett	5:30.13	110430

	Birget Moe	5:32.58	1205
	Erin Graham	5:33.90	110430
	Shanna Strain	5:35.42	140405
	Julie Mouris	5:39.62	1005
	Andrea Helten	5:39.68	971129
	Nova Donelon	5:40.25	161120
	Carol Nestoruk	5:48.10	841201
	Terra Manca	5:49.07	1205
	Sara Pfeifer	5:55.52	161120
	Danielle Marks	6:03.38	170121
	Sinead Mahony	6:34.75	170325
	Kelly Ingram	6:50.12	971129
800 M Free	Stephanie Cholyk	9:44.68	130520
	Andrea Maber	10:22.99	010518
	Jacqui Hunt	11:07.35	8811
	Susan Chafe	11:08.67	870510
	Karine Tourigny	11:08.79s	0303
	Birget Moe	11:17.44	1205
	Julie Mouris	11:19.44	1105
	Susan Chafe	11:23.10	870410
	Shanna Strain	11:44.14	140406
	Andrea Helten	11:49.63	9705
	Alison Rudge	11:50.80s	0705
	Daile Bonnett	11:55.44	110430
	Bonnie Bailey	11:57.84s	910517
	Terra Manca	12:02.29	120414
	Erin Graham	12:09.88s	1103
	Kim Howland	12:25.26	9605
	Hope Panet-Raymond	14:56.90	870410
	Sabrina Bright	17:41.10	870410
1500 M Free	Stephanie Cholyk	18:42.65	130517
	Susan Chafe	20:53.76	870510
	Birget Moe	21:05.52	090418
	Karine Tourigny	21:06.45	0303
	Karen Maitland	21:36.00	830524
	Alison Rudge	22:25.95	0705
	Bonnie Bailey	22:43.44	910517
	Erin Graham	23:05.68	1103
	Terra Manca	23:39.13	1205
	Marlene Herrves	23:41.90	870410
	Christina Weiss	25:55.69	9704
3000 M Open	Tonya Chrystian	47:12.70	140803
25 M Back	Kelly Marcotte	15.87	081115
	Karin Tourigny	17.47	021123
	Jalene Smith	19.72	051119
	Rhonda Lee Lawton	20.50	051119
	Maureen Campbell	20.80	831105
50 M Back	Cheryl Gibson	32.04	851123
	Kelly OTool	32.21	090418
	Morven Burch	33.43r	160521

	Trisia Chrzanowski	35.14	0401
	Jessica Roberts	35.29	951202
	Morven Burch	35.62	160228
	Karen Nelson	35.90	800308
	Karine Tourigny	36.10	0305
	Emma-Lee Kramer	36.14	180519
	Susan Chafe	36.30	861129
	Colleen Houston	36.57	0905
	Shanna Strain	36.84	140406
	Stephanie Cholyk	37.35	130517
	Erin Graham	38.31	110326
	Kim Ward	38.40	860125
	Kim Howland	38.45	971129
	Anne Charles	38.71s	180325
	Tonya Chrystian	38.92	121117
	Julie Mouris	38.97	100206
	Alex Rodriguez Dimitrescu	39.32	110430
	Carol Rein	39.92	8905
	Bonnie Bailey	40.17	870425
	Sue Munro	40.45	870425
	Lindsay Waddingham	41.35	0605
	Lori Ingram	41.35	010518
	Laura McDonald	41.71	951202
	Wendy Pickerl	42.10	871205
	Carla Campbell	42.37	880514
	Chelsea Wiebe	42.37	181125
	Shirley Lister-Piercy	43.50	841201
	Lynda Dominy	43.60	860125
	H Panet-Raymond	43.90	870410
	Maureen Campbell	44.20	830524
	Lynda Dominy	44.50	8501
	Jane Thornton	50.10	871205
100 M Back	Cheryl Gibson	1:07.80	8503
	Kelly OTool	1:09.31	0904
	Morven Burch	1:10.46	160522
	Stephanie Cholyk	1:14.77	130517
	Jessica Roberts	1:15.71	951202
	Sara Kennedy	1:15.74	910518
	Phyllis Horman	1:16.50	781202
	Emma-Lee Kramer	1:16.86	180521
	Karine Tourigny	1:17.11	0305
	Colleen Houston	1:17.65s	0905
	Susan Chafe	1:17.90	870410
	Rene Przewitt	1:18.44	9912
	Stephanie Slee	1:19.67	0003
	Shanna Strain	1:20.24	130406
	Anne Charles	1:20.81s	180325
	Daile Bonnett	1:21.74	110430
	Kim Howland	1:21.80	9605
	Nova Donelon	1:22.47	161120

	Erin Graham	1:22.58	090418
	Laurel McKellar	1:22.70	841201
	Julie Mouris	1:22.81	1105
	Kim Ward	1:22.90	860125
	Karen Maitland	1:23.20	841201
	Bonnie Bailey	1:23.88	870214
	Laurel McKellar	1:24.10	860125
	Sue Munro	1:24.75	870214
	Carol Rein	1:24.97	880515
	Tonya Chrystian	1:27.10	140125
	Rene Starratt	1:27.20	841201
	Francine Victery	1:27.75	831105
	Lynda Dominy	1:30.42	870214
	Elizabeth O'Reilly	1:31.54	181125
	Birget Moe	1:32.59	110430
	Lindsay Waddingham	1:33.73	0605
	Andrea Helten	1:35.78	9704
200 M Back	Cheryl Gibson	2:31.03	850216
	Kelly OTool	2:32.60	090418
	Colleen Houston	2:41.37	0905
	Sara Kennedy	2:43.25	910518
	Karine Tourigny	2:45.61	0303
	Anne Charles	2:46.02	180325
	Morven Burch	2:50.07	160228
	Stephanie Slee	2:50.32	0011
	Abdrea Wuetherick	2:51.66	0305
	Shanna Strain	2:51.76	140406
	Karen Nelson	2:51.90	801206
	Erin Graham	3:03.40	100417
	Birget Moe	3:15.79	110430
25 M Breast	Siubhan Drinnan	17.69	031117
	Alison Rudge	18.37	081115
	Heather Watson	19.64	151121
	Julie Mouris	19.87	101120
	Birget Moe	21.09	081115
	Rhonda Lee Lawton	21.15	051119
	Erin Graham	21.45	101120
	Sinead Mahony	21.69	161120
	Michelle LePage	26.70	171125
50 M Breast	Karen Van Campenhout	36.35	030516
	Tania Pendergast	36.54	030516
	Jacqui Hunt	36.91	880515
	Tonya Chrystian	37.40	140518
	Lisa Hiruki	37.63	910519
	Siubhan Drinnan	38.58	0303
	Natalie Tardif	38.65	010518
	Marcy Schmidt	38.66	1203
	Tracy Mcquair	38.73	0203
	Carol Rein	39.57	880515
	Kelly OTool	39.60	090307

	Corinne Whelan	39.65	780624
	Alison Rudge	40.11	0705
	Rene Starratt	40.90	830524
	Michelle Griffith	40.91	8905
	Jody Lilley	41.06	0305
	Carol Rein	41.40	870410
	Wendy Pickerl	41.90	871205
	Deborah Furler	42.33	081115
	Heather Watson	42.52	160522
	Chelsea Wiebe	44.07	181125
	Julie Mouris	44.80	100206
	Christine Ridenour	44.84s	180325
	Lori Ingram	45.30	990417
	Birget Moe	45.56	091128
	Laura Huxley	47.41	161120
	Vicki Guy	48.00	861129
	Lyndsay Waddingham	48.92	051119
	Catherine Otoole	49.31	871107
	Janice Stonelake	49.39	880515
	Cristine Burke	49.40	880515
	Sinead Mahony	49.46	161120
	Kim Howland	50.00	951202
	Jane Thornton	51.20	870410
	Michelle LePage	58.05	171125
100 M Breast	Tania Pendergast	1:20.57	030517
	Tonya Chrystian	1:21.51	140517
	Jacqui Hunt	1:21.55	880517
	Marcy Schmidt	1:22.42	120128
	Karen Van Campenhout	1:23.44	0305
	Gail Lorentz	1:23.70	9703
	Natalie Tardif	1:23.72	010518
	Lisa Hiruki	1:24.43	910518
	Cheryl Gibson	1:25.20	8503
	Siubhan Drinnan	1:25.52	0305
	Rene Starratt	1:25.70	810418
	Alison Rudge	1:26.08	0705
	Kelly OTool	1:27.99	070211
	Kelly Kennedy	1:28.00	9912
	Carol Rein	1:28.02	870425
	Michelle Griffiths	1:28.99	8905
	Jody Lilley	1:32.32	0305
	Heather Watson	1:33.13	151121
	Anja Rutishauser	1:34.39	161120
	Christine Ridenour	1:35.89	180325
	Karen Maitland	1:36.91	831105
	Birget Moe	1:37.92	120303
	Laura Huxley	1:40.53	161120
	Cristine Burke	1:44.90	880517
	Marie Caners	2:04.67	950311
200 M Breast	Marcy Schmidt	2:55.02	120128

	Tonya Chrystian	2:55.44	140519
	Jacqui Hunt	2:58.42	880514
	Natalie Tardif	3:00.13	010518
	Rene Starratt	3:04.30	810418
	Siubhan Drinnan	3:06.34	0305
	Lisa Hiruki	3:07.12	910520
	Alison Rudge	3:10.77	0705
	Carol Rein	3:12.50	8803
	Heather Watson	3:22.33	150518
	Birget Moe	3:26.97	100306
25 M Fly	Siubhan Drinnan	14.49	031117
	Corinne Whelan	14.65	780624
	Rene Starratt	15.20	841201
	Erin Graham	15.40	110205
	Alison Rudge	15.59	081115
	Morven Burch	15.63	160130
	Susan Chafe	15.68	870214
	Bonnie Bailey	16.03	870214
	Lynda Dominy	16.40	861129
	Maureen Campbell	17.30	841201
	Laura McDonald	17.60	061118
	Vicki Guy	18.10	861129
	Lindsay Waddingham	18.28	061118
	Rhonda Lee Lawton	19.51	051119
	Kristen Bischoff	19.57	081115
50 M Fly	Debbie Younger	29.92	990417
	Siubhan Drinnan	30.67	040424
	Kelly OTool	31.49	090307
	Gail Lorentz	31.70	9702
	Tonya Chrystian	31.71	140516
	Morven Burch	31.74	160520
	Ceilidh Osland	31.97	0712
	Susan Chafe	32.11	8705
	Andrea Maber	32.76	010518
	Karine Tourigny	33.31	0305
	Lisa Hiruki	33.33	910519
	Karen Nelson	33.40	801108
	Alison Rudge	33.89	0705
	Karin Van Campenhout	34.01	0305
	Bonnie Bailey	34.12	910519
	Rene Starratt	34.20	830524
	Joanne Pickerl	34.36	861129
	Tonya Chrystian	34.41	140712
	Julie Mouris	34.47	101020
	Jody Lilley	34.59	0305
	Erin Graham	34.72	100417
	Laurel McKellar	35.00	830524
	Christine Ridenour	35.36	180325
	Colleen Houston	36.07	100306
	Chelsea Wiebe	36.89	181125

	Hanna Rodriguez-Dimitres	36.93s	170422
	Lynda Dominy	37.00	8501
	Lori Ingram	37.11	010518
	Maureen Campbell	37.50	831105
	Laura McDonald	38.05	061118
	Birget Moe	38.37	091128
	Lindsay Waddingham	39.22	060408
	Laurey Forrester	39.30	951202
	Andrea Helten	40.40	971129
	Laura Huxley	41.47	161120
	Nova Donelon	42.66	161120
	Monique Boutin	52.26	951202
100 M Fly	Debbie Younger	1:05.82	990320
	Gail Lorentz	1:10.93	9703
	Siubhan Drinnan	1:11.59	040424
	Andrea Maber	1:10.94	010518
	Susan Chafe	1:12.17	870508
	Alex Rodriguez Dimitrescu	1:15.44	1204
	Tonya Chrystian	1:17.30	121117
	Julie Mouris	1:18.41	1105
	Laurel McKellar	1:18.60	851123
	Alison Rudge	1:18.77	0705
	Laurel McKellar	1:19.70	860125
	Erin Graham	1:20.67	090418
	Karine Tourigny	1:22.43	020517
	Birget Moe	1:27.69	110430
	Heather Watson	1:34.97	151121
200 M Fly	Andrea Maber	2:41.92	010521
	Susan Chafe	2:42.52	870508
	Siubhan Drinnan	2:50.91	040424
	Birget Moe	3:04.38	1205
100 M IM	Debbie Younger	1:10.61	990417
	Cheryl Gibson	1:11.40	8503
	Tania Pendergast	1:12.72	0305
	Gail Lorentz	1:12.98	9703
	Tonya Chrystian	1:13.79	140518
	Morven Burch	1:14.04	160521
	Marcy Schmidt	1:15.33	120317
	Karin Van Campenhout	1:15.73	0305
	Stephanie Cholyk	1:15.74	130517
	Suzanne Drodge	1:16.28	071117
	Andrea Maber	1:16.31	0012
	Lisa Hiruki	1:16.33	910518
	Karen Nelson	1:16.34	810418
	Karine Tourigny	1:16.83	0305
	Natalie Tardif	1:17.35	010518
	Jacqui Hunt	1:17.40	8804
	Alison Rudge	1:17.97	0705
	Colleen Houston	1:18.49	100417
	Bonnie Bailey	1:18.63	910518

	Emma-Lee Kramer	1:19.29	180520
	Kelly OTool	1:19.35s	0903
	Joanne Pickerl	1:20.00	870410
	Susan Chafe	1:20.05	870214
	Carol Rein	1:20.25	870425
	Jody Lilley	1:21.52	0305
	Laurel McKellar	1:22.60	841201
	Joanne Pickerl	1:22.70	860125
	Julie Mouris	1:22.97	100206
	Erin Graham	1:23.11	101120
	Michelle Griffith	1:23.54	890519
	Shanna Strain	1:24.60	130406
	Sue Munro	1:24.75	870214
	Lori Ingram	1:25.09	010518
	Birget Moe	1:25.69	110430
	Wendy Pickerl	1:26.03	880213
	Kim Howland	1:26.04	971129
	Kim Ward	1:26.10	860125
	S Paleniuk	1:27.59	880513
	Laura McDonald	1:27.79	061118
	Manlene Herrves	1:29.80	870410
	Laurey Forrester	1:31.53	951202
	Lynda Dominy	1:30.42	870214
	Heather Watson	1:32.26	160402
	Kristen Bischoff	1:33.43	081115
	Rhonda Lee Lawton	1:33.64	051119
	Maureen Campbell	1:35.70	830524
200 M IM	Cheryl Gibson	2:33.93	850216
	Kelly OTool	2:38.74	090307
	Stephanie Cholyk	2:42.62	130323
	Andrea Maber	2:43.14	010518
	Gail Lorentz	2:43.16	9705
	Karine Tourigny	2:47.44	0305
	Susan Chafe	2:48.14	870425
	Tonya Chrystian	2:50.12	130406
	Christine Ridenour	2:53.99	180324
	Colleen Houston	2:54.58	090418
	Laurel McKellar	2:55.30	851123
	Carol Rein	2:55.74	880514
	Julie Mouris	2:57.70	1103
	Daile Bonnett	2:59.19	110430
	Birget Moe	2:59.97	1205
	Erin Graham	3:03.39	110430
400 M IM	Cheryl Gibson	5:21.02	8508
	Tonya Chrystian	5:44.55	140519
	Andrea Maber	5:51.26	0104
	Karine Tourigny	5:55.27	0305
	Susan Chafe	6:01.18	8705
	Birget Moe	6:19.10	1205

30-34 women

25 M Free	Debbie Younger	13.13	031117
	Siubhan Drinnan	13.81	051119
	Latifa Mousli	15.19	151121
	Kim Mather	16.92	121117
	Heather Reeves	17.04	121117
	Tiffany Baker	18.09	140201
50 M Free	Miranda McLay	20.07	151121
	Debbie Younger	27.98	0204
	Siubhan Drinnan	28.21	080517
	Ceilidh Osland	28.46	130517
	Hanna Dimitrescu	29.14	180324
	Michelle MacWhirter	29.45	091128
	Jacqui Hunt	29.46	900127
	Tonya Chrystian	29.98	150516
	Karin Diedl-Ferris	30.10	0305
	Sabrina Lee	30.91	091128
	Corinne Whelan	31.00	801108
	Rene Starratt	31.05	8905
	Kim Howland	31.67	990417
	Lori Ingram	32.57	060121
	Julie Kerr	32.59	090307
	Latifa Mousli	32.83	160130
	Dorothy Wong	33.12	010518
	Birget Moe	33.83	130202
	Colleen Houston	33.85	110205
	Frances Pownall	34.00	951202
	Tara Farrell	34.44	161120
	Dorothy Wong	34.73	990417
	Sylvie Morissette	35.16	100206
	Rhonda Lee Curran	35.54	060408
	Laura McGowan	35.55	091128
	Maureen Campbell	35.64	910518
	Leigh Garvie	35.74	890408
	Karen Keller	37.33	8905
	Magdalena Celejowski	37.98	160402
	Cheryl Walker	38.02	910518
	Lesley Dyck	38.42	951202
	Kim Mather	38.81	121117
	Heather Reeves	38.95	121117
	Janice Demco	38.97	910518
Dionne Weicker	39.65	871107	
Tiffany Baker	39.96	140201	
Karen Keller	40.11	890408	
Kelly Peloquin	40.40	971129	
100 M Free	Debbie Younger	1:01.48	020421
	Ceilidh Osland	1:02.11	130517
	Siubhan Drinnan	1:02.27	0805
	Michelle MacWhirter	1:03.51	091128
	Hannah Dimitrescu	1:04.67	180428

	Jacqui Hunt	1:06.63	910520
	Sharon Johnson	1:08.14	0311
	Karin Diedl-Ferris	1:08.58	0303
	Adele Gagnon	1:09.05	160402
	Kim Howland	1:11.70	990514
	Latifa Mousli	1:12.71	160130
	Colleen Houston	1:13.31	110430
	Corinne Whelan	1:13.50	820116
	Birget Moe	1:13.87	090207
	Julie Kerr	1:13.87	090207
	Frances Pownall	1:17.72	951202
	Tara Farrell	1:19.02	161120
	Maureen Campbell	1:19.03	910520
	Leigh Garvie	1;19.10	890408
	Laura McGowan	1:19.32	091128
	Marg Vetter	1:21.00	811114
	Rhonda Lee Curran	1:22.74	060408
	Cheryl Walker	1:23.34	910520
	Karen Keller	1:27.36	8905
	Lesley Dyck	1:29.50	951202
	Heather Reeves	1:30.06	121117
200 M Free	Debbie Younger	2:11.67	030518
	Siubhan Drinnan	2:19.59	0805
	Ceilidh Osland	2:23.91	130517
	Wendy Charoyer	2:25.86	920322
	Hanna Dimitrescu	2:28.65s	180324
	Sharon Johnson	2:33.45s	0311
	Maureen Mora	2:34.47	9705
	Colleen Houston	2:38.24	110205
	Birget Moe	2:38.63	130517
	Tonya Chrystian	2:49.26s	151121
400 M Free	Kristjanna Grimmelt	2:58.85	150205
	Debbie Younger	4:45.12	030201
	Hanna Dimitrescu	5:02.01	180428
	Adele Gagnon	5:05.24	160402
	Susan Chafe	5:06.30	900212
	Sharon Johnson	5:16.85	0311
	Siubhan Drinnan	5:21.56	091115
	Birget Moe	5:29.74	130517
	Tonya Chrystian	5:50.42	151121
	Tara Farrell	6:16.51	161120
	Rhonda Lee Curran	7:08.16	090418
800 M Free	Kelly Peloquin	7:17.61	971129
	Debbie Younger	9:56.15	030330
	Hanna Dimitrescu	10:21.03	180519
	Susan Chafe	10:54.62	900513
	Birget Moe	11:14.25	130517
	Siubhan Drinnan	11:17.22	0603
	Kristjanna Grimmelt	13:08.37	150425
	Rhonda Lee Curran	14:41.31	090418

1500 M Free	Debbie Younger	18:47.76	031213
	Susan Chafe	20:27.41	900513
	Birget Moe	21:33.43	130517
	Kristjanna Grimmelt	25:00.36	150425
3000 M Open	Birget Moe	49:21.80	140803
25 M Back	Debbie Younger	15.66	031117
	Barb Arnold	16.78	081115
	Siubhan Drinnan	18.41	061118
	Lara Browne	18.99	081115
	Latifa Mousli	19.10	151121
	Miranda McLay	23.23	151121
50 M Back	Debbie Younger	32.97	041120
	Michelle MacWhirter	33.42r	0911
	Susan Chafe	35.34	910520
	Siubhan Drinnan	35.51	0805
	Barb Arnold	36.52	081115
	Kim Howland	36.87	990514
	Karin Diedl-Ferris	37.15	0305
	Ceilidh Osland	37.20	130406
	Corinne Whelan	37.80	801108
	Silvie Morissette	38.16	100206
	Julie Kerr	38.66	090418
	Lara Browne	39.24	081115
	Tara Farrell	40.16	161120
	Latifa Mousli	41.60	151121
	Leigh Garvie	41.74	890408
	Laura McGowan	42.33	100206
	Morag Hone	42.77	950311
	Dorothy Wong	42.92	010518
	Rhonda Lee Curran	44.69	060408
	Janice Demco	46.06	910520
	Karen Keller	50.56	890408
	Lesley Dyck	50.61	951202
	Cindy Yusishen	51.07	950311
Karin Steeves	52.13	861129	
Jan Adams	59.90	870410	
100 M Back	Debbie Younger	1:10.32	031213
	Susan Chafe	1:16.62	910519
	Silvie Morissette	1:20.34	100206
	Kim Howland	1:20.93	990514
	Wendy Charoyer	1:22.67s	910518
	Siubhan Drinnan	1:24.23	090117
	Colleen Houston	1:24.67	110430
	Kristjanna Grimmelt	1:29.80	150425
	Leigh Garvie	1:31.07	890408
	Dorothy Wong	1:34.75	010518
	Rhonda Lee Curran	1:37.27	060408
	Gail Clarke	1:40.10	811114
	200 M Back	Debbie Younger	2:30.62
Susan Chafe		2:46.55	910518

	Wendy Charoyer	2:48.79	910518
	Siubhan Drinnan	3:04.53	090117
	Kristjanna Grimmelt	3:13.47	150207
	Birget Moe	3:17.81	130417
	Dorothy Wong	3:24.53	010518
25 M Breast	Debbie Younger	17.12	031117
	Siubhan Drinnan	18.27	051119
	Tiffany Baker	21.69	140201
	Miranda McLay	25.42	151121
50 M Breast	Jacqui Hunt	36.42	910519
	Debbie Younger	36.80	0411
	Tonya Chrystian	36.92	150517
	Siubhan Drinnan	38.44	0805
	Karin Diedl-Ferris	38.81	0305
	Sabrina Lee	39.14	091128
	Rene Starratt	39.36	8901
	Corinne Whelan	40.60	801108
	Carol Rein	41.99	910519
	Dorothy Wong	42.80	9912
	Frances Pownall	45.11	951202
	Cheryl Walker	47.71	910519
	Rhonda Lee Curran	48.09	060121
	Tiffany Baker	48.54	140201
	Laura McGowan	48.84	100206
	Jan Adams	53.20	870410
100 M Breast	Debbie Younger	1:20.15	030330
	Tonya Chrystian	1:20.38	150516
	Jacqui Hunt	1:20.98	910518
	Rene Starratt	1:24.26	8905
	Siubhan Drinnan	1:24.45	0805
	Karin Diedl-Ferris	1:26.49	0305
	Corinne Whelan	1:30.40	830122
	Carol Rein	1:32.33	910518
	Dorothy Wong	1:33.01	9912
	Linda Parsons	1:36.40	781202
	Birget Moe	1:36.42	130517
	Anja Rutishauser	1:38.34	171125
	Kelly Peloquin	1:38.56	971129
	Cheryl Walker	1:42.94	910518
200 M Breast	Debbie Younger	2:50.49	040327
	Tonya Chrystian	2:53.04	150518
	Jacqui Hunt	2:58.42	880514
	Rene Starratt	3:06.46	8905
	Siubhan Drinnan	3:11.45	0504
	Birget Moe	3:28.72	130417
25 M Fly	Debbie Younger	13.83	041107
	Siubhan Drinnan	14.67	051119
	Corinne Whelan	15.20	801206
	Lara Browne	15.93	081115
	Sabrina Lee	16.03	091128

	Latifa Mousli	17.03	160130
	Laura McGowan	18.81	091128
	Kim Mather	19.19	121117
	Heather Reeves	19.54	121117
	Miranda McLay	23.00	151121
50 M Fly	Debbie Younger	29.26	030518
	Siubhan Drinnan	30.59	0805
	Ceilidh Osland	31.08	130517
	Tonya Chrystian	31.70	150515
	Susan Chafe	32.01	900512
	Michelle MacWhirter	32.12	091128
	Wendy Chaboyer	32.54	910519
	Susan Chafe	32.68	910519
	Karin Diedl-Ferris	32.78	0305
	Rene Starratt	33.63	8904
	Hanna Dimitrescu	34.23	180520
	Julie Kerr	36.51	090307
	Maureen Campbell	37.04	910519
	M Feehan	37.40	851123
	Lori Ingram	38.23	060121
	Tara Farrell	38.37	161120
	Kristjanna Grimmelt	39.66	150207
	Birget Moe	39.86	151121
	Laura McGowan	41.63	100206
	Rhonda Lee Curran	46.13	0605
100 M Fly	Debbie Younger	1:04.98	030516
	Ceilidh Osland	1:09.52	130517
	Susan Chafe	1:10.77	900513
	Siubhan Drinnan	1:10.90	0805
	Tonya Chrystian	1:11.83	150518
	Wendy Chaboyer	1:13.44	910520
	Birget Moe	1:25.03	130202
	M Feehan	1:26.00	851123
	Kristjanna Grimmelt	1:37.94	150425
200 M Fly	Debbie Younger	2:25.45	030517
	Susan Chafe	2:39.10	900420
	Tonya Chrystian	2:44.95	150516
	Siubhan Drinnan	2:53.71	0705
	Birget Moe	3:02.41	130517
	Kristjanna Grimmelt	3:48.75	150425
100 M IM	Debbie Younger	1:08.17	030516
	Michelle MacWhirter	1:14.43	091128
	Siubhan Drinnan	1:14.68	090418
	Sabrina Lee	1:15.47	091128
	Jacqui Hunt	1:15.62	910518
	Karin Diedl-Ferris	1:16.44	0305
	Wendy Charoyer	1:17.42	910518
	Rene Starratt	1:17.59	8905
	Ceilidh Osland	1:17.76	1205
	Lara Browne	1:20.21	081115

	Kim Howland	1:22.29	990514
	Colleen Houston	1:22.66	110430
	Silvie Morissette	1:23.17	100206
	Corinne Whelan	1:24.30	830122
	Julie Kerr	1:25.24	090307
	Carol Rein	1:25.76	910518
	Anja Rutishauser	1:26.10	171125
	Birget Moe	1:26.95	150425
	Dorothy Wong	1:30.96	990417
	Laura McGowan	1:31.51	091128
	Rhonda Lee Curran	1:34.85	060408
	Kim Mather	1:37.17	121117
	R Byers	1:46.50	790224
200 M IM	Debbie Younger	2:25.74	030517
	Tonya Chrystian	2:44.18	150425
	Siubhan Drinnan	2:46.85	0705
	Jacqui Hunt	2:46.92	910520
	Rene Starratt	2:53.98	8904
	Hannah Dimitrescu	2:54.55	170422
	Birget Moe	3:01.01	130517
	Rhonda Lee Curran	3:33.24	090418
400 M IM	Debbie Younger	5:13.92	040327
	Tonya Chrystian	5:52.56	160403
	Siubhan Drinnan	6:14.14	090117
	Birget Moe	6:18.88	130517
	Rhonda Lee Curran	7:54.93	090418

35-39 women

25 M Free	Michelle MacWhirter	13.11	101120
	Debbie Younger	13.74	091128
	Christine Hansler	14.65	071117
	Elaine Lebuke	15.03	041120
	Rhonda Lee Curran	17.15	130202
50 M Free	Michelle MacWhirter	27.37	120520
	Debbie Younger	27.79	050521
	Siubhan Drinnan	28.41r	1105
	Ceilidh Osland	28.90	180521
	Christine Hansler	29.51r	0905
	Gail McGinnis	29.67	0404
	Gail Johnson	31.17	0712
	Rene Starratt	31.46	910518
	Lara Hammons	32.39	130202
	Marlene Daviduk	32.82	971129
	Carla Rodriguez Dimitrescu	33.88r	180520
	Leigh Garvie	35.59	930417
	Cathy Watta	36.22	971129
	Carol Sullivan	37.37	971129
	Anne Clifford	37.87	130202
	Rhonda Lee Curran	38.65	130202

	Lori McDonald	39.99	951202
	Loretta Patterson	40.60	791124
	Mary McLintock	43.10	870410
	Karin Steeves	43.20	870410
100 M Free	Michelle MacWhirter	59.53	130518
	Debbie Younger	59.65	050523
	Suibhan Drinnan	1:02.25	1105
	Christine Hansler	1:03.12	0905
	Ceilidh Osland	1:04.18	140516
	Tracy MacPherson	1:07.47	101120
	Tracy Cisek	1:10.17	100206
	Rene Starratt	1:12.20	931204
	Sally Hogg	1:15.00	861129
	Marlene Daviduk	1:15.72	971129
	Carla Rodriguez Dimitrescu	1:17.20s	180519
	Leigh Garvie	1:18.35	930417
	Laurie McDonald	1:25.86	951202
	Susan Ayala	1:30.70	870410
	Karin Steeves	1:37.90	870410
200 M Free	Michelle MacWhirter	2:09.75	130519
	Debbie Younger	2:17.28	050115
	Christine Hansler	2:20.26	0805
	Siubhan Drinnan	2:22.62	140426
	Ceilidh Osland	2:22.81	140201
	Sally Hogg	2:41.99	861129
	Carla Rodriguez Dimitrescu	2:42.04	180429
400 M Free	Michelle MacWhirter	4:39.90	140517
	Debbie Younger	4:45.05	050523
	Christine Hansler	5:02.26s	0905
	Tracy MacPherson	5:09.64	101120
	Suibhan Drinnan	5:10.34	140426
	Brenna Mardyn	5:20.60	0605
	Ceilidh Osland	5:22.16	150221
	Elaine Lebuke	5:44.47	0302
	Carla Rodriguez Dimitrescu	5:44.97	180428
	Karen Maitland	6:01.09	920522
800 M Free	Debbie Younger	9:31.79	050523
	Michelle MacWhirter	9:33.66	130517
	Christine Hansler	10:22.83	0905
	Siubhan Drinnan	10:42.08	140427
	Brenna Mardyn	11:02.46	0605
	Karen Maitland	12:20.45	920522
	Carle Rodriguez Dimitrescu	12:23.69	181125
1500 M Free	Debbie Younger	18:45.07	050409
	Michelle MacWhirter	18:58.38	130417
3000 M Open	Siubhan Drinnan	46:48.70	140803
25 M Back	Michelle MacWhirter	15.80	130323
	Debbie Younger	15.96	091128
	Christine Hansler	17.27	071117
	Siubhan Drinnan	18.14	111119

	Elaine Lebuke	18.19	041120
50 M Back	Michelle MacWhirter	30.95	140516
	Debbie Younger	32.32	050522
	Christine Hansler	34.01	0905
	Ceilidh Osland	36.29	150207
	Siubhan Drinnan	36.45	130517
	Susan Chafe	37.10	961130
	Elaine Lebuke	37.27	0303
	Leigh Garvie	42.13	930417
	Laurie McDonald	49.51	951202
	Karen Keller	51.07	950518
	Karin Steeves	52.13	870214
	Mary McLintock	57.60	870410
100 M Back	Michelle MacWhirter	1:06.64	130519
	Debbie Younger	1:10.21	050115
	Christine Hansler	1:12.03	0905
	Ceilidh Osland	1:15.33	170408
	Siubhan Drinnan	1:18.20	130202
	Susan Chafe	1:21.86	990211
	Tracy Cisek	1:23.52	100206
	Leigh Garvie	1:31.66	930417
	Karin Steeves	1:55.50	870410
200 M Back	Michelle MacWhirter	2:24.00	140517
	Debbie Younger	2:24.71	050520
	Christine Hansler	2:36.90	0905
	Siubhan Drinnan	2:53.79	130203
	Leigh Garvie	3:20.06	830417
25 M Breast	Debbie Younger	17.35	071117
	Siubhan Drinnan	17.88	111119
	Michelle MacWhirter	18.27	121117
	Brenna Mardyn	18.92	061118
	Elaine Lebuke	19.17	041120
50 M Breast	Debbie Younger	36.48	080209
	Siubhan Drinnan	37.56	1105
	Jacqui Hunt	37.82	950422
	Michelle MacWhirter	38.29	120317
	Rene Starratt	39.32	910519
	Elaine Lebuke	39.78	0308
	Brenna Mardyn	41.33	061118
	Lara Hammons	42.74	130202
	Marlene Daviduk	43.92	971129
	Carol Sullivan	44.09	971129
	Mary McLintock	51.40	870410
	Laurie McDonald	51.95	950518
100 M Breast	Debbie Younger	1:19.69	080330
	Siubhan Drinnan	1:21.42	1105
	Michelle Anderson	1:23.26	130202
	Rene Starratt	1:23.89	920523
	Brenna Mardyn	1:25.09	0605
	Elaine Lebuke	1:26.63	0308

	Tracy Cisek	1:36.27	100206
	Carol Sullivan	1:41.02	990320
200 M Breast	Debbie Younger	2:51.81	050219
	Siubhan Drinnan	3:00.07	110415
	Michelle Anderson	3:04.75	130126
	Brenna Mardyn	3:06.20	0605
	Rene Starratt	3:06.94	920523
	Elaine Lebuke	3:10.75	0308
25 M Fly	Michelle MacWhirter	14.36	101106
	Ceilidh Osland	14.61	180407
	Siubhan Drinnan	14.72	110205
	Lara Hammons	15.96	130202
	Carla Rodriguez Dimitrescu	16.24	181125
	Rhonda Lee Curran	19.59	130202
50 M Fly	Debbie Younger	29.09	050520
	Siubhan Drinnan	30.48	1105
	Michelle MacWhirter	30.96	120317
	Ceilidh Osland	31.30	140517
	Victoria Williams	33.07	820312
	Susan Chafe	33.12	950311
	Rene Starratt	33.81	910519
	Christine Hansler	33.91s	0905
	Gail McGinnis	34.32s	0404
	Carla Rodriguez Dimitrescu	35.34	180429
	Tracy Cisek	35.80	100206
	Carol Sullivan	42.04	990417
	Brenna Mardyn	42.33	051119
	Lori McDonald	48.21	951202
	Rhonda Lee Curran	48.48	130202
	Karen Keller	50.68	950311
	Susan Ayala	51.60	870425
100 M Fly	Debbie Younger	1:03.07	050522
	Michelle MacWhirter	1:08.44	1204
	Siubhan Drinnan	1:09.13	1105
	Ceilidh Osland	1:09.46	140516
	Gail McGinnis	1:12.43	040424
	Susan Chafe	1:14.88	950311
	Carla Rodriguez Dimitrescu	1:21.36	180428
	Brenna Mardyn	1:24.87	060408
200 M Fly	Debbie Younger	2:21.76	050521
	Siubhan Drinnan	2:49.05	120128
	Ceilidh Osland	2:54.93	160403
100 M IM	Debbie Younger	1:07.51	050521
	Michelle MacWhirter	1:10.05	130405
	Suibhan Drinnan	1:12.78	1205
	Christine Hansler	1:13.52	0905
	Rene Starratt	1:16.30	920523
	Tracy MacPherson	1:19.13	101120
	Elaine Lebuke	1:19.58	0308
	Tracy Cisek	1:19.91	100206

	Brenna Mardyn	1:32.05	051119
	Carol Sullivan	1:33.97	990320
	Lori McDonald	1:41.87	951202
	Susan Ayala	1:45.50	870410
200 M IM	Debbie Younger	2:23.47	050522
	Michelle Anderson	2:33.61	130202
	Gail McGinnis	2:41.84	0407
	Christine Hansler	2:42.15	0905
	Siubhan Drinnan	2:43.08	1204
	Rene Starratt	2:50.54	920523
	Ceilidh Osland	2:55.06	161120
	Marilyn Shaw	4:11.60	820708
400 M IM	Debbie Younger	5:16.07	050213
	Michelle Anderson	5:28.26	130126
	Siubhan Drinnan	5:56.72	140125
	Brenna Mardyn	6:02.99	0605

40-44 women

25 M Free	Siubhan Drinnan	13.83	180407
	Debbie Younger	14.03	140201
	Gail McGinnis	14.09	071117
	Karen Fradette	15.52	991106
50 M Free	Gail McGinnis	29.00	060218
	Debbie Younger	29.46	100306
	Siubhan Drinnan	29.51	150516
	Jacqui Hunt	31.67	0303
	Karen Fradette	33.53	990320
	Sandy Compton	36.50	170325
	Maureen Campbell	36.58	971129
	Karen Keller	38.28	9704
	Susan Ayala	40.30	871205
	Maureen Harvey	41.30	791124
100 M Free	Gail McGinnis	1:03.46	060521
	Siubhan Drinnan	1:04.65	150517
	Debbie Younger	1:06.43	100206
	Leigh Garvie	1:16.21	970627
	Mary Ann Cuviller	1:18.33	990417
	Maureen Campbell	1:20.28	971129
	Sandy Compton	1:23.86	180407
	Susan Ayala	1:32.63	890408
200 M Free	Gail McGinnis	2:17.82	060521
	Debbie Younger	2:20.93	110430
	Siubhan Drinnan	2:26.63	170325
	Jacqui Hunt	2:38.24s	0303
	Leigh Garvie	2:47.82	970627
400 M Free	Gail McGinnis	4:50.57	060408
	Debbie Younger	4:54.57	110430
	Tracy MacPherson	5:18.28	110430
	Siubhan Drinnan	5:19.93	151121

	Jacqui Hunt	5:31.46	0302
	Maureen Campbell	6:18.68	971129
	Leigh Garvie	6:27.87	971129
	Karen Keller	7:23.86	9704
	Marie Matrin	7:39.74	961130
800 M Free	Gail McGinnis	10:07.11	060409
	Siubhan Drinnan	10:52.07	150425
	Jacqui Hunt	11:09.14	0308
	Leigh Garvie	12:44.50	970524
1500 M Free	Gail McGinnis	20:20.20	060326
	Siubhan Drinnan	21:03.14	160809
3k Open	Siubhan Drinnan	53:25.40	170811
25 M Back	Debbie Younger	16.76	140322
	Gail McGinnis	17.67	071117
	Karen Fradette	18.86	991106
50 M Back	Debbie Younger	34.16	110205
	Gail McGinnis	36.07	060225
	Siubhan Drinnan	36.12r	180429
	Karen Fradette	38.24r	990514
	Mary Ann Cuviller	41.82	990417
	Leigh Garvie	42.87	961130
	Sandy Compton	45.75r	170409
	Dagmar Carlsen	48.00	811114
	Karen Keller	49.19	9704
100 M Back	Debbie Younger	1:14.18	110205
	Gail McGinnis	1:17.47	060409
	Siubhan Drinnan	1:17.88	180428
	Tracy MacPherson	1:20.59	110430
	Karen Fradette	1:23.79	9804
	Leigh Garvie	1:29.04	9803
	Sandy Compton	1:46.01	180407
200 M Back	Debbie Younger	2:36.32	110430
	Gail McGinnis	2:43.77	060218
	Siubhan Drinnan	2:56.13	180407
	Karen Fradette	3:03.47	9706
	Leigh Garvie	3:10.96	9706
25 M Breast	Debbie Younger	16.96	101120
	Siubhan Drinnan	17.76	181125
	Gail McGinnis	18.23	051119
50 M Breast	Debbie Younger	37.36	101120
	Gail McGinnis	38.16	060225
	Jacqui Hunt	39.16	0303
	Siubhan Drinnan	39.49	150207
	Elaine LeBuke	40.36	0504
	Karen Fradette	40.48	990514
	Tracy MacPherson	42.23	110430
	Shirley Adams	46.70	81114
	Sandy Compton	51.83	180324
100 M Breast	Gail McGinnis	1:22.65	060225
	Siubhan Drinnan	1:22.80	160521

	Debbie Younger	1:22.85	110205
	Jacqui Hunt	1:26.89	0308
	Karen Fradette	1:30.15	990514
	Shirley Adams	1:43.70	831119
200 M Breast	Debbie Younger	2:57.11	110430
	Gail McGinnis	3:02.13	060121
	Siubhan Drinnan	3:08.37	160430
	Karen Fradette	3:17.41	970627
	Shirley Adams	3:48.93	830305
25 M Fly	Siubhan Drinnan	14.24	180407
	Debbie Younger	14.36	101120
	Gail McGinnis	14.91	051119
	Sandy Compton	18.36	170325
	Maureen Harvey	22.00	791124
50 M Fly	Debbie Younger	31.02	101120
	Siubhan Drinnan	31.70	180519
	Gail McGinnis	31.83	0805
	Maureen Campbell	38.79	971129
	Mary Ann Cuviller	39.65	990417
	Sandy Compton	43.03	180407
	Karen Keller	47.99	961130
100 M Fly	Debbie Younger	1:08.44	110205
	Gail McGinnis	1:10.14	050521
	Siubhan Drinnan	1:11.33	160523
200 M Fly	Debbie Younger	2:30.74	110430
	Gail McGinnis	2:37.31	060225
	Siubhan Drinnan	2:48.26	170423
100 M IM	Debbie Younger	1:12.01	101120
	Gail McGinnis	1:12.65	050218
	Siubhan Drinnan	1:13.69	180520
	Jacqui Hunt	1:19.57	0308
	Mary Ann Cuviller	1:28.70	990417
	Sandy Compton	1:40.10	170409
	Shirley Adams	1:45.90	811114
	S Ayala	1:49.60	871205
200 M IM	Debbie Younger	2:35.07	110205
	Gail McGinnis	2:37.43	060408
	Siubhan Drinnan	2:42.99	150425
	Tracy MacPherson	2:52.65	110430
400 M IM	Debbie Younger	5:35.94	140209
	Gail McGinnis	5:36.18	060121
	Siubhan Drinnan	5:58.54	150221

45-49 women

25 M Free	Debbie Younger	13.69	181125
	Wendy Jebb	14.33	180407
	Janet Cathro	14.37	041120
	Pam Banser	14.90	101120
50 M Free	Gail McGinnis	28.35	130517

	Debbie Younger	29.00	170325
	Janet Cathro	29.25	060408
	Susan Chafe	31.01	091128
	Jacqui Hunt	32.09	0402
	Pam Banser	32.14	090418
	Wendy Jebb	32.71	180407
	Shelley Svidal	36.47	090418
	Loreen McKeller	36.80	790505
	Shirley Adams	44.10	870410
100 M Free	Gail McGinnis	1:02.23	120414
	Debbie Younger	1:03.42	170325
	Janet Cathro	1:05.69	060522
	Susan Chafe	1:08.86	091128
	Jacqui Hunt	1:14.23s	0401
	Leigh Garvie	1:14.47	990514
	Pam Banser	1:15.19	090418
	Loreen McKeller	1:23.55	790623
	Lisa Shell	1:24.47	111119
	Shirley Adams	1:39.60	870410
	Pamela Hall	1:39.93	180407
200 M Free	Debbie Younger	2:17.47	170325
	Gail McGinnis	2:17.55	140506
	Susan Chafe	2:30.90	060521
	Jacqui Hunt	2:38.16s	0401
	Leigh Garvie	2:43.68	990514
	Pam Banser	2:47.19	090418
	Dorothy Rutledge	3:06.92	990417
	Loreen McKeller	3:16.20	800614
	Pamela Hall	3:36.82	180407
400 M Free	Gail McGinnis	4:48.26	130518
	Debbie Younger	4:56.34	170325
	Susan Chafe	5:19.84	0905
	Jacqui Hunt	5:34.19	0401
	Leigh Garvie	5:51.85	990514
	Pam Banser	6:14.66	101120
	Dorothy Rutledge	6:41.60	990417
800 M Free	Debbie Younger	10:20.52	180325
	Leigh Garvie	12:05.02	990517
	Shirley Adams	16:52.39	8905
1500 M Free	Leigh Garvie	23:28.17	010408
	Shirley Adams	31:38.05	890519
25 M Back	Debbie Younger	16.00	180407
	Janet Cathro	16.89	051119
	Pam Banser	22.10	101120
50 M Back	Debbie Younger	33.39	180519
	Susan Chafe	35.41	090517
	Janet Cathro	35.51	050521
	Gail McGinnis	36.37	130517
	Karen Fradette	39.84	0305
	Leigh Garvie	40.91	9901

	Shelley Svidal	41.63	071117
	Lisa Shell	44.43	111119
	Loreen McKeller	44.80	800202
	Pam Banser	47.32	100206
100 M Back	Debbie Younger	1:12.29	170422
	Susan Chafe	1:17.43	090616
	Leigh Garvie	1:29.29	010518
	Karen Fradette	1:29.50	0505
	Shelley Svidal	1:35.14	090418
	Loreen McKeller	1:39.30	790623
200 M Back	Debbie Younger	2:35.44	170423
	Susan Chafe	2:52.32	060409
	Leigh Garvie	3:12.55	990417
	Karen Fradette	3:13.40	0305
	Shelley Svidal	3:29.34	090418
	Wendy Mathewson	4:18.85	090418
25 M Breast	Debbie Younger	17.56	150207
	Janet Cathro	18.27	051119
	Pam Banser	20.28	101120
50 M Breast	Gail McGinnis	37.48	130425
	Debbie Younger	37.90	180407
	Jacqui Hunt	38.82	040214
	Karen Fradette	41.23	0505
	Janet Cathro	42.05	080329
	Pam Banser	45.24	090418
	Shelley Svidal	46.41	090418
	Wendy Jebb	46.76	161120
	Loreen McKeller	46.90	811107
	Shirley Adams	47.77	8905
	Annalee Woollam	49.79	951202
	Margaret Marciak	52.88	010518
100 M Breast	Gail McGinnis	1:21.22	120414
	Debbie Younger	1:22.86	180325
	Jacqui Hunt	1:29.04	050419
	Shirley Adams	1:30.90	870410
	Karen Fradette	1:31.14	0505
	Pam Banser	1:39.11	090418
	Shelley Svidal	1:43.33	090207
	Loreen McKeller	1:48.10	790623
	Annalee Woollam	1:51.51	951202
	Margaret Marciak	1:56.34	010518
200 M Breast	Debbie Younger	2:57.24	170408
	Gail McGinnis	2:59.40	130406
	Karen Fradette	3:23.54	040425
	Shirley Adams	3:51.55	880514
25 M Fly	Debbie Younger	13.69	161120
	Janet Cathro	14.52	051119
	Wendy Jebb	15.69	180407
	Pam Banser	17.23	101120
	Lisa Shell	19.06	111119

	Loreen McKeller	22.30	801206
50 M Fly	Debbie Younger	30.22	170423
	Gail McGinnis	31.22	120414
	Janet Cathro	32.59	060529
	Susan Chafe	32.61	0905
100 M Fly	Debbie Younger	1:07.20	170422
	Gail McGinnis	1:10.16	130518
	Susan Chafe	1:14.37	060521
200 M Fly	Debbie Younger	2:29.32	170423
	Susan Chafe	2:59.72	090518
100 M IM	Debbie Younger	1:10.32	170422
	Gail McGinnis	1:12.34	120414
	Janet Cathro	1:17.48	050522
	Susan Chafe	1:17.51	091128
	Jacqui Hunt	1:22.57	0401
	Pam Banser	1:28.88	100206
	Karen Fradette	1:29.98	040424
	Wendy Jebb	1:31.23	161120
	Shelley Svidal	1:34.69	071117
	Loreen McKeller	1:37.01	790623
	Lisa Shell	1:35.86	111119
	Margaret Marciak	1:51.85	010518
	Pamela Hall	1:55.68	180407
200 M IM	Debbie Younger	2:34.39	180519
	Gail McGinnis	2:36.48	130406
	Susan Chafe	2:50.41	060519
	Loreen McKeller	3:35.40	800202
	Pamela Hall	4:11.37	180407
400 M IM	Debbie Younger	5:41.24	170409

50-54 women

25 M Free	Gail McGinnis	13.61	161120
	Susan Chafe	14.96	121117
	Pam Banser	14.97	111119
	Margot Begin	16.04	160130
	Leigh Garvie	16.42	040131
	Sandra Milner	22.93	171125
50 M Free	Gail McGinnis	28.88	150425
	Janet Cathro	29.18	090516
	Janis Shirriff	32.25	151121
	Pam Banser	32.58	140201
	Susan Chafe	32.65	110205
	Leigh Garvie	33.79	050522
	Karen Fradette	34.19	110205
	Christine Mummery	35.51	120414
	Loreen McKellar	37.00	860222
	Margot Begin	37.40s	160521
	Shelly Svidal	38.83	101120
	Sandra Milner	40.60	180324

	Annalee Woollam	40.78	971129
	Margarat Marciak	44.29	040424
100 M Free	Gail McGinnis	1:03.99	150425
	Janet Cathro	1:05.62	090418
	Janis Shirriff	1:08.21	150424
	Susan Chafe	1:11.22	1005
	Pam Banser	1:12.81	1203
	Christine Mummery	1:12.81	120414
	Margot Begin	1:13.01	170325
	Leigh Garvie	1:14.54	050521
	Loreen McKellar	1:25.30	860222
	Shelly Svidal	1:31.07	101120
	Sandra Milner	1:32.93	180324
200 M Free	Gail McGinnis	2:18.98	170512
	Susan Chafe	2:31.20	110205
	Janet Cathro	2:33.33	090307
	Margot Begin	2:37.21	160521
	Janis Shirriff	2:38.06s	150424
	Leigh Garvie	2:44.66	050522
	Christine Mummery	2:46.98	120414
	Pam Banser	2:47.17	130202
	Susan Reid	3:14.04	060408
	Sandra Milner	3:17.75	180325
	Loreen McKellar	3:20.01	840513
400 M Free	Janis Shirriff	5:16.11	150424
	Margot Begin	5:32.41	160522
	Susan Chafe	5:33.48	121117
	Christine Mummery	5:48.07	1204
	Leigh Garvie	5:54.87	050521
	Pam Banser	5:57.06	120414
	Susan Reid	6:46.23	051119
	Loreen McKellar	7:14.56	860222
	Lourdes Dejesus	9:23.37	971129
800 M Free	Janis Shirriff	11:02.18	150424
	Margot Begin	11:18.70	160520
	Susan Chafe	11:22.92	110430
	Leigh Garvie	12:30.21	050523
	Pam Banser	12:38.15	120414
	Susan Reid	13:53.63	060408
1500 M Free	Susan Chafe	21:35.57	110523
	Leigh Garvie	24:06.52	040424
25 M Back	Gail McGinnis	17.10	161120
	Susan Chafe	18.35	101106
	Pam Banser	21.65	120317
	Sandra Milner	23.25	171125
	Augustine Joyce	27.70	041120
50 M Back	Janet Cathro	35.83	090515
	Susan Chafe	36.66	1205
	Karen Fradette	38.88	080518
	Christine Mummery	40.50	120414

	Pam Banser	44.82	110205
	Loreen McKellar	45.50	851117
	Shelly Svidal	46.01	101120
	Leigh Garvie	46.29r	0411
	Sandra Milner	50.27	180325
	Thelma Sittler	58.60	800202
100 M Back	Susan Chafe	1:18.66	110430
	Janet Cathro	1:21.17	090516
	Janis Shirriff	1:21.47	151121
	Christine Mummery	1:25.95	110205
	Karen Fradette	1:26.88	080519
	Leigh Garvie	1:34.66	040214
	Pam Banser	1:37.61	120317
	Loreen McKellar	1:39.45	890408
200 M Back	Susan Chafe	2:46.84	110521
	Christine Mummery	3:05.35	110205
	Karen Fradette	3:12.12	090515
	Leigh Garvie	3:24.32	050520
	Pam Banser	3:34.68	150207
	Loreen McKellar	4:04.60	890409
	Augustine Joyce	4:58.54	0505
25 M Breast	Gail McGinnis	17.43	161120
	Karen Fradette	20.29	110205
	Pam Banser	20.50	111119
	Susan Chafe	20.92	101106
50 M Breast	Gail McGinnis	37.91	170422
	Karen Fradette	40.72	080519
	Janis Shirriff	43.61	151121
	Pam Banser	45.42	110205
	Shelly Svidal	46.92	101120
	Susan Chafe	47.33	110205
	Susan Reid	47.42	060408
	Annalee Woollam	48.68	9804
	Margarat Marciak	55.42	040424
	Lourdes Dejesus	1:03.84	971129
100 M Breast	Gail McGinnis	1:23.55	170325
	Janis Shirriff	1:30.12	151121
	Karen Fradette	1:31.70	070520
	Pam Banser	1:37.13	120317
	Susan Reid	1:42.60	060522
	Susan Chafe	1:42.76	110205
	Loreen McKellar	1:51.00	851123
	Sandra Milner	1:53.83	180127
	Annalee Woollam	1:55.52	9902
	Margarat Marciak	2:02.43	040424
200 M Breast	Karen Fradette	3:24.92	070519
	Pam Banser	3:38.34	1204
	Susan Reid	3:40.08	060520
	Annalee Woollam	4:02.90	9804
25 M Fly	Gail McGinnis	14.22	170325

	Susan Chafe	15.71	110205
	Margot Begin	16.23	170325
	Pam Banser	16.93	111119
	Karen Fradette	19.42	110205
	Susan Reid	19.71	051119
	Loreen McKellar	22.30	841201
50 M Fly	Gail McGinnis	31.60	150425
	Susan Chafe	33.12	110521
	Janet Cathro	33.32	090515
	Margot Begin	35.79	160520
	Pam Banser	39.95	111119
	Christine Mummery	40.50	120414
	Karen Fradette	42.07	100417
	Susan Reid	44.35	060520
	Margarat Marciak	55.44	040424
100 M Fly	Gail McGinnis	1:10.87	170512
	Susan Chafe	1:15.54	110520
	Margot Begin	1:23.28	160523
	Pam Banser	1:30.39	1204
	Susan Reid	1:44.92	060521
	Loreen McKellar	2:09.24	840512
200 M Fly	Susan Chafe	3:03.78	110522
	Susan Reid	4:02.09	060522
100 M IM	Gail McGinnis	1:12.40	170422
	Janet Cathro	1:17.03	090515
	Janis Shirriff	1:18.94	150424
	Susan Chafe	1:19.65	1105
	Margot Begin	1:23.86	160521
	Pam Banser	1:27.78	110205
	Karen Fradette	1:32.48	100417
	Loreen McKellar	1:39.10	851117
	Sandra Milner	1:42.37	180324
	Annalee Woollam	1:48.16	9804
	Margarat Marciak	1:53.28	040424
200 M IM	Gail McGinnis	2:41.82	170408
	Janis Shirriff	2:47.00	150424
	Susan Chafe	2:57.58	110430
	Margot Begin	3:03.60	160522
	Pam Banser	3:13.17	120317
	Karen Fradette	3:33.77	1005
	Loreen McKellar	3:49.94	840512
	Sandra Milner	3:54.59	180127
400 M IM	Susan Chafe	6:16.66	130406
55-59 women			
25 M Free	Pam Banser	14.53	170325
	Susan Chafe	15.53	171125
	Hella Versfeld	15.63	051119
	Leigh Garvie	16.19	120317

	Karen Fradette	17.79	140201
	Lynnda Sharp	23.22	051119
50 M Free	Pam Banser	31.51	180324
	Janis Shirriff	33.15	160123
	Hella Versfeld	33.86	050409
	Leigh Garvie	34.17	1205
	Christine Mummery	35.00	140201
	Karen Fradette	36.01	120414
	Loreen McKellar	36.67	890521
	Susan Chafe	37.28r	180325
	Margie Ritchie	41.05s	150814
	Laureen Hollihan	41.32	151121
	Roxanne Schmidt	41.39	110430
	Thelma Sittler	42.34	8705
	Ruby Kennedy	49.33	110326
	Laureen Hollihan	45.20s	151121
	Lynnda Sharp	54.59	051119
100 M Free	Janis Shirriff	1:08.65	160423
	Pam Banser	1:11.98	160402
	Hella Versfeld	1:12.07	050521
	Leigh Garvie	1:15.35	1205
	Susan Chafe	1:17.56r	180325
	Loreen McKellar	1:24.71	890408
	Roxanne Schmidt	1:33.92	110430
	Thelma Sittler	1:38.90	870410
	Laureen Hollihan	1:39.16	151121
	Ruby Kennedy	1:51.16	1105
200 M Free	Janis Shirriff	2:29.05	160521
	Hella Versfeld	2:36.53	050522
	Pam Banser	2:40.21	160403
	Leigh Garvie	2:46.13	110326
	Christine Mummery	2:47.60	160403
	Thelma Sittler	3:37.39	8705
	Ruby Kennedy	4:09.94	1105
400 M Free	Janis Shirriff	5:15.77	160522
	Hella Versfeld	5:30.11	050521
	Christine Mummery	5:49.32	160402
	Pam Banser	5:54.03	180324
	Leigh Garvie	5:55.61	1205
	Thelma Sittler	7:34.94	870214
	Ruby Kennedy	8:48.93	1105
800 M Free	Janis Brown	11:00.26	180429
	Hella Versfeld	11:14.06	050523
	Margie Ritchie	11:52.92	150711
	Leigh Garvie	12:22.41	110326
	Thelma Sittler	15:29.20	870410
1500 M Free	Hella Versfeld	21:32.76	050520
	Margie Ritchie	22:14.22	150814
	Leigh Garvie	24:23.31	130406
	Thelma Sittler	29:29.10	870510

2.5 km Open	Christine Mummery	43:29	170430
25 M Back	Susan Chafe	18.46	171125
	Hella Versfeld	18.82	051119
	Karen Fradette	19.52	150207
	Leigh Garvie	21.09	120317
	Pam Banser	22.80	180407
50 M Back	Janis Shirriff	37.74	160403
	Susan Chafe	39.16	170409
	Hella Versfeld	40.43r	0505
	Christine Mummery	40.64r	170409
	Karen Fradette	40.90	120415
	Loreen McKellar	44.57	8905
	Leigh Garvie	45.85r	1105
	Pam Banser	48.33	181125
	Laureen Hollihan	50.45	151121
	Roxanne Schmidt	51.92	110430
	Thelma Sittler	54.30	841201
100 M Back	Janis Shirriff	1:17.83	160402
	Susan Chafe	1:22.23	170408
	Hella Versfeld	1:22.36	050521
	Christine Mummery	1:25.32	160402
	Pam Banser	1:39.33	181125
	Loreen McKellar	1:39.45	890408
	Leigh Garvie	1:41.71	1205
	Roxanne Schmidt	1:47.52	110430
200 M Back	Janis Shirriff	2:45.15	160520
	Susan Chafe	2:59.46	170409
	Christine Mummery	3:01.03	160403
25 M Breast	Pam Banser	19.63	180407
	Karen Fradette	20.57	150207
	Hella Versfeld	22.01	051119
	Leigh Garvie	22.71	101120
50 M Breast	Karen Fradette	42.89	120415
	Janis Shirriff	44.49	160123
	Pam Banser	46.50	180407
	Margie Ritchie	51.28	150711
	Lynda Sharp	1:02.64	051119
100 M Breast	Janis Shirriff	1:32.90	160123
	Pam Banser	1:40.50	160403
	Lourdes De Jesus	2:20.31	98.0516
200 M Breast	Pam Banser	3:35.58	171125
	Janet Sharplin	4:28.19	950211
25 M Fly	Susan Chafe	16.06	171125
	Pam Banser	16.37	170325
	Hella Versfeld	17.59	051119
	Leigh Garvie	19.86	130202
	Karen Fradette	20.71	140201
	Thelma Sittler	24.53	870214
50 M Fly	Susan Chafe	35.69	180325
	Janis Shirriff	35.81s	180427

	Pam Banser	38.15	161120
	Hella Versfeld	41.16	050409
	Christine Mummery	41.50	140201
	Karen Fradette	45.12	120414
	Margie Ritchie	47.09	150711
	Laureen Hollihan	47.58	151121
	Roxanne Schmidt	48.78	110430
	Janet Sharplin	58.21	950311
100 M Fly	Susan Chafe	1:23.23	170408
	Janis Shirriff	1:24.24	171014
	Pam Banser	1:33.38	160130
200 M Fly	Susan Chafe	3:31.70	180325
100 M IM	Janis Shirriff	1:15.99	160521
	Hella Versfeld	1:22.27	050521
	Pam Banser	1:28.84	160402
	Karen Fradette	1:31.78	1204
	Loreen McKellar	1:38.86	890519
	Margie Ritchie	1:40.17	150711
	Laureen Hollihan	1:44.91	151121
200 M IM	Janis Shirriff	2:44.01	160522
	Hella Versfeld	3:05.73	050409
400 M IM	Janis Shirriff	5:54.15	160523
	Pam Banser	7:04.67	180325

60-64 women

25 M Free	Leigh Garvie	16.50	140201
	Erika Korbely	18.69	041120
	Margot Trembath	18.76	181125
	Ruby Kennedy	22.68	120317
50 M Free	Leigh Garvie	34.79	140519
	Loreen McKellar	39.01	970524
	Christine Mummery	39.42s	181125
	Thelma Sittler	41.25	880409
	Erika Korbely	41.36	0403
	Margot Trembath	44.18	170121
	Ruby Kennedy	48.23	120317
	Shirley Adams	55.01	051119
	Joanne Dunn	59.52	040608
100 M Free	Leigh Garvie	1:16.48	140517
	Christine Mummery	1:22.98	181125
	Loreen McKellar	1:31.72	970524
	Thelma Sittler	1:35.51	880514
	Margot Trembath	1:36.05	170325
	Ruby Kennedy	1:47.55	120317
	Cathy McIntosh-Leitch	2:10.85s	9803
	Joanne Dunn	2:21.94	060408
200 M Free	Leigh Garvie	2:54.26	140518
	Christine Mummery	2:54.95s	181125
	Loreen McKellar	3:29.30	970524

	Margot Trembath	3:33.50	161120
	Thelma Sittler	3:36.23	880409
	Ruby Kennedy	4:03.98	120317
	Cathy McIntosh-Leitch	4:21.75s	9803
400 M Free	Christine Mummery	5:58.18	181125
	Leigh Garvie	6:08.92s	160520
	Margot Trembath	7:30.20	170219
	Thelma Sittler	7:32.00	880513
	Ruby Kennedy	8:37.94	120414
	Cathy McIntosh-Leitch	8:43.55s	9803
800 M Free	Christine Mummery	12:13.70	181125
	Leigh Garvie	12:36.32	160520
	Margot Trembath	15:04.17	170409
	Thelma Sittler	15:50.20s	880516
	Cathy McIntosh-Leitch	17:27.15s	9803
	Ruby Kennedy	18:54.59	120415
1500 M Free	Leigh Garvie	24:16.63	140516
	Margot Trembath	28:39.77	170408
	Thelma Sittler	29:41.43	880516
	Cathy McIntosh-Leitch	32:43.41	9803
25 M Back	Leigh Garvie	22.10	140201
	Erika Korbely	26.11	050129
	Margot Trembath	27.50	171125
50 M Back	Christine Mummery	40.15	181013
	Leigh Garvie	48.19r	160522
	Loreen McKellar	54.55	9711
	Erika Korbely	57.26	050521
	Thelma Sittler	58.11	880409
	Margot Trembath	57.32	170121
	Cathy McIntosh-Leitch	1:06.25s	9803
	Joanne Dunn	1:19.85	060408
100 M Back	Christine Mummery	1:26.75	181013
	Leigh Garvie	1:46.74	160130
	Loreen McKellar	1:49.14	971127
	Erika Korbely	2:04.61	0505
	Margot Trembath	2:05.12	161120
	Cathy McIntosh-Leitch	2:12.53	9803
200 M Back	Christine Mummery	3:03.59	181013
	Leigh Garvie	3:54.33	160130
	Margot Trembath	4:33.68	171014
25 M Breast	Leigh Garvie	22.31	140201
	Erika Korbely	25.33	031117
	Shirley Adams	25.83	051119
	Margot Trembath	28.64	171014
50 M Breast	Leigh Garvie	48.87	140201
	Erika Korbely	54.60	051119
	Shirley Adams	55.94	0505
	Margot Trembath	56.60	181125
	Loreen McKellar	57.45s	9705
100 M Breast	Leigh Garvie	1:50.82	160403

	Loreen McKellar	1:54.90	9705
	Erika Korbely	1:59.03	0303
	Shirley Adams	2:05.74	0502
	Margot Trembath	2:12.05	170325
200 M Breast	Loreen McKellar	3:49.83	970524
	Leigh Garvie	4:07.57	161120
	Erika Korbely	4:11.81	0303
	Shirley Adams	4:30.32	0505
	Margot Trembath	4:48.60	170408
25 M Fly	Leigh Garvie	19.81	149291
	Erika Korbely	21.38	031117
	Margot Trembath	25.38	180407
	Shirley Adams	31.83	051119
50 M Fly	Christine Mummery	42.22	181125
	Erika Korbely	46.43	021117
	Leigh Garvie	47.12	140201
	Thelma Sittler	59.09	880515
	Margot Trembath	1:01.30	170121
100 M Fly			
200 M Fly			
100 M IM	Leigh Garvie	1:37.40	140201
	Erika Korbely	1:50.42	040327
	Margot Trembath	1:57.26	181125
	Thelma Sittler	2:03.12	880408
	Shirley Adams	2:17.15	051119
200 M IM	Leigh Garvie	3:43.83	161120
	Erika Korbely	4:13.04	050522
	Margot Trembath	4:28.65	180407
400 M IM			
65-69 women			
25 Free	Erika Korbely	18.16	61118
50 M Free	Erika Korbely	40.12	070519
	Loreen McKellar	40.65	980516
	Jo-Anne Lubin	49.36	0605
	Pat Long	51.11	0905
	Shirley Adams	53.26	060408
100 M Free	Loreen McKellar	1:31.22	980329
	Erika Korbely	1:39.32	080329
	Shirley Adams	2:00.74	0605
	Jo-Anne Lubin	2:02.68	0605
	Pat Long	2:16.37	1005
200 M Free	Loreen McKellar	3:25.41	980425
	Erika Korbely	4:27.43br	0804
	Shirley Adams	4:29.20	0805
	Jo-Anne Lubin	4:39.28	0605
400 M Free			
800 M Free			
1500 M Free			

25 M Back	Erika Korbely	25.23	61118
50 M Back	Loreen McKellar	50.54	980518
	Erika Korbely	53.04	0705
	Pat Long	1:02.18	0605
100 M Back	Loreen McKellar	1:49.13	980328
	Erika Korbely	2:06.61	080329
200 M Back	Erika Korbely	4:33.9	9804
25 Breast	Erika Korbely	25.88	61118
50 M Breast	Erika Korbely	53.72	070521
	Shirley Adams	54.04	0705
	Loreen McKellar	59.22s	9803
	Jo-Anne Lubin	1:01.05	0605
	Pat Long	1:01.37	0605
100 M Breast	Loreen McKellar	1:58.44	980329
	Shirley Adams	2:02.77	0705
	Erika Korbely	2:02.99	0605
	Jo-Anne Lubin	2:16.18	0605
	Pat Long	2:26.25	1005
200 M Breast	Shirley Adams	4:26.19	0805
	Erika Korbely	4:27.43	0804
25 Fly	Erika Korbely	21.63	061118
50 M Fly	Erika Korbely	46.27	0909
100 M Fly			
200 M Fly			
100 M IM	Erika Korbely	1:47.77	070521
	Loreen McKellar	1:50.33	980328
	Jo-Anne Lubin	2:08.51	0605
	Shirley Adams	2:22.63	0605
200 M IM	Erika Korbely	4:10.36	0909
400 M IM			

70-74 women

25 Free	Olive Thorne	26.57	051119
50 Free	Loreen McKellar	41.54	070519
	Karen Blanchet	54.20	1205
	Jean Ross	54.99	8904
	Pat Long	55.07	1105
	Shirley Adams	59.47	1105
	Gonda Bres	1:05.77	0501
100 Free	Loreen McKellar	1:34.83	060522
	Karen Blanchet	2:09.15	1205
	Shirley Adams	2:12.30r	1105
	Olive Thorne	2:22.29s	0511
	Gonda Bres	2:49.60s	0504
200 Free	Loreen McKellar	3:34.07	060521
	Karen Blanchet	4:34.43	1205
	Shirley Adams	4:47.02br	1105
	Olive Thorne	4:52.38	051203
	Gonda Bres	5:39.20s	0504

400 Free	Olive Thorne	10:06.29	051119
	Shirley Adams	10:39.19	110430
	Gonda Bres	11:18.40s	0504
800 M Free	Gonda Bres	22:36.80s	0504
1500 Free	Gonda Bres	42:24.04	050409
25 M Back	Loreen McKellar	23.69	071117
	Olive Thorne	33.90	051119
50 M Back	Loreen McKellar	50.06s	0712
	Jean Ross	1:01.64	890408
	Karen Blanchet	1:04.18	1205
	Pat Long	1:11.65	1105
	Olive Thorne	1:16.75	051203
100 M Back	Loreen McKellar	1:59.31	071215
	Mayke Byl	2:07.04	980517
	Karen Blanchet	2:22.33	1205
200 M Back	Karen Blanchet	4:57.81	120415
25 Breast	Gonda Bres	28.77	050129
	Olive Thorne	34.05	051119
50 Breast	Loreen McKellar	55.77	070521
	Shirley Adams	59.57	1105
	Jean Ross	1:01.64	8904
	Pat Long	1:07.39	1105
	Gonda Bres	1:09.58	0504
	Olive Thorne	1:22.15s	0512
100 Breast	Shirley Adams	2:12.30	110521
	Pat Long	2:24.76	1105
	Gonda Bres	2:41.90s	0504
	Olive Thorne	2:44.35	051203
200 Breast	Shirley Adams	4:47.02	110523
	Gonda Bres	5:23.80	050409
25 Fly	Olive Thorne	35.21	050129
50 M Fly			
100 M Fly			
200 M Fly			
100 IM	Loreen McKellar	1:59.47	050219
	Shirley Adams	2:29.61	1105
	Olive Thorne	2:43.87	051203
200 M IM			
400 M IM			

75-79 women

25 M Free	Catherine Crawford	32.04	051119
50 M Free	Loreen McKellar	43.89	080330
	Olive Thorne	1:03.97	0905
	Shirley Adams	1:07.68	160402
	Catherine Crawford	1:10.18	051203
100 M Free	Loreen McKellar	1:41.38	080329
	Olive Thorne	2:12.13	060522
	Catherine Crawford	2:38.16	051119

200 M Free	Olive Thorne	4:49.56	060521
400 M Free	Olive Thorne	10:18.53	060408
800 M Free	Olive Thorne	21:51.25	080330
1500 Free			
25 M Back	Catherine Crawford	32.47	051119
	Olive Thorne	33.27	081115
50 M Back	Loreen McKellar	51.14r	0803
	Olive Thorne	1:11.81	0905
	Catherine Crawford	1:12.77	051119
100 M Back	Loreen McKellar	1:54.14	1005
	Olive Thorne	2:37.19	0803
200 M Back	Olive Thorne	5:28.54	060521
25 M Breast	Olive Thorne	38.07	081115
50 M Breast	Loreen McKellar	59.20	080329
	Olive Thorne	1:16.68s	0605
	Shirley Adams	1:29.55	160402
100 M Breast	Loreen McKellar	2:12.04	080330
	Shirley Adams	2:41.28	160402
	Olive Thorne	2:45.10	060522
200 M Breast	Shirley Adams	5:38.55	180402
	Olive Thorne	6:11.09	0905
25 M Fly	Olive Thorne	35.60	060218
50 M Fly	Olive Thorne	1:21.91	060520
100 M Fly			
200 M Fly			
100 M IM	Olive Thorne	2:34.81	060520
200 M IM			