

**18-24 women**

50 M Free	Karin Van Campenhout	29.96	020519
100 M Free	Randi Stangroom	1:06.86	810313
200 M Free	Randi Stangroom	2:27.65	810313
400 M Free	Adriene Pye	5:23.58	020520
800 M Free	Adriene Pye	11:10.53	020519
1500 M Free	Lena Aitken	24:45.78	970419
50 M Back	Adriene Pye	36.26	0205
100 M Back	Adriene Pye	1:18.65	020223
200 M Back	Adriene Pye	2:50.31	020520
50 M Breast	Karin Van Campenhout	38.06	020520
100 M Breast	Karin Van Campenhout	1:26.47	020518
200 M Breast	Natalie Tardif	3:06.88	020519
50 M Fly	Victoria Etheridge	32.83	170617
100 M Fly	Adriene Pye	1:16.30	020518
200 M Fly	Alison Bentham	2:58.37	040522
200 M IM	Susan Edey	2:47.68	040522
400 M IM	Susan Edey	5:58.81	040523

**25-29 women**

50 M Free	Debbie Younger	28.50	970419
50 M Free	Gail Lorentz	28.50	970419
100 M Free	Cheryl Gibson	1:03:59	8508
200 M Free	Debbie Younger	2:15.00	970524
400 M Free	Cheryl Gibson	4:43.59	8607
800 M Free	Alexandra Dimitrescu	10:37.25	140803
1500 M Free	Karen Nelson	20:58.71	8003
50 M Back	Cheryl Gibson	31.21	8607
100 M Back	Cheryl Gibson	1:07.46	8608
200 M Back	Cheryl Gibson	2:26.27	8607
50 M Breast	Cheryl Gibson	37.95	8508
100 M Breast	Tonya Chrystian	1:23.47	140804
200 M Breast	Tonya Chrystian	3:00.16	140808
50 M Fly	Jocelyn New	30.65	8405
100 M Fly	Debbie Younger	1:07.24	970419
200 M Fly	Tonya Chrystian	2:58.74	140809
200 M IM	Cheryl Gibson	2:30.57	8607
400 M IM	Cheryl Gibson	5:21.02	8508

**30-34 women**

50 M Free	Debbie Younger	27.98	0204
100 M Free	Debbie Younger	1:03.42	020520
200 M Free	Debbie Younger	2:17.06	040523
400 M Free	Debbie Younger	4:51.57	020520
800 M Free	Debbie Younger	10:07.17	040228
1500 M Free	Debbie Younger	19:26.80	040524
50 M Back	Debbie Younger	34.09	040524
100 M Back	Debbie Younger	1:14.31	040228
200 M Back	Debbie Younger	2:42.00	040228
50 M Breast	Debbie Younger	39.25	040228
100 M Breast	Cathy McCune	1:30.13	840513
200 M Breast	Tonya Chrystian	3:04.50	150308
50 M Fly	Debbie Younger	29.65	040523
100 M Fly	Debbie Younger	1:06.00	040221
200 M Fly	Debbie Younger	2:30.58	040522
200 M IM	Debbie Younger	2:32.30	040522
400 M IM	Debbie Younger	5:27.23	020518

**35-39 women**

50 M Free	Michelle MacWhirter	28.57	130428
100 M Free	Michelle MacWhirter	1:01.34	100522
200 M Free	Michelle MacWhirter	2:18.03	100522
400 M Free	Michelle MacWhirter	4:51.15	130428
800 M Free	Debbie Younger	9:56.93	050726
1500 M Free	Debbie Younger	19:03.06	050618
50 M Back	Michelle MacWhirter	32.86	100522
100 M Back	Debbie Younger	1:11.28	050618
200 M Back	Debbie Younger	2:35.68	050312
50 M Breast	Debbie Younger	38.11	050326
100 M Breast	Debbie Younger	1:23.87	080224
200 M Breast	Debbie Younger	3:00.75	050326
50 M Fly	Debbie Younger	29.38	050722
100 M Fly	Debbie Younger	1:04.91	050723
200 M Fly	Debbie Younger	2:27.55	050727
200 M IM	Debbie Younger	2:30.00	050722
400 M IM	Debbie Younger	5:28.27	050312

**40-44 women**

50 M Free	Gail McGinnis	29.83	050725
100 M Free	Gail McGinnis	1:05.26	050723
200 M Free	Gail McGinnis	2:22.82	050725
400 M Free	Gail McGinnis	5:03.05	050724
800 M Free	Leigh Garvie	12:44.50	970524
1500 M Free	Dorothy Rutledge	26:17.91	980516
50 M Back	Shannon Brophy	39.28	050725
100 M Back	Karen Fradette	1:26.98	980517
200 M Back	Karen Fradette	3:11.99	980516
50 M Breast	Karen Fradette	41.13	980517
100 M Breast	Debbie Younger	1:30.47	140621
200 M Breast	Gail McGinnis	3:15.23	080224
50 M Fly	Siubhan Drinnan	32.23	170816
100 M Fly	Siubhan Drinnan	1:14.33	170817
200 M Fly	Debbie Younger	2:44.08	140621
200 M IM	Gail McGinnis	2:42.97	050722
400 M IM	Janice Traynor	8:19.97	050727

**45-49 women**

50 M Free	Janet Cathro	29.93	050625
100 M Free	Janet Cathro	1:06.94	050723
200 M Free	Gail McGinnis	2:22.35	130428
400 M Free	Debbie Younger	5:26.35s	170617
800 M Free	Debbie Younger	10:52.70	170617
1500 M Free	Jacqui Hunt	22:36.77	040524
50 M Back	Debbie Younger	35.47	150308
100 M Back	Debbie Younger	1:17.40	150308
200 M Back	Debbie Younger	2:51.31	170617
50 M Breast	Gail McGinnis	39.22	130428
100 M Breast	Jacqui Hunt	1:29.73	040522
200 M Breast	Gail McGinnis	3:06.68	130428
50 M Fly	Debbie Younger	31.31	150308
100 M Fly	Debbie Younger	1:10.73	150308
200 M Fly	Debbie Younger	2:43.95	170617
200 M IM	Gail McGinnis	2:44.48	130428
400 M IM	Debbie Younger	5:48.71	170617

**50-54 women**

50 M Free	Gail McGinnis	30.68	170128
100 M Free	Gail McGinnis	1:07.46	170128
200 M Free	Janis Shirriff	2:35.29	150131
400 M Free	Susan Chafe	5:55.92	140621
800 M Free	Susan Chafe	11:59.90	140621
1500 M Free	Leigh Garvie	23:51.74	040524
50 M Back	Janis Shirriff	38.11	140809
100 M Back	Janis Shirriff	1:15.93	140808
200 M Back	Janis Shirriff	2:42.59	140805
50 M Breast	Gail McGinnis	39.68	170128
100 M Breast	Karen Fradette	1:37.17	100520
200 M Breast	Karen Fradette	3:29.68	100520
50 M Fly	Gail McGinnis	33.22	170128
100 M Fly	Susan Chafe	1:18.60	100522
200 M Fly	Susan Chafe	3:19.33	100522
200 M IM	Janis Shirriff	2:43.98	140806
400 M IM	Janis Shirriff	5:59.02	140803

**55-59 women**

50 M Free	Pam Banser	31.27	170427
100 M Free	Pam Banser	1:10.90	170426
200 M Free	Hella Versfeld	2:37.51	050725
400 M Free	Hella Versfeld	5:33.10	050724
800 M Free	Hella Versfeld	11:25.67	050726
1500 M Free	Lourdes De Jesus	35:36.80	980516
50 M Back	Susan Chafe	38.64	170424
100 M Back	Hella Versfeld	1:23.29	050727
200 M Back	Christine Mummery	3:04.63	140805
50 M Breast	Karen Fradette	45.28	150308
100 M Breast	Karen Fradette	1:40.97	150308
200 M Breast	Pam Banser	3:45.43	170617
50 M Fly	Susan Chafe	35.42	170423
100 M Fly	Susan Chafe	1:21.09	170426
200 M Fly	Susan Chafe	3:25.54	170425
200 M IM	Hella Versfeld	3:00.80	050722
400 M IM			

**60-64 women**

50 M Free	Leigh Garvie	35.97	140806
100 M Free	Leigh Garvie	1:19.22	140621
200 M Free	Leigh Garvie	2:57.89	140805
400 M Free	Leigh Garvie	6:11.89	140809
800 M Free	Leigh Garvie	13:05.85	140803
1500 M Free	Leigh Garvie	26:58.58	150308
50 M Back	Karen Fradette	45.71	170617
100 M Back	Karen Fradette	1:38.85	170617
200 M Back	Erika Korbely	4:41.47	050625
50 M Breast	Karen Fradette	47.16	170617
100 M Breast	Karen Fradette	1:45.00	170617
200 M Breast	Loreen McKellar	3:49.83	970524
50 M Fly	Erika Korbely	48.89	040523
100 M Fly			
200 M Fly			
200 M IM	Erika Korbely	4:05.23	050722
400 M IM			

**65-69 women**

50 M Free	Erika Korbely	40.10	0910
100 M Free	Loreen McKellar	1:32.09	980517
200 M Free	Pauline Hobbs	4:34.48	040523
400 M Free	Shirley Adams	9:50.29	0910
800 M Free			
1500 M Free			
50 M Back	Loreen McKellar	50.54	980518
100 M Back	Loreen McKellar	1:51.97	980517
200 M Back			
50 M Breast	Shirley Adams	54.91	091212
100 M Breast	Loreen McKellar	2:02.71	9805
200 M Breast	Loreen McKellar	4:02.21	980518
50 M Fly	Erika Korbely	49.26	090329
100 M Fly			
200 M Fly			
200 M IM	Erika Korbely	4:20.55	0910
400 M IM			

**70-74 women**

50 M Free	Loreen McKellar	42.79	050727
100 M Free	Loreen McKellar	1:37.23	0503
200 M Free	Loreen McKellar	3:47.8	050625
400 M Free	Olive Thorne	10:09.24	0507
800 M Free			
1500 M Free			
50 M Back	Loreen McKellar	50.88	050725
100 M Back	Mayke Byl	2:07.04	980517
200 M Back	Olive Thorne	5:28.39	040521
50 M Breast	Loreen McKellar	58.43	050724
100 M Breast	Shirley Adams	2:33.58	130428
200 M Breast	Shirley Adams	5:10.88	130428
50 M Fly	Pauline Hobbs	58.69	050722
100 M Fly			
200 M Fly			
200 M IM	Pauline Hobbs	4:48.55	0507
400 M IM			

**75-79 women**

50 M Free	Loreen McKellar	42.81	0910
100 M Free	Loreen McKellar	1:39.07	0910
200 M Free	Karen Blanchet	4:44.22	130807
400 M Free	Karen Blanchet	10:08.82	130806
800 M Free	Karen Blanchet	21:13.67	130804
1500 M Free			
50 M Back	Loreen McKellar	51.21r	0910
100 M Back	Loreen McKellar	1:52.85	0910
200 M Back	Karen Blanchet	5:06.79	130808
50 M Breast	Loreen McKellar	1:00.54	1005
100 M Breast	Olive Thorne	2:52.43	080224
200 M Breast			
50 M Fly			
100 M Fly			
200 M Fly			
200 M IM			
400 M IM			

**80-84 women**

50 M Free	Loreen McKellar	53.47	130810
100 M Free	Loreen McKellar	2:01.26	130809
200 M Free			
400 M Free			
800 M Free			
1500 M Free			
50 M Back	Loreen McKellar	57.38	130807
100 M Back	Loreen McKellar	2:10.94	130806
200 M Back			
50 M Breast	Loreen McKellar	1:11.02	130809
100 M Breast			
200 M Breast			
50 M Fly			
100 M Fly			
200 M Fly			
200 M IM			
400 M IM			